



The HOPE Coalition

Humboldt Organized for Peace & the Environment

"Working in partnership toward the development of a diverse, just, & sustainable community."

Calendar of Happenings in Humboldt County Inside

Newsletter Editorial Page – October 23, 2007

Community Health Alliance *by Dr. Ann Lindsay, Public Health Director of Humboldt County*

When you check out at the supermarket, an electronic device records your purchase, calculating for the store manager what stock to reorder. The health care field is light years behind technologically. Many if not most medical providers can't tell you how many patients they have, let alone who are the diabetics or who has hypertension. In recent months, the Community Health Alliance Information Technology task force has brought together representatives from all the Humboldt hospitals, the community clinics, medical provider groups, public health, and some of the larger medical practices to advance secure electronic interchange of patient care data to improve care while protecting privacy. That sure is a mouthful!

Folks in Santa Barbara spent \$15 million in an unsuccessful attempt at electronic health information exchange, so we are proceeding carefully. By working on the "low hanging fruit" we hope to learn from other communities' successes and failures and build the trusting relationships that make for effective partnerships.

After a well-attended summer series of educational sessions on health information exchange in other communities, the IT task force is coming to consensus about the directions to take. The principle we endorse is "radical incrementalism" to take achievable steps that build to a larger end goal. In general, we have to get medical providers used to electronic health data and work out the rules concerning exchange of existing electronic information as a prelude to developments requiring more investment.

The first goal is to continue (and build up) the successes we have achieved, namely the electronic diabetic patient registry and ELINCS, automatic electronic transfer of laboratory information directly into the registry. The registry keeps track of care given to diabetic patients and reminds medical providers and patients when tests and preventive care are due. Outcome data from the registry has shown significant improvement in diabetic management in the county as a result.

The next goal of the task force is to promote secure electronic prescribing. Four providers have been testing the free software, eRx. These four can give valuable feedback to eRx to improve the product. Virtually all the pharmacies participate. We have identified six other providers across the county who are interested in electronic prescribing and plan to offer technical support to bring them on board. Meanwhile they are working to make the product ever more useful by populating it with data from insurers or linking it to formulary and other prescribing information.

Cultural and technological challenges and historical inertia have limited electronic exchange of health information. St. Josephs and Mad River hospitals staff have expressed support for making their electronic records available to emergency room physicians, hospital-based doctors, and radiologists across the county. The clinical gains are obvious once we work out reasonable credentialing, monitoring of access, and discipline procedures in the event of a breach of confidentiality. The next move could be to create an administrative staff category to enable non-hospital providers to access data electronically to help with out-patient continuity of care. This would be of particular help to physicians in outlying areas of the county.

The Community Health Alliance's Access to Care task force is looking into creating insurance coverage options for small businesses and other creative solutions to expand health insurance coverage in the county. There are obviously many challenges for this group in the shifting scene of health reform and health care finance. One product under consideration is a Humboldt County health insurance plan, the goal of which would be affordable pricing and reasonable reimbursement.

A Workforce task force is looking into creating a multi-specialty medical practice in order to make a more attractive patient care environment here. Recently trained physicians are flocking to Kaiser because of the practice environment which promotes quality improvement and allows creative solutions to improving patient care and sharing the workload. There has been discussion about addressing training, recruitment, and retention of nurses and medical technicians, but concrete plans in this direction have been beyond the capabilities of the group at hand. The Community Health Alliance would welcome leadership for addressing this critical concern. If interested, contact the Community Health Alliance at 445-2806.

This is the final editorial in a three-part series on vital health considerations in Humboldt County.

PEACE NEWS

Friday, October 26: Humboldt County Homeless Connect Day (similar to the Northcoast Stand Down for veterans). 8 am - 4 pm at Christ Episcopal Church, 15th and H Streets, Eureka. Volunteers are still needed for this event. Info or to volunteer: Melissa at 445-3141.

Saturday, October 27: AntiWar Demonstration in San Francisco. Demonstration and March from Civic Center to Delores Park. Carpool from Humboldt County to support a countrywide and growing antiwar effort. Info: 442-8733.

