



The HOPE Coalition

Humboldt Organized for Peace & the Environment

"Working in partnership toward the development of a diverse, just, & sustainable community."

Calendar of Happenings in Humboldt County Inside

[Newsletter Editorial Page – Sept. 23, 2008](#)

A Towering (but Temporary) "Solartopian" Victory Against Nuke Power

adapted from an opinion piece by Harvey Wasserman

The grassroots green energy movement has won a huge—but temporary—victory over the nuke power industry. The triumph comes at the federal level, while state-wide ratepayers are still being gouged to pay for new reactors in Florida, Georgia, the Carolinas, and elsewhere.

But it means that no new major federal loan guarantees will be designated to build new reactors at least until after the November 4 presidential election.

Since last fall the new nuke builders have been badgering Congress to vote them gargantuan subsidies and guarantees. Because they cannot compete in the marketplace with "Solartopian" technologies—such as wind, solar, geothermal, and other clean, renewable sources—no Wall Street investors have been willing to back new reactor construction.

In the fall of 2007, the nuke pushers sponsored an Energy Bill with \$50 billion in loan guarantees for new reactors. But a grass roots campaign, in concert with a wide range of national green groups, defeated the proposal. Not a single major environmental organization supported the hand-outs.

This fall the industry came back with a Senate "drill drill drill" bill pushing new offshore oil wells. Concocted by the "gang of ten," which then somehow became the "gang of twenty," it included a virtual blank check for 20 new reactor loan guarantees. Such a liability could soar to a half-trillion dollars or more.

Amidst the wreckage of last week's Bush-Cheney financial collapse, this became a bit much even for the most fanatic pro-nukers. After the House passed an energy bill devised by Speaker Nancy Pelosi (D-CA) that included zero hand-outs for new nukes, the industry was confronted with a major fight to get them through the Senate. A national call-in campaign from a half-dozen or more anti-nuke groups flooded the Senate switchboard. And with a trillion dollars or more now slated to bail out financial institutions hollowed out by eight years of GOP corruption, the new nuke subsidies became unsustainable.

The industry could re-introduce a new bill for the lame duck session that will follow the November 4 election. But in a short, transitory session, its prospects would be dubious.

Unfortunately, public utilities commissions in the Carolinas, Florida, and Georgia have voted "Construction Work in Progress" handouts to reactor builders in those states. These huge rate hikes force the cost of reactor construction onto electric bills as they are being built. The nuke builders have managed to gouge these rate hikes from state-wide pocketbooks even while refusing to disclose how much the reactors will cost. Current estimates, which have tripled in the last two years, are in the \$6-9 billion range, but a few serious observers believe they can come in at less than \$10 billion each.

Electric rates have already risen 30% in some instances, and are certain to soar far higher. The new nuke tab in Florida, where four reactors are proposed, could soar well over \$40 billion, with none of them coming on line for a decade or more.

But even these projects could hit some walls without federal funding. If it holds, this fall's victory over the apparently endless industry whine for more federal handouts could mark a definitive turning point.

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PEACE NEWS

The Redwood Peace & Justice Center. The RPJC Board is creating a long-term plan and will be launching a fundraising campaign soon for a new, larger space that will better serve the community. Watch this newsletter for further updates. Info: 826-2511 or www.rpjc.net.

