

The HOPE Coalition

Humboldt Organized for Peace & the Environment

"Working in partnership toward the development of a diverse, just, & sustainable community."

Calendar of Happenings in Humboldt County Inside

[Newsletter Editorial Page – December 8, 2009](#)

No Slowdown of Global Warming, Agency Says

by Andrew Revkin & James Kanter (for the *NY Times*)

[Ed. Note: You no doubt have heard about the meteorological organization that inadvertently threw away years of raw data that was used to determine that global temperatures have been on the increase since the industrial revolution. This was discovered when hackers stole and made public emails from climate scientists. Of course, the global warming naysayers immediately grabbed onto it. What we have not heard enough of since this happened, is what other scientists are also saying.]

The decade of 2000 to 2009 appears to be the warmest one in the modern record, the World Meteorological Organization reported in a new analysis on Tuesday. The announcement is likely to be viewed as a rejoinder to a renewed challenge from skeptics to the scientific evidence for global warming, as international negotiators here [Copenhagen] seek to devise a global response to climate change.

The period from 2000 through 2009 has been "warmer than the 1990s, which were warmer than the 1980s, and so on," Michel Jarraud, the secretary general of the international weather agency, said at a news conference here.

The unauthorized release last month of e-mail messages between climate scientists in Britain and the United States has provided new ammunition to global warming skeptics. Some of the messages seemed to suggest that some data be withheld from the public. Mr. Jarraud said the release of the climate analysis was moved up from year's end to coincide with the international conference on climate change.

The data also indicates that 2009 was also the fifth warmest year on record, he said, although he noted that the figures for the year were incomplete.

The international assessment on temperatures from 2000 to 2009 largely meshes with an interim analysis by the National Oceanic and Atmospheric Administration in the United States, which independently estimates global and regional temperature and other weather trends.

Yet it was the gulf between rich and poor nations, not the science of global warming, that dominated talks here on Tuesday as delegates fretted about different pieces of draft language for a new climate treaty circulating in the halls. A 13-page document that was said to have been drafted by Denmark, the conference's host country, included language calling for mechanisms opposed by poor countries for delivering aid to them to help deal with the impact of climate change. The proposal includes more oversight by donor nations than the developing nations want.

Danish officials said in a statement that the document was in no way a draft for a new agreement and that many such papers were circulating as parties informally traded ideas.

Another document was said to be framed by Brazil, South Africa, India and China. It made no mention of specific commitments on their part and rejected outside auditing of projects to reduce emissions financed by those countries on their own.

A negotiator for a large bloc of developing countries meanwhile challenged rich countries to make far deeper cuts in emissions than they have proposed so far. The negotiator, Lumumba Stanislaus Di-Aping of Sudan, said President Obama should be willing to spend far more to limit climate dangers in the world's most vulnerable regions.

"We have to ask him, when he provided trillions of dollars to save Wall Street, are the children of the world not deserving help to save their lives?" he said. Mr. Di-Aping spoke on behalf of more than 130 developing countries as well as China.

The European Commission meanwhile welcomed a decision by the United States Environmental Protection Agency to pave the way for imposing federal limits on emissions of carbon dioxide. The so-called endangerment finding by the E.P.A. was "an important signal by the Obama administration that they are serious about tackling climate change and are demonstrating leadership," a spokesman for the European Commission said.

Andreas Carlgren, the environment minister of Sweden, the country that currently holds the rotating presidency of the European Union, said in an e-mail message that the E.P.A. ruling "shows that the United States can do more than they have put on the table." So far Mr. Obama has proposed a 17 percent cut in emissions by 2020 from 2005 levels and deeper cuts in later years.

A major reason that hopes have risen in recent weeks is the expectation that Mr. Obama, who plans to attend the final day of the conference on Dec. 18, will commit the United States to making cuts in greenhouse gases. The United States declined to ratify the Kyoto Protocol, a 1997 agreement on curbing greenhouse gases, because of strong opposition in the Senate and from the Bush administration. The refusal to ratify the protocol has left a lingering mistrust of the United States on environmental issues in parts of the world.

The finding by the E.P.A. is expected to allow Mr. Obama to tell delegates in Copenhagen that the United States is moving aggressively to address the problem even while Congress remains stalled on broader legislation to curb global warming.