The Redwood Peace & Justice Center, 1040 H St., in Suite B (the back offices off the alley behind skateboard shop). Hours sporadic at present. The RPJC Board is creating a long-term plan and will be launching a fundraising campaign soon for a new, larger space that will better serve the community. Watch this newsletter for further updates. Info: 826-2511 or www.rpjc.net.

ENTERTAINMENT, CELEBRATIONS, & CULTURE

Thursday - Saturday, October 25 - 27: "My Name is Rachel Corrie," a one-woman show about the 23-year-old American college student and human rights activist killed in Palestine. Presented by WILPF and Veterans For Peace Chapter 56. 8 pm at the Arcata Playhouse, 501 9th St, Arcata. \$10 - \$20, sliding scale. Info: 826-0515.

Thursday - Saturday, October 25 - 27: Live Music, Silent Movie with the ArMack High School Orchestra. Buster Keaton's "Spite Marriage" accompanied by a full orchestra. At Arcata High, 7 pm each night with a 2 pm matinee on Saturday. \$5 evenings, \$3 matinee. Info: Linda at 826-9278.

Thursday - Sunday, October 25 - 28: "Urinetown, the Musical," co-presented by HSU's Theatre and Music Depts. 7:30 pm at the Van Duzer Theater. \$10 - \$15 general, \$8 - \$10 students and seniors. Info: 826-3928.

Friday, October 26: West African Highlife Band in a benefit for Humboldt Baykeepers. 9 pm - midnight at the Arcata Community Center. \$10 - \$25, sliding scale. Info: 268-8897.

Saturday, October 27: Friends of the Arcata Library Book Sale. 10 am - 4 pm at the Arcata Library. "Buck-a-bag" from 2 - 4 pm. 500 7th St, Arcata. Info: 822-5954.

Saturday, October 27: Halloween Dance. "The Papa Bears" and "Catbone" in a benefit for the Emma Center and Humboldt Domestic Violence Services. All ages. 6:30 - midnight at the Arcata Veterans Hall, 14th and J St. \$10. Light snacks. Info: 825-6680.

Saturday, October 27: KMUD BOO-gie. Music, food, drinks, games, and children's and adult's costume contests. Doors open at 6 pm at the Mateel Community Center in Redway. \$10 donation to KMUD. Info: 923-2513 or www.kmud.org.

Thursday, November 1: First Thursday Film Series: "Miss Navajo" by Billy Luther. Following contestants in their quest for the Miss Navajo Nation crown, and featuring personal stories of recent winners, MISS NAVAJO is a celebration of womanhood. 7 pm at the Morris Graves Museum, 636 F St., Eureka. Info: 442-0278 or www.humboldtarts.org.

Thursday - Saturday, November 1 - 3: "Urinetown, the Musical," see listing for Thursday - Sunday, October 25 - 28, above.

Thursday - Saturday, November 1 - 3: The Humboldt Circus Presents "Name This Show," an ensemble circus production. 8 pm at HSU's Green and Gold Room in Founder's Hall. \$8, \$5. For mature audiences only. Info: circus@humboldt.edu.

Friday, November 2: Eureka Chamber Music Series: Quartetto di Venezia, from Venice, Italy. 7:30 pm at the Cavalry Lutheran Church, 716 South Ave, Eureka. \$30. Info: 445-9650.

Sunday, November 4: 9/11 "Last Man Out;" William Rodriguez speaks in a benefit for healthcare for 9/11 first responders and their families. 4 pm at the Fortuna River Lodge, 1800 Riverwalk Dr., Fortuna. \$10. Info: www.wtcfriends.org.

Sunday, November 4: "An Eye For An I," a benefit to raise funds to buy a fake eye for the writer/correspondent/activist/poet/human shield, John Ross. Readings and refreshments. 7 pm at Northtown Books, 957 H St, Arcata. \$20 or donation. Info: 822-2834.

Thursday, November 8: Light A Candle For Alzheimer's to honor families touched by Alzheimer's disease or other forms of dementia. All are welcome. Donations accepted for the new Alzheimer's Center. 5:30 - 7 pm at the Humboldt Senior Resource Center, 1910 California St, Eureka. Info: 443-9747 or www.humsenior.org/alz.