ENTERTAINMENT, CELEBRATIONS, & CULTURE

- Friday, September 26: Humboldt Baykeeper Birthday Bash.** Dinner by Hurricane Kate's to benefit Humboldt Baykeeper. Also a silent auction, benefit drawing with incredible prizes, the third annual Waterkeeper of the Year award presentation, and dancing to the West African Highlife Band. \$50 dinner and music, \$15 - \$25 music only. Info: 268-8897.
- Friday, September 26: Eureka Chamber Music Series: Anton Nel, Pianist, winner of several international piano competitions.** 7:30 pm at the Cavalry Lutheran Church, 716 South Ave, Eureka. \$30. Info: 445-9650.
- Saturday, September 27: CCAT's 30th Anniversary Celebration.** Tours of CCAT, a kid zone, workshops, slideshow, greenhouse kick-off, prizes, snacks, live music from the Compost Mountain Boys and more. 1 - 8 pm at CCAT. Free. Info: 826-3551.
- Saturday, September 27: Co-op Eat Local Celebration Potluck.** Bring a dish to share made from local ingredients. 5 - 7 pm at the Bayside Grange. Free or \$5 without a potluck dish. Info: 826-8670, ext 132.
- Saturday, September 27: HSU Music Dept. Faculty Artist Series: Ching-Ming Cheng, John Chernoff, Deborah Clasquin, Elisabeth Harrington;** 8 pm in the Fulkerson Recital Hall, HSU. \$8, \$3. Info: 826-3456.
- Saturday and Sunday, September 27 and 28: 5th Annual Humboldt Bay Paddlefest;** canoe and kayak fun races, water parade, children's activities, live music, clinics and classes for all skill levels, vendor demos and booths, food and beverages, and other water-based activities. Halvorsen Park in Eureka. Info: 826-6016.
- Monday, September 29: Lecture, "Chasing Tsunamis: Changing Perceptions of North Coast Tsunami Risk Over the Past Three Decades,"** presented by HSU Scholar of the Year, Lori Dengler. Free. 5 pm at HSU's Van Duzer Theater. Info: 826-5194.
- Thursday, October 2: First Thursday Film Series: "Lioness,"** the provocative and powerful documentary from Meg McLagan and Daria Sommers tells the story of five women who served together for a year in Iraq. Free admission. 6 - 7:30 pm at the Morris Graves Museum, 636 F St., Eureka. Info: 442-0278 or www.humboldtarts.org.
- Saturday, October 4: Film Premiere: "Pursuit of Equality,"** an emotionally charged film that puts a face on American citizens who strive for marriage equality. \$5. Doors open at 9:30 am, film at 10 am at the Minor Theater in Arcata. Donations to "No on 8" welcomed. Info: 834-4839 or www.QueerHumboldt.org.
- Saturday, October 4: Pastels on the Plaza.** Local artists sponsored by local businesses create pastel works of art on the sidewalks of the Arcata Plaza. Info: Northcoast Children's Services 825-1302 or 825-1313 or www.ncsheadstart.org.
- Saturday, October 4: 2008 Humboldt Solar Neighbors Tour;** free tour of more than 50 solar-powered and energy-efficient buildings located in clusters in Trinidad, McKinleyville/Fieldbrook, Arcata, Bayside/Sunnybrae, Freshwater and Eureka. 10 am - 3 pm. Info and tour starting points: 269-1700 or www.redwoodenergy.org.
- Saturday, October 4: HSU Music Dept. Symphonic Band/Jazz Orchestra** 8 pm in the Fulkerson Recital Hall, HSU. \$7, \$3. Info: 826-3456.
- Saturday and Sunday, October 4 and 5: Redwood Coast Bellydance Festival** live dancing and drumming performances, workshops, kids' activities, shopping bazaar, and more. 10 am - 7 pm at the Arcata Community Center. Info: 443-6876 or www.redwoodcoastbellydance.com.
- Monday, October 6: HSU Music Dept. Guest Artists: Percussion Group of Cincinnati.** 8 pm in the Fulkerson Recital Hall, HSU. \$15, \$10. Info: 826-3456.
- Saturday, October 11: Film Screening: "Eloquent Nude: The Love and Legacy of Edward Weston & Charis Wilson,"** an intimate look at the making of Modern photography. 7 pm at the Morris Graves Museum, Eureka. Info: 442-0278 or ww.humboldtarts.org.

CHILDREN & YOUTH

- Saturday, October 4: Big Bug Discovery Day,** a whole day devoted to insects, bees, spiders, millipedes, scorpions and other bugs. Slideshows, bug crafts, insect ID, neighborhood hikes and more activities. Noon - 5 pm at the HSU Natural History Museum. Free with admission. Info: 826-4479.
- Wednesday, October 8: Share A Story " Once Upon a Dark Night,"** short video, stories, and crafts. A free book is available for each participating family. 6:30 pm at Azalea Hall, McKinleyville, by the McKinleyville Library. Info: 839-4459 or www.humlib.org.
- Wednesday, October 8: Pajama Story Hour "Bats in the Night"** Children are welcome to wear pajamas for this cozy story hour. A simple craft is included. 6:30 pm at the Humboldt County Library, 1313 3rd St., Eureka. Info: 269-1910, www.humlib.org.
- Saturday, October 11: Second Saturday Family Arts Day: Day of the Dead.** Activities for youth and families, including performances, hands-on arts projects, & interactive storytellers. 2 - 4 pm at the Morris Graves Museum, Eureka. Info: 442-0278.

PROTECT THE EARTH & ITS LIVING CREATURES

Wednesday, September 24: Van Duzen Watershed Project presents “Streams, Sediment, and Salmon” a discussion about the Van Duzen River and its tributaries. Sponsored by Friends of the Eel River. 6:30 - 8:30 pm at the Fortuna Monday Club. Speakers include Sal Steinberg, Community Coordinator and Dr. Paul Trichilo, Project Director. Info: 725-0232 or www.fovd.org.