Tom Zeller Jr. contributed reporting from Copenhagen, and John M. Broder from Washington.

ENTERTAINMENT, CELEBRATIONS, & CULTURE

Thursday, December 10 - Friday, December 18: HSU Music Dept. Free Recitals. Afternoon and evening recitals by individuals and studio groups. Fulkerson Recital Hall, HSU. Info: 826-3456 or online at <http://www.humboldt.edu/~mus/events/calendar.php>

Thursday - Saturday, December 10 – 12: “The Marriage of Bette and Boo,” an “achingly funny” dark comedy. Performed at 7:30 pm at Gist Hall, HSU. \$10, \$8. Info: 826-3928 or <http://HSUStage.blogspot.com>.

Friday, December 11: Chanukah Party with latkes, dreidels and dancing to Chubritza! 6:30 pm at St. Alban’s Episcopal Church in Sunnybrae. Adults \$10, kids and seniors \$5. Info: 445-3997.

Friday, December 11: HSU Symphony, Humboldt Chorale, & University Singers. 8 pm in the Fulkerson Recital Hall, HSU. \$7, \$3. Info: 826-3456.

Friday and Saturday, December 11 and 12: Arcata Interfaith Gospel Choir’s “Christmas Concert.” Friday at 7 pm at the Arcata Presbyterian Church and Saturday at 7 pm at the First Presbyterian Church of Eureka. \$7 - \$10. Info: 822-4444.

Saturday, December 12: HSU Music Dept. Jazz Orchestra: Mingle with Mingus. HSU Jazz Orchestra plays a Mingus suite and Latin sounds. 8 pm in the Fulkerson Recital Hall, HSU. \$7, \$3. Info: 826-3456.

Saturday and Sunday, December 12 and 13: Holiday Craft Market at the Arcata Community Center. Live music performances. Refreshments available. 10 am - 5 pm (4 pm Sunday). \$1 donation to youth scholarship fund. Info: 822-7091.

Sunday, December 13: DUHC’s 5th Annual Community Currency Winter Craft Exchange, featuring local crafters, a cookie exchange and a pancake breakfast. 10 am – 2 pm at 1402 M St. in Eureka. Info: 269-0984 or www.duhc.org.

Sunday, December 13: Second Sunday Afternoon Dance: Dancers of the Redwood Raks World Dance Studio. Free dance performances from local dance companies. 2 - 4 pm at the Morris Graves Museum, 636 F St., Eureka. Info: 442-0278.

Sunday, December 13: “The Marriage of Bette and Boo,” an “achingly funny” dark comedy. Performed at 2 pm at Gist Hall, HSU. \$10, \$8. Info: 826-3928 or <http://HSUStage.blogspot.com>.

Sunday, December 13: HSU Symphony, Humboldt Chorale, & University Singers Annual Holiday Concert. 8 pm in the Fulkerson Recital Hall, HSU. \$7, \$3. Info: 826-3456.

Tuesday, December 15: “A Commedia Christmas Carol,” Dell’Arte’s 29th annual holiday show. 7:30 pm at the Mateel Community Center. Free. Bring a non-perishable food donation. Info: 668-5663 or www.dellarte.com.

Thursday – Sunday, December 17 – 20: “A Commedia Christmas Carol,” Dell’Arte’s 29th annual holiday show. 7:30 pm at the Carlo Theatre at Dell’Arte. “Pay what you can.” Reservations advised. Info: 668-5663 or www.dellarte.com.

Thursday, January 7: First Thursday Film Series: “Garbage Dreams,” a documentary about three teenage boys living in the world’s largest garbage village located on the outskirts of Cairo, Egypt. Free admission. 6 - 7:30 pm at the Morris Graves Museum, 636 F St., Eureka. Info: 442-0278 or www.humboldtarts.org.

Monday, January 11: Open Mike at Poets on the Plaza. Original poetry, 5-minute time limit, no music. All ages. \$1 donation. 8 pm, sign-up 7:30 pm at the Plaza Grill View Room, 2nd Floor at the Jacoby Storehouse in Arcata.