Friday, November 9: An Evening of Medicine Songs with Stephanie Dancing Eagle followed by a community healing ceremony. Potluck feast follows. 7 pm at the Westhaven Arts Center, 501 S. Westhaven Drive. \$8 - \$12. Info: 267-8260.

Saturday, November 10: Intertribal Gathering and Elders Dinner tribal dance demonstrations, salmon and turkey dinner, elders' honoring ceremony, Indian arts and crafts, fry bread, and tacos. Noon - 4 pm at Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Free admission. Dinner - \$6, \$3, over 55 free. Info: 445-8451 or www.ncidc.com.

Saturday and Sunday, November 10 & 11: Breast Health Project Fundraiser. Chumayo Spa in Blue Lake will be donating all proceeds from massages, floatation pool sessions, and spa services from this weekend to the Breast Health Project. Info or appointments: 668-0101 or www.chumayo.com.

CHILDREN & YOUTH

Saturday, October 27: Live Owl Presentation. Humboldt Wildlife Care Center volunteers bring live owls to the Natural History Museum from noon - 1 pm. All ages. Free with museum admission. 1315 G St, Arcata. Info: 826-4479.

Sunday, October 28: Boo at the Zoo, with Halloween treats for the animals and activities for the kids. 11 am - 3 pm at Sequoia Park Zoo, Eureka. Info: 441-4217.

Saturday, November 10: Second Saturday Family Arts Day: Native American Heritage Month. Activities for youth and families, including performances, hands-on arts projects, & interactive storytellers. Put on by the Humboldt Arts Council at the Morris Graves Museum. 2 - 4 pm at 636 F St., Eureka. Info: 442-0278.

Every Friday and Sunday: 4-H Garden Group at the Raven Project. Lessons in gardening for youth ages 12 - 21. 1 - 4 pm at 523 T St, Eureka. Info: 443-7099.

Spiral Scouts: Alternative Scouting Program for boys and girls, ages 3 - 18. Info: Sarah at 812-0486.

PROTECT THE EARTH & ITS LIVING CREATURES

Saturday, November 10: "Living with Creatures, Great and Small, in Your Garden," HBGF's speakers' with Amy Stewart, author of "The Earth Moved: On the Remarkable Achievement of Earthworms" and Pete Haggard, co-author of "Insects of the Pacific Northwest." Info: 733-1924.

Saturdays, Ongoing: free tours of the Arcata Marsh and Wildlife Sanctuary. Rain-or-shine, docent-led field trips. Meet with binoculars in the parking lot at the south end of I Street in Arcata at 8:30 am.

Saturdays, Ongoing: free tours of the Arcata Marsh. A 90-minute, docent-led walk focusing on different topics of the marsh birds, ecology, history, or wastewater treatment. 2 pm at the Interpretive Center on South G St. Info: 826-2359.

WORKSHOPS, CLASSES, MISCELLANY

Sunday, October 28: Actions to End Sexualized Violence Presents "Communities Dialoguing," building community capacity to support survivors and preventing and ending violence. 1 - 4 pm at the Kate Buchanan Room, HSU.

Saturday, November 3: "Basic Communication and Conflict Management" Workshop, addressing interpersonal conflict management as well as workplace related communication issues. 8:30 am - 4:30 pm at the Arcata United Methodist Church. \$70 for individuals, \$50 for non-profit. Info and registration: 445-2505 or humboldtmediation@reninet.com. Register by 10/26.

Monday, November 5: "Bridges Out of Poverty" Workshop, a day designed to challenge beliefs about people in poverty and learn strategies to improve their outcomes. CEU credit available. 8:30 am - 3:30 pm. \$20. Pre-registration requested. Info: 442-2993.

Saturday, November 10: Suicide Alternatives Workshop. Clinicians, mental health clients, clergy, and survivors of suicide are invited to share their experiences in an anonymous and confidential environment and make recommendations on alternatives to suicide. Free. 1 pm at St. Joseph Hospital Conference Room C-1. Pre-registration requested. Info: 443-9659.

Wednesday, October 31: Deadline For Submissions to "Toyon." Submissions of fiction or creative non-fiction under 20 pages should be sent to Toyon, Dept. of English (FH201), HSU, Arcata 95521.

Friday, November 9: Deadline For Submissions to "Matrix." Articles, book reviews, etc can be dropped off at the HSU Women's Resource Center or e-mailed to matrix@humboldt.edu.