Saturday, September 27: Janes Creek Watershed Clean Up. Clean up the creek and remove invasive plants along its banks. A continental breakfast and BBQ lunch will be provided for volunteers. Bring water, gloves, rubber boots and weather-appropriate clothing. Meet at 9 am at Westwood Manor Park, off Heather Lane and Foster Ave. in Arcata. Info: Seth at 825-4860.

Saturday, October 11: Work Day at the Arcata Marsh and Wildlife Sanctuary. Friends of the Arcata Marsh (FOAM) is joining with the City of Arcata to sponsor a work day. Volunteers will focus on removing invasive plants. Meet at the Interpretive Center at 9 am dressed to get dirty. Please bring work gloves. Tools, garbage bags, and snacks will be provided. Info: Dennis at 825-2163.

Saturdays, Ongoing: Free tours of the Arcata Marsh and Wildlife Sanctuary. Rain-or-shine, docent-led field trips. Meet with binoculars in the parking lot at the south end of I Street in Arcata at 8:30 am.

Saturdays, Ongoing: Friends of the Arcata Marsh Docent-Led Walks. A 90-minute, docent-led walk focusing on different topics of the marsh. 2 pm at the Interpretive Center on South G St. Info: 826-2359.

WORKSHOPS, CLASSES, MISCELLANY

Friday, September 26: Docent Training at the Natural History Museum. Share your love of nature and help improve kids' understanding of science. Become a docent and give natural science programs to school groups visiting the Museum. 10 am - noon. Info: 826-4478.

T Time on Tuesdays. Every Tuesday at 5:30 pm we at Democracy Unlimited will be dedicating our staff time to doing the nuts and bolts organizing needed to mobilize the community into action. Be part of the effort! Info: 269-0984.

Catalysts For Change Seeks Volunteers. Looking for volunteers to help mobilize local youth leaders to work towards youth suicide prevention. Info: 443-9659.

Ongoing: Volunteer Center of the Redwoods (VCOR) The Drop of a Hat Brigade connects volunteers of all ages with one time and short-term events. RSVP provides benefits such as limited mileage reimbursement for volunteers ages 55 and older. DOORS lends support to volunteers with disabilities. Info on these and other volunteer opportunities: 442-3711 or www.a1aa.org/VCOR/.

Fridays, Ongoing: Depression and Bipolar Support Alliance: Arcata Support Groups; free, voluntary, and open peer-support groups for those experiencing depression (seasonal, situational, or chronic) and/or mood swings. Open to the public. Family and friends are also welcome. 6 pm at the Arcata Library Conference Room. Info: 443-9659 or dbsahumb@sbcglobal.net.

MEETINGS

Thursday, October 2: The Humboldt Human Rights Commission holds its monthly meeting at 5 pm in Conference Room A of The County Courthouse in Eureka. Note that this is a **change in meeting time**.

Women's Int'l League for Peace and Freedom will have no monthly meeting for September. October's meeting will be in the Arcata library conference room on Monday, October 27.

TALK SHOWS, COMMENTARY, & MEDIA SPECIALS

Regularly scheduled programs are now listed in the insert. Special programs or specific guests will be listed here.

Bill Moyers Journal Interviews and news analysis on a wide range of issues. PBS, KEET TV Channel 13 on Fridays at 9 pm and Wednesdays at 11:30 am, or on the Internet at www.pbs.org/moyers/journal.

Access Humboldt (Channels 10 & 12, public access TV, was ACAT, was APEG, was HCMC). For program schedule, submission policies and program request forms, go to www.accesshumboldt.net. Info: 476-1798.

Thursdays at 1:30 pm: Econews Report is on the air with hosts Greg King and Erica Terence; on KHSU, 90.5 FM. Info: 822-6918 or www.yournec.org.



HOPE Coalition Newsletter & Calendar, Sept. 23, 2008 **Page 4**
PO Box 385 Arcata, CA 95518 **RETURN SERVICE REQUESTED**
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Editorial: Page 1, **Calendar:** Pages 2 - 3, **Action Item:** this page.

Newsletter, **Sept. 23, '08**. Vol. 14, Number 18. Published semi-monthly on 2nd & 4th Tuesdays; **next Oct. 14, '08**. For calendar items PO Box 385, Arcata 95518 or e-mail to hopecoalition@igc.org. **Next deadline. Oct. 9, '08**. Write or e-mail for sample newsletter. Newsletter staff: Mayer Segal, Michael Welch, Dave Keniston, Mara Segal, Paloma Orinoco. Web site: www.hopecoalition.org.