CHILDREN, YOUTH & ALL AGES

Saturday, December 12: Second Saturday Family Arts Day: Winterscapes. Activities for youth and families, including performances, hands-on arts projects, & interactive storytellers. Free. 2 - 4 pm at the Morris Graves Museum, 636 F St., Eureka. Info: 442-0278.

Saturday, December 12: Chemistry and Physics Discovery Day. Hands-on workshops, experiments, questions and answers, and more. Admission is free and the museum store will be open with all merchandise discounted 10 am – 2 pm at the HSU Natural History Museum, 1315 G St, Arcata. Info: 826-4479.

Wednesday, December 16: Family Literacy Night presents a special musical evening with Cedarhill, featuring traditional and original tunes that are bound to bring fun for all ages. 6:30 pm at the Humboldt County Library, 1313 3rd St., Eureka. Info: 269-1910, www.humlib.org.

Thursday, December 17: Share A Story " Bear Country," short video, stories, and crafts. A free book is available for each participating family. 6:30 pm at the Arcata Branch Library, 500 7th St. Info: 822-5954 or www.humlib.org.

Saturday, January 2: KEET’s Kids Club at the Morris Graves Museum of Art, featuring short stories and art activities geared to youth 2 - 8 years old. Every family takes home a free book. January’s book is “Snow.” Free. Noon to 2 pm. Info: 442-0278.

Saturday, January 9: Second Saturday Family Arts Day: Explore Spain. Activities for youth and families, including performances, hands-on arts projects, & interactive storytellers. Free. 2 - 4 pm at the Morris Graves Museum, 636 F St., Eureka. Info: 442-0278.

PROTECT THE EARTH & ITS LIVING CREATURES

Friday, December 11: Audubon Society Potluck and Christmas Bird Count Brush-up Session. Speaker Kerry Ross will show slides of "The Birds of Winter behind the Redwood Curtain" that may be encountered during local counts with a focus on identifying water birds. Potluck starts at 6:30 pm, lecture at 7:30 pm. Bring a dish to share and mug; drinks and place settings provided. Humboldt County Office of Education at Myrtle and West Avenues in Eureka. Info: 839-4365.

Saturday, December 12: Friends of the Dunes Property Restoration. Join the Dune Ecosystem Restoration Team for a morning of invasive plant removal. Tools and gloves provided; bring water and wear comfortable work clothes. 9:30 am – 12:30 pm. Meet at the Humboldt Coastal Nature Center, 220 Stamps Lane in Manila. Info: 444-1397 or visit www.friendsofthedunes.org.

Sunday, December 13: Free Public Field Trip to Humboldt Bay National Wildlife Refuge. Redwood Region Audubon Society is sponsoring this leisurely, 2 - 3 hour trip intended for people wanting to learn the birds of the Humboldt Bay area. Meet at the Refuge Visitor Center off Hookton Road at 9 am. Info: Jude Power or David Fix at 822-3613.

Sunday, December 13: Friends of the Dunes' Nature Center Tour and Guided Walk. Look at the unique building that will serve as a "Gateway to the Dunes" Visitor Center then take a walk to the beach with naturalist Lianna Winkler-Prins. Bring water and be prepared to walk in sand. Meet at 2 pm at the Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Info: 444-1397.

Sunday, December 20: Free Public Field Trip to the Eureka (aka PALCO) Marsh. Join the Redwood Region Audubon Society for great birding in downtown Eureka. 1 – 2 hours on a flat loop through a variety of habitats, from bay and mudflat to riparian and marshland. Meet in parking lot at foot of West Del Norte Street at 8:30 am. Info: Kerry Ross, 839-4365.

Saturday, December 19 – Sunday, January 3: Audubon Christmas Bird Counts at four locations. Ways you can participate:

1. Give counters access to your property
 2. Keep a list of birds that you see in your yard on that day (be a "feederwatcher")
 3. Join a team to cover a territory near your home. (New birders are paired with veterans, so you don't have to be an expert.)
- Information is available from any of the leaders: Arcata – Saturday, December 19, Kerry Ross, 839-4365; Del Norte – Sunday, December 20, Alan Barron, 465-8904; Willow Creek – Saturday, December 26, Gary Lester, 839-3373; Centerville – Sunday, January 3, Gary Lester, 839-3373.