Saturdays, Ongoing: Arcata Bicycle Library. Open every Saturday in the Arcata Co-op Employee parking lot, across the street from the Co-op.

MEETINGS

Green Wheels has formed an off-campus branch that meets weekly on Mondays at 6:30 pm at the Northcoast Environmental Center, Arcata. All are welcome to attend. Info: 826-9175 or www.green-wheels.org.

Redwood Alliance Climate Action Project New Location. Meetings second and fourth Mondays at 5:30 pm at the Arcata Public Library Conference Room. Info: 822-6171, climatechange@redwoodalliance.org; www.redwoodalliance.org.

ELECTION INFO

Tuesday, October 30: Last Day to Request an Absentee Ballot by Mail. Info: 445-7481

Candidate Forums for the November 6 Election:

Wednesday, October 24: Humboldt Bay Harbor, Recreation, and Conservation District Board. 7 pm on KEET-TV, Channel 13.

Thursday, October 25: Northern Humboldt Union High School District Governing Board. 7 pm at the McKinleyville High School Multipurpose Room.

TALK SHOWS, COMMENTARY, & MEDIA SPECIALS

Regularly scheduled programs are now listed in the insert. Special programs or specific guests will be listed here.

Bill Moyers Journal Interviews and news analysis on a wide range of issues. PBS, KEET TV Channel 13 on Fridays at 9 pm and Wednesdays at 11:30 am, or on the Internet at www.pbs.org/moyers/journal.

Access Humboldt (Channels 10 & 12, public access TV, was ACAT, was APEG, was HCMC). For program schedule, submission policies and program request forms, go to www.accesshumboldt.net. Info: 476-1798.

Thursdays at 1:30 pm: Econews Report is back on the air with hosts Greg King and Erica Terence; on KHSU, 90.5 FM. Info: 822-6918 or www.yournec.org.



HOPE Coalition Newsletter & Calendar, Oct. 23, 2007 **Page 4**
PO Box 385 Arcata, CA 95518 **RETURN SERVICE REQUESTED**
 Printed on recycled paper with voluntary labor.

Editorial: Page 1, **Calendar:** Pages 2 - 3, **Stop Cluster Bombs** this page.

Newsletter, **Oct. 23, '07**. Vol. 13, Number 19. Published semi-monthly on 2nd & 4th Tuesdays; **next Nov. 13, '07**. For calendar items PO Box 385, Arcata 95518 or e-mail to hopecoalition@igc.org. **Next deadline. Nov. 7, '07**. Write or e-mail for sample newsletter. Newsletter staff: Mayer Segal, Michael Welch, Dave Keniston, Fhyre Phoenix, Mara Segal, Paloma Orinoco. Web site: www.hopecoalition.org.

“Chaotic Action is Preferable to Orderly Inaction” Will Rogers

Potluck/Letter Writing Monthly: First Friday, next Nov. 2, 6 pm at 2322 Golf Course Rd., Bayside. Bring change for postage and optionally info on issues. For more info: call Wendy at 822-9377. For monthly reminders: mobilmed@igc.org.

Help Save Civilians:

Write a letter to your Members of Congress urging them to co-sponsor the Cluster Munitions Civilian Protection Act of 2007 (S.594, H.R. 1755).

The act has been introduced in the Senate (S.594) by Senators Dianne Feinstein (CA) and Patrick Leahy (VT) and in the House (H.R. 1755) by Representatives Jim McGovern (MA), Betty McCollum (MN), and Darrell Issa (CA). It would ban both the use of cluster munitions in or near civilian populated areas and the use, sale, and transfer of cluster munitions with a failure rate of more than 1%.

The US maintains a stockpile of close to one billion sub-munitions and has used cluster munitions in Afghanistan, Cambodia, Iraq, Kuwait, Laos, Vietnam, and the former Yugoslavia (including Kosovo), often with disastrous human consequences. The humanitarian suffering that continues in countries plagued by the lasting effects of cluster munitions underlines the urgent need to curb the misuse of these weapons. Cluster munitions caused more civilian casualties in Kosovo in 1999 and Iraq in 2003 than any other US weapon system. Cluster munitions used in the Vietnam war are still killing and injuring civilians decades later.