“Chaotic Action is Preferable to Orderly Inaction”—Will Rogers

Potluck/Letter Writing Monthly: First Friday, next Oct. 3, 6 pm at 2322 Golf Course Rd., Bayside. Bring change for postage and optionally info on issues. For more info: call Wendy at 822-9377. For monthly reminders: mobilmed@igc.org.

Blow to Nukes *(continued from Page 1)*

Another blow to the nuke builders came this week when Constellation Energy, the first major corporation to file for loan guarantees for a new reactor (proposed for Maryland) collapsed from a share price of about \$107 per share in January to about \$26 last week, when it was bought up by Warren Buffet. It is unclear what will happen to the Calvert Cliffs project, but Buffett recently cancelled a new reactor deal in Idaho.

This past week Google CEO Eric Schmidt publicly endorsed the idea of a totally green-powered US by 2030. Once dismissed as an unrealistic Solartopian dream, the backing from a huge, financially stable corporation like Google also marks a major turning point.

The idea of still more billions flowing into the fifty-year failure of atomic power has been a major barrier to a sustainable energy future. With green technology surging ahead on all fronts, and with the prospect of Congress finally owning up to Wall Street's lack of both the will and the resources to fund new construction, the true dawn of the Solartopian age may have just come much closer.

*Harvey Wasserman's SOLARTOPIA! Our Green-Powered Earth, AD 2030 is at www.solartopia.org.
 He edits the NukeFree.org web site, and in 1973 helped coin the phrase "No Nukes."*

--- HOPE Coalition Needs Your Support ---

The Objective of the HOPE Coalition:

To synthesize & promote the individual visions of the organizations that make up Humboldt's environmentally & socially just community. These include, but are not limited to, the following organizations: Environmental, Social Justice, Peace, Labor, & Human Service.

Yes, I would like to help support the HOPE Coalition's newsletter and other efforts:

- \$25 \$50 \$100
 \$500 \$15 \$_____ other

Name _____

Address _____

Make checks to payable to: HOPE Coalition.

Email _____

I wish to receive newsletter by

- US mail Email Both

Phone _____

The HOPE Coalition - PO Box 385 Arcata, CA 95518 - hopecoalition@igc.org - www.hopecoalition.org

The HOPE Coalition Newsletter is available in Arcata at: the Co-op, & the Northcoast Environmental Center; at the main Humboldt, Arcata, McKinleyville, and Trinidad libraries; and at the Senior Center in Eureka.

HOPE Coalition Newsletter Insert—this insert contains regularly scheduled events. For special happenings and one-time events, see the regular calendar that follows the page one editorial.

PEACE NEWS

Peace Vigils Fridays 5 - 6 pm on the Arcata Plaza. Mondays at 4 pm at the Courthouse in Eureka, 445-5100 ext. 215, ask for Jack.
Vets for Peace Silent Vigil; Fridays, 5 - 6 pm: SW corner Arcata Plaza.
Vets for Peace, Humboldt Bay Chapter 56 meets 1st Thurs. at 7 pm: at the Arcata Marsh Commons. Info: 826-7124.
Women in Black stand in silent vigil every **Friday 5 - 6 pm** at the **Arcata Plaza**, 8th & G, at the **Humboldt County Courthouse** (also Saturdays at noon), the **McKinleyville Shopping Center** on the grassy area out front, and **Fridays 4 - 5 pm** in **Trinidad** at the intersection of Scenic Dr. and Main St.

TALK SHOWS, WORKSHOPS & COMMENTARY

Access Humboldt (Channels 10 & 12, public access TV). For program schedule, submission policies, and program request forms: www.accesshumboldt.net. Channel 12 schedule posted weekly in the Arcata Eye. Info: 476-1798.

COMMENTARY on KEET TV Channel 13 445-8013: **Wide Angle** Tues. at 9 pm

NOW with David Brancaccio. Fri. at 8:30 pm:

COMMENTARY on KGOE 1480 am, 442-2000: **Thom Hartmann**, weekdays 9 am - noon.

Peter B. Collins, weekdays 3 - 6 pm. Progressive talk show from San Francisco.

COMMENTARY on KHSU, 90.5 fm, 826-6089. **Democracy Now!** with Amy Goodman: weekdays 9 - 10 am.

The Econews Report with Greg King. 1:30 pm Thursdays.

A World of Possibilities locally produced syndicated public affairs program. 1:30 pm Wednesdays. Info: 826-9111 ext. 18.

COMMENTARY on KMUD, 88.3 fm, 923-2513. **Counterspin**, Sunday 1 - 1:30 pm.

Alternative Radio, Mondays 9 am. Boulder-based award-winning weekly series with David Barsamian.

Animal Advocate, 2nd Thursday, 7 - 8 pm. Animal welfare