Saturdays, Ongoing: Free tours of the Arcata Marsh and Wildlife Sanctuary. Rain-or-shine, docent-led field trips. Meet with binoculars in the parking lot at the south end of I Street in Arcata at 8:30 am.

Saturdays, Ongoing: Friends of the Arcata Marsh Docent-Led Walks. A 90-minute, docent-led walk focusing on different topics of the marsh. 2 pm at the Interpretive Center on South G St. Info: 826-2359.

WORKSHOPS, CLASSES, MISCELLANY

MEETINGS

Thursday, January 7: The Humboldt County Human Rights Commission meets at 5 pm in Conference Room A in the county courthouse in Eureka. The public is encouraged to attend. Info: 668-4095.

TALK SHOWS, COMMENTARY, & MEDIA SPECIALS

"Thursday Night Talk" hosted by David Cobb of Democracy Unlimited airs every Thursday 7:30 - 8:30 pm on KHSU FM 90.5. It is a live call-in show, so it's a great way to have your opinion heard by thousands of listeners. The studio line is 826-4805.

"Conversation with Paul Mann," a new public affairs program covering national and international issues with local guests and callers. Tuesday evenings from 7:30 - 8:30 on KHSU FM 90.5. Studio line: 826-4805.

Bill Moyers Journal Interviews and news analysis on a wide range of issues. PBS, KEET TV Channel 13 on Fridays at 9 pm and Wednesdays at 11:30 am, or on the Internet at www.pbs.org/moyers/journal. Info: 445-0813 or www.keet.org.



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Editorial: Page 1, **Calendar:** Pages 2 - 3, **Action Item:** this page.

Newsletter, **December 8, '09**. Vol. 15, Number 22. Published semi-monthly on 2nd & 4th Tuesdays; **next Jan. 12, '10**. For calendar items PO Box 873, Arcata 95518 or e-mail to hopecoalition@igc.org. **Next deadline. Jan. 5, '09**. Write or e-mail for sample newsletter. Newsletter volunteers: Dave Keniston, Mara Segal, Mayer Segal, Michael Welch, Paloma Orinoco. Web site: www.hopecoalition.org.

Single-Payer to be Debated in Senate!

The health care debate is raging on in the Senate, and late last night Senator Bernie Sanders (I-Vt.) threw down the gauntlet to challenge our senators to stand up for health care for all. Thanks to his proposal of Senate Amendment 2837, single-payer health care will be debated and may come to a vote.

**Tell your senators: Yes to single-payer, no to attacks on medical accountability.
 Email your senators and ask them to support single-payer, Medicare-for-All all reform!**

<http://tinyurl.com/One-Payer>

We know the odds are stacked against us. But soon we will find out who in the Senate stands with Senators Sanders, Roland Burris (D-Ill.) and Sherrod Brown (D-Ohio) for health care for all, and who stands with industries who profit while 120 Americans die each day because they lack health insurance.

Urge your senators to stand up for health care for all!

There also is the looming threat of bad amendments to the health care bill disguised as "medical malpractice reform." We anticipate several proposals that would strip our right to hold health care providers accountable when they cause severe permanent injuries or even kill patients. Real medical malpractice reform means improving patient safety - not immunizing negligent doctors and careless medical facilities.

Please contact your senators now and tell them YES to S.A. 2837 and NO to letting negligent medical providers off the hook!

Thank you for standing up for health care for all and improving patient safety. We can't do it without you. Contact your senators today!

Rick, Angela and Glenn
 Your advocates at Public Citizen
action@citizen.org

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- - - HOPE Coalition Needs Your Support - - -

The Objective of the HOPE Coalition:

To synthesize & promote the individual visions of the organizations that make up Humboldt's environmentally & socially just community. These include, but are not limited to, the following organizations: Environmental, Social Justice, Peace, Labor, & Human Service.

Yes, I would like to help support the HOPE Coalition's newsletter and other efforts:

- \$25 \$50 \$100
 \$500 \$15 \$_____ other

Make checks to payable to: HOPE Coalition.