Please urge your elected representatives to cosponsor The Cluster Munitions Civilian Protection Act of 2007 and support clear, sensible US policy on cluster munitions.

Find a sample letter to send to your elected representatives at www.hrw.org/campaigns/clusters/letter_us.htm, then find their addresses at: www.senate.gov and www.house.gov. To register your opinion by telephone, call the Capitol Switchboard at 202-224-3121 and request to be connected to your elected representative.

--- HOPE Coalition Membership Application ---

The Objective of the HOPE Coalition:

To synthesize and promote the individual visions of the organizations that make up Humboldt's environmentally and socially just community. These include, but are not limited to, the following types of organizations: Environmental, Social Justice, Peace, Labor, and Human Service.

Membership: Renewal []
 Individual memberships: \$13 - \$25 per year.
 Organizational memberships: \$25 - \$100 per year.

Make checks to HOPE Coalition. Amount: \$ _____
 Scholarships are available

I can volunteer some time []
 Receive newsletter: By US mail []; By email []; Both []

Name _____

Address _____

Email _____

Phone _____

The HOPE Coalition - PO Box 385 Arcata, CA 95518 - hopecoalition@igc.org - www.hopecoalition.org

The HOPE Coalition Newsletter is now available in Arcata at: the Co-op, & the Northcoast Environmental Center; at the main Humboldt, Arcata, McKinleyville, and Trinidad libraries; and at the Senior Center in Eureka.

PEACE NEWS

Peace Vigils Fridays 5 - 6 pm on the Arcata Plaza. Mondays at 4 pm at the Courthouse in Eureka, 445-5100 ext. 215, ask for Jack.

Vets for Peace Silent Vigil; Fridays, 5 - 6 pm: SW corner Arcata Plaza.

Vets for Peace, Humboldt Bay Chapter 56 meets 1st Thurs. at 7 pm: at the Arcata Marsh Commons. Info: 826-7124.

Women in Black stand in silent vigil every **Friday 5 - 6 pm** at the **Arcata Plaza**, 8th & G, at the **Humboldt County Courthouse** (also Saturdays at noon), the **McKinleyville Shopping Center** on the grassy area out front, and **Fridays 4 - 5 pm** in **Trinidad** at the intersection of Scenic Dr. and Main St.

TALK SHOWS, WORKSHOPS & COMMENTARY

Access Humboldt (Channels 10 & 12, public access TV). For program schedule, submission policies, and program request forms: www.accesshumboldt.net. Channel 12 schedule posted weekly in the Arcata Eye. Info: 476-1798.

COMMENTARY on KEET TV Channel 13 445-8013: **Wide Angle** Tues. at 9 pm

NOW with David Brancaccio. Fri. at 8:30 pm:

COMMENTARY on KGOE 1480 am, 442-2000: **Thom Hartmann**, weekdays 9 am - noon.

Peter B. Collins, weekdays 3 - 6 pm. Progressive talk show from San Francisco.

COMMENTARY on KHSU, 90.5 fm, 826-6089. **Democracy Now!** with Amy Goodman: weekdays 9 - 10 am.

The EcoNews Report with Greg King. 1:30 pm Thursdays.

A World of Possibilities locally produced syndicated public affairs program. 1:30 pm Wednesdays. Info: 826-9111 ext. 18.

COMMENTARY on KMUD, 88.3 fm, 923-2513. **Counterspin**, Sunday 1 - 1:30 pm.

Alternative Radio, Mondays 9 am. Boulder-based award-winning weekly series with David Barsamian.

Animal Advocate, 2nd Thursday, 7 - 8 pm. Animal welfare issues. Info: Barbara Shultz at 986-7835, animaladvocate4@yahoo.com.

A World of Possibilities locally produced syndicated public affairs program. 9 am Tuesdays. Info: 826-9111 ext. 18.

Democracy Now! with Amy Goodman; noon, Mon. - Fri. Also 4 pm Access Humboldt Channel 12. Also 11 am on KIDE 91.3 fm. Also on Free Speech TV (FSTV) Mon. - Fri. midnight, 8 am, noon, or 7 pm.