I wish to receive newsletter by

- US mail Email Both

Name _____

Address _____

Email _____

Phone _____

The HOPE Coalition - PO Box 873 Arcata, CA 95518 - hopecoalition@igc.org - www.hopecoalition.org

The HOPE Coalition Newsletter is available in Arcata at: the Co-op, & the Northcoast Environmental Center; at the main Humboldt, Arcata, McKinleyville, and Trinidad libraries; and at the Senior Center in Eureka.

HOPE Coalition Newsletter Insert—this insert contains regularly scheduled events. For special happenings and one-time events, see the regular calendar that follows the page one editorial.

PEACE NEWS

Peace Vigils Fridays 5 - 6 pm on the Arcata Plaza. Mondays at 4 pm at the Courthouse in Eureka, 445-5100 ext. 215, ask for Jack.
Vets for Peace Silent Vigil; Fridays, 5 - 6 pm: SW corner Arcata Plaza.
Vets for Peace, Humboldt Bay Chapter 56 meets 1st Thurs. at 7 pm: at the Arcata Marsh Commons. Info: 826-7124.
Women in Black stand in silent vigil every **Friday 5 - 6 pm** at the **Arcata Plaza**, 8th & G, at the **Humboldt County Courthouse** (also Saturdays at noon), the **McKinleyville Shopping Center** on the grassy area out front, and **Fridays 4 - 5 pm** in **Trinidad** at the intersection of Scenic Dr. and Main St.

TALK SHOWS, WORKSHOPS & COMMENTARY

Access Humboldt: Public, education & government media access. Cable channels 8, 10, 11 & 12. For program schedule, submission policies, and program request forms go to www.accesshumboldt.net. Call or email for further info. 476-1798 or info@accesshumboldt.net.

COMMENTARY on KEET TV Channel 13 445-8013: **Wide Angle** Tues. at 9 pm

NOW with David Brancaccio. Fri. at 8:30 pm:

COMMENTARY on KGOE 1480 am, 442-2000: **Thom Hartmann**, weekdays 9 am - noon.

Peter B. Collins, weekdays 3 - 6 pm. Progressive talk show from San Francisco.

COMMENTARY on KHSU, 90.5 fm, 826-6089. **Democracy Now!** with Amy Goodman: weekdays 9 - 10 am.

The Econews Report with Greg King. 1:30 pm Thursdays.

A World of Possibilities locally produced syndicated public affairs program. 1:30 pm Wednesdays. Info: 826-9111 ext. 18.

COMMENTARY on KMUD, 88.3 fm, 923-2513. **Counterspin**, Sunday 1 - 1:30 pm.

Alternative Radio, Mondays 9 am. Boulder-based award-winning weekly series with David Barsamian.

Animal Advocate, 2nd Thursday, 7 - 8 pm. Animal welfare issues. Info: Barbara Shultz at 986-7835, animaladvocate4@yahoo.com.

A World of Possibilities locally produced syndicated public affairs program. 9 am Tuesdays. Info: 826-9111 ext. 18.

Democracy Now! with Amy Goodman; noon, Mon. - Fri. Also 4 pm Access Humboldt Channel 12. Also 11 am on KIDE 91.3 fm. Also on Free Speech TV (FSTV) Mon. - Fri. midnight, 8 am, noon, or 7 pm.

Civil Liberties Monitoring Project Report; 1st Wednesday, 7 - 8 pm. 923-4646.

Politically Correct Week in Review, call-in radio show, 2nd, 4th, & 5th Mondays at 7 pm 923-3911.

All Things Reconsidered with Eric Kirk. 3rd Thursday at 7 pm.

Global Stuff call-in talk show with Jimmy Durchschlag, last Friday, 7 - 8 pm.

PROTECT THE EARTH & ITS LIVING CREATURES

Adopt-the-Bay. Participate in a number of tasks aimed at maintaining a healthy Humboldt Bay. All welcome. Info: 443-0801.

Audubon Society Field Trips; Free field trips through the Arcata Marsh and Wildlife Sanctuary every Saturday at 8:30 am at the Kloop Lake parking lot (foot of I St. in Arcata). Bring your binoculars. Rain or shine. Info: 268-8052 or 822-3613.

Campus Center for Appropriate Technology; info: 826-3551.

Friends of the Dunes; Restoration workdays the first 3 Saturdays every month, 9 am - 1 pm. Info: 444-1397 or info@friendsofthedunes.org. Complete calendar: www.friendsofthedunes.org.