Civil Liberties Monitoring Project Report; 1st Wednesday, 7 - 8 pm. 923-4646.

Politically Correct Week in Review, call-in radio show, 2nd, 4th, & 5th Mondays at 7 pm 923-3911.

All Things Reconsidered with Eric Kirk. 3rd Thursday at 7 pm.

Global Stuff call-in talk show with Jimmy Durchslag, last Friday, 7 - 8 pm.

PROTECT THE EARTH & ITS LIVING CREATURES

Adopt-the-Bay. Participate in a number of tasks aimed at maintaining a healthy Humboldt Bay. All welcome. Info: 443-0801.

Audubon Society Field Trips; Free field trips through the Arcata Marsh and Wildlife Sanctuary every Saturday at 8:30 am at the Kloop Lake parking lot (foot of I St. in Arcata). Bring your binoculars. Rain or shine. Info: 268-8052 or 822-3613.

Campus Center for Appropriate Technology; info: 826-3551.

Friends of the Dunes; Restoration workdays the first 3 Saturdays every month, 9 am - 1 pm. Info: 444-1397 or info@friendsofthedunes.org. Complete calendar: www.friendsofthedunes.org.

Friends of the Marsh guided interpretive walks every Saturday 2 pm at the Interpretive Center on South G St., Arcata. Info: 826-2359.

Redwood Alliance Climate Action Project. Join others to promote the solutions to global warming. 2nd & 4th Mondays at 5:30 pm at the Arcata Public Library Conference Room. Info: 822-6171, climatechange@redwoodalliance.org; www.redwoodalliance.org.

Wild Urban Gardeners! Meets Wednesdays at 7 pm, 1552 Spear Ave. in Arcata. Promoting food & native plant species, information about compost, greenhouses, seed banks, and community gardens. Info: 822-5861.

ARTS

Arts Alive! Eureka; first Saturday of the month at venues around town. Art, music, dance, refreshments. Info: 442-9054.

Arts! Arcata; second Friday of the month at venues around town and at HSU. Art, music, dance, refreshments. Info: 822-4500.

The Ink People; 411 12th St, Eureka. Hours: Tuesday - Saturday, 11 am - 4 pm. Info: 442-8413 www.inkpeople.org.

Arcata Artisans Cooperative Gallery; H St. on the Plaza. Mon. - Sat. 10 - 6, Sun. 12 - 5. Info: 825-9133, www.arcataartisans.com.

Westhaven Center for the Arts; 501 S. Westhaven Dr. Info: 677-0860, www.westhavenarts.org.

First Street Gallery; 422 First Street, Eureka. Tuesday - Sunday from noon - 5 pm. Info: 443-6363 or www.humboldt.edu/~first.

Clarke Historical Museum; 240 E St., Eureka. Info: 443-1947 or www.clarkemuseum.org.

Morris Graves Museum; 636 F St., Eureka. Wed. - Sun. 12 - 5 pm. www.humboldtarts.org

MEETINGS

Arcata's Nuclear Weapons Free Zone and Peace Commission; 1st Tues. 6:30 pm at Arcata City Hall, 736 F St. Info: 822-5951.
Commission on Status of Women meets 3d Tuesday at 6 pm. Call for place: 822-2502 or www.co.humboldt.ca.us/commissions/csw/.
Eureka Greens meet 3rd Saturday of every month. 3:30-5pm. 321 Coffee (321 Third St. in Old Town). Info: www.EurekaGreens.com.
Green Wheels; Mondays 6:30 pm at the Northcoast Environmental Center. Info: mail@green-wheels.org or www.green-wheels.org.
Humboldt County Human Rights Commission meets 2nd Tues. City Courthouse, Rm. B, Eureka, 6 pm. Info: 268-2548.
Humboldt Democratic Central Committee; 2nd Wednesday at 7 pm. 129 Fifth St. Info: 445-3366 or www.humboltdemocrats.org.
Humboldt Exchange Community Currency Project. Call for meetings: 269-0984.
Humboldt Watershed Council at NEC, 2nd and 4th Wednesdays, 7 - 9 pm. Info: sheds@humboldt1.com.
Mother Jones Club & Humboldt Communist Alliance. Call for meeting times: ncalview@igc.org or 839-3824.
NAACP; Regular 3rd Sunday at 3:30 pm, **PAC** at 2:30 pm, Cooper Gulch Ctr., 8th & Myrtle, Eureka. Info: 268-8287 or 442-2638.
North Coast IWW, the Wobblies meets every 3rd Wed. 6:30 - 8 pm at the Labor Temple, 840 E St., Eureka. Info: 725-8090.
Northern Humboldt Greens meet 2nd Tuesday of the month, 7 - 8 pm. Info: Shaye, 237-2790 or email arcata@greens.org.
Redwood Alliance Climate Action Project, promoting solutions to human-caused climate change. Meet 2nd & 4th Mondays, 5:30 pm
1175 G St. Arcata, upstairs. Info: 822-6171, climatechange@redwoodalliance.org or www.redwoodalliance.org.
Redwood Chapter ACLU meets 3rd Thursday at noon at 917 Third St. in Eureka. Blog at redwoodaclu.blogspot.com. Info: 215-5385.
Sequoia Greens of southern Humboldt. Call for meetings: 923-4488 or encimer@hotmail.com.
Veterans for Peace (SoHum Chapter); 1st Tuesday of Each Month at 7pm at Haynes Vets Hall, Garberville.
Vets for Peace (Humboldt Chapter 56); 1st Thursday at 7 pm in Arcata. Info: 826-7124.
Women's International League for Peace and Freedom (WILPF); meets the last Monday, 7 - 9 pm at the Arcata Public Library, 500
7th St., Arcata. Info: Carol at 668-1901.

CHILDREN & YOUTH

Arts in the Afternoon; a free art studio for teens (6th - 12th grade). Open week days during the school year, 3 - 6 pm at Arcata
Community Center. Sponsored by City of Arcata's Recreation Division. Info: 825-2028.
Cyber Tribe; a local non-profit business where youth can use and gain knowledge in computers. Open to age 12 - 19. Info: 826-1160.
HSU's Natural History Museum, 1315 G St. Arcata. Free drop-in programs on Saturdays at 1 pm. Program info: 826-4479.
Humboldt County Library in Eureka Story Hour: 10 am Fridays & other programs. Info: Jo Ann Bauer, 269-1900.
Humboldt County Teen Court is looking for teen volunteers. Info: 444-0153.
Mondays, Fridays, & Saturdays: PULSE, new Teen Recreation Center; regular programming from 6 - 9 pm at the John Ryan Youth
Center, 1653 J St, Eureka. Info: 268-1858.
Raven Project Queer Coffee House for Youth; Tuesday, 6:30 - 9 pm. Also, girls & women 10 - 24 years meet Wednesdays from 6:30
- 8:30 pm, 523 T St., Eureka, 443-7099.

COMMUNITY & WELL-BEING SERVICES

Buddhist Queers (lesbian, gay, bi, transsexual) Vipassana, Zen, etc. Beginners welcome. phone 269-7044.
Health Insurance and Advocacy Program (HICAP) provides objective information, help, and advocacy for people relying on
Medicare. Info and appointments: 444-3000.
Humboldt Community Switchboard can direct anyone to services in Humboldt County. Info: 441-1001 or www.theswitchboard.org.
Humboldt Domestic Violence Services Support Groups; all services are free. Info & child care: 444-9255. 24-Hour Crisis Line: 443-
6042 or toll free 866-668-6543.
Humboldt Literacy Project, to improve adult reading skills necessary to function on the job, in the family, & in the community. Free &
confidential. Info: 445-3655 or www.humlit.org.
Nature-Based Spiritual Queers (GLBT) pagan, Native American traditions, etc. Newcomers welcome. phone 269-7044.
North Coast Rape Crisis Team; 24 hour crisis line: 445-2881. Business phone: 443-2737.
The Area 1 Agency on Aging sponsors many senior programs. Info: 442-9591 or www.a1aa.org.
The Emma Center Advocacy, support, referral services, library, and classes for trauma and abuse survivors. 920 Samoa Blvd. Suite
207, Arcata. Info: 825-6680 or info@emmacenter.org or www.emmacenter.org.
Vision Loss Services; Lighthouse of the North Coast, solutions for living with vision loss. Info: 268-5646 or www.lighthouse-sf.org.