Friends of the Marsh guided interpretive walks every Saturday 2 pm at the Interpretive Center on South G St., Arcata. Info: 826-2359.

Redwood Alliance Climate Action Project. (Public meetings temporarily suspended until after the election.) Info: 822-6171, climatechange@redwoodalliance.org; www.redwoodalliance.org.

Wild Urban Gardeners! Meets Wednesdays at 7 pm, 1552 Spear Ave. in Arcata. Promoting food & native plant species, information about compost, greenhouses, seed banks, and community gardens. Info: 822-5861.

ARTS

Arts Alive! Eureka; first Saturday of the month at venues around town. Art, music, dance, refreshments. Info: 442-9054.

Arts! Arcata; second Friday of the month at venues around town and at HSU. Art, music, dance, refreshments. Info: 822-4500.

The Ink People; 411 12th St, Eureka. Hours: Tuesday - Saturday, 11 am - 4 pm. Info: 442-8413 www.inkpeople.org.

Arcata Artisans Cooperative Gallery; H St. on the Plaza. Mon. - Sat. 10 - 6, Sun. 12 - 5. Info: 825-9133, www.arcataartisans.com.

Westhaven Center for the Arts; 501 S. Westhaven Dr. Info: 677-0860, www.westhavenarts.org.

First Street Gallery; 422 First Street, Eureka. Tuesday - Sunday from noon - 5 pm. Info: 443-6363 or www.humboldt.edu/~first.

Clarke Historical Museum; 240 E St., Eureka. Info: 443-1947 or www.clarkemuseum.org.

Morris Graves Museum; 636 F St., Eureka. Wed. - Sun. 12 - 5 pm. www.humboldtarts.org

MEETINGS

Arcata's Nuclear Weapons Free Zone and Peace Commission. On indefinite hiatus due to lack of a quorum. Applications available at www.cityofarcata.org or at city hall. Info: 822-5951.

Commission on Status of Women meets 3d Tuesday at 6 pm. Call for place: 822-2502 or www.co.humboldt.ca.us/commissions/csw/.

Eureka Greens meet 3rd Saturday of every month. 3:30-5pm. 321 Coffee (321 Third St. in Old Town). Info: www.EurekaGreens.com.

Green Wheels; Mondays 6:30 pm at the Northcoast Environmental Center. Info: mail@green-wheels.org or www.green-wheels.org.

Humboldt County Human Rights Commission meets 2nd Tues. City Courthouse, Rm. B, Eureka, 6 pm. Info: 268-2548.

Humboldt Democratic Central Committee; 2nd Wednesday at 7 pm. 129 Fifth St. Info: 445-3366 or www.humboltdemocrats.org.

Humboldt Exchange Community Currency Project. Call for meetings: 269-0984.

Humboldt Watershed Council at NEC, 2nd and 4th Wednesdays, 7 - 9 pm. Info: sheds@humboldt1.com.

Mother Jones Club & Humboldt Communist Alliance. Call for meeting times: ncalview@igc.org or 839-3824.

NAACP; Regular 3rd Sunday at 3:30 pm, **PAC** at 2:30 pm, Cooper Gulch Ctr., 8th & Myrtle, Eureka. Info: 268-8287 or 442-2638.

North Coast IWW, the Wobblies meets every 3rd Wed. 6:30 - 8 pm at the Labor Temple, 840 E St., Eureka. Info: 725-8090.

Northern Humboldt Greens meet 2nd Tuesday of the month, 7 - 8 pm. Info: Shaye, 237-2790 or email arcata@greens.org.

Redwood Chapter ACLU meets 3rd Thursday at noon at 917 Third St. in Eureka. Blog at redwoodaclu.blogspot.com. Info: 215-5385.

Sequoia Greens of southern Humboldt. Call for meetings: 923-4488 or encimer@hotmail.com.

Veterans for Peace (SoHum Chapter); 1st Tuesday of Each Month at 7pm at Haynes Vets Hall, Garberville.

Vets for Peace (Humboldt Chapter 56); 1st Thursday at 7 pm in Arcata. Info: 826-7124.

Women's International League for Peace and Freedom (WILPF); meets the last Monday, 7 - 9 pm at the Arcata Public Library, 500 7th St., Arcata. Info: Carol at 668-1901.

CHILDREN & YOUTH

Arts in the Afternoon; a free art studio for teens (6th - 12th grade). Open week days during the school year, 3 - 6 pm at Arcata Community Center. Sponsored by City of Arcata's Recreation Division. Info: 825-2028.

Cyber Tribe; a local non-profit business where youth can use and gain knowledge in computers. Open to age 12 - 19. Info: 826-1160.

HSU's Natural History Museum, 1315 G St. Arcata. Free drop-in programs on Saturdays at 1 pm. Program info: 826-4479.

Humboldt County Library in Eureka Story Hour: 10 am Fridays & other programs. Info: Jo Ann Bauer, 269-1900.

Humboldt County Teen Court is looking for teen volunteers. Info: 444-0153.

Mondays, Fridays, & Saturdays: PULSE, new Teen Recreation Center; regular programming from 6 - 9 pm at the John Ryan Youth Center, 1653 J St, Eureka. Info: 268-1858.

Raven Project Queer Coffee House for Youth; Tuesday, 6:30 - 9 pm. Also, girls & women 10 - 24 years meet Wednesdays from 6:30 - 8:30 pm, 523 T St., Eureka, 443-7099.

COMMUNITY & WELL-BEING SERVICES

Buddhist Queers (lesbian, gay, bi, transsexual) Vipassana, Zen, etc. Beginners welcome. phone 269-7044.

Eureka Mindfulness Buddhist Meditation & Discussion. 2nd and 4th Wednesdays of each month. 7:15 pm First Christian Church 730 K St. Wheelchair accessible, fragrance free, beginners welcome. Info: 269-7044.

Health Insurance and Advocacy Program (HICAP) provides objective information, help, and advocacy for people relying on Medicare. Info and appointments: 444-3000.

Healthy Kids Humboldt Enrollment Headquarters offers health care insurance by assisting with Medi-Cal, Healthy Families, and Cal Kids applications for children. 517 3rd Street, Eureka. 442.6066.

Humboldt Community Switchboard can direct anyone to services in Humboldt County. Info: 441-1001 or www.theswitchboard.org.

Humboldt Domestic Violence Services Support Groups; all services are free. Info & child care: 444-9255. 24-Hour Crisis Line: 443-6042 or toll free 866-668-6543.

Humboldt Literacy Project, to improve adult reading skills necessary to function on the job, in the family, & in the community. Free & confidential. Info: 445-3655 or www.humlit.org.

Nature-Based Spiritual Queers (GLBT) pagan, Native American traditions, etc. Newcomers welcome. phone 269-7044.

North Coast Rape Crisis Team; 24 hour crisis line: 445-2881. Business phone: 443-2737.

The Area 1 Agency on Aging sponsors many senior programs. Info: 442-9591 or www.a1aa.org.

The Emma Center Advocacy, support, referral services, library, and classes for trauma and abuse survivors. 920 Samoa Blvd. Suite 207, Arcata. Info: 825-6680 or info@emmacenter.org or www.emmacenter.org.

Vision Loss Services; Lighthouse of the North Coast, solutions for living with vision loss. Info: 268-5646 or www.lighthouse-sf.org.

Ongoing: Drop-in Grief Support Groups. Hospice offers free, drop-in grief support groups in Arcata, Eureka, Fortuna and McKinleyville. These groups are open to anyone in the community experiencing grief and loss of a loved one. Info and schedules: 445-8443.

Ongoing: Volunteer Center of the Redwoods (VCOR): The Drop of a Hat Brigade connects volunteers of all ages with one time and short-term events. RSVP provides benefits such as limited mileage reimbursement for volunteers ages 55 and older. DOORS lends support to volunteers with disabilities. Info on these and other volunteer opportunities: 442-3711 or www.a1aa.org/VCOR/.

Fridays, Ongoing: Depression and Bipolar Support Alliance: Arcata Support Groups; free, voluntary, and open peer-support groups for those experiencing depression (seasonal, situational, or chronic) and/or mood swings. Open to the public. Family and friends are also welcome. 6 pm at the Arcata Library Conference Room. Info: 443-9659 or dbsahumb@sbcglobal.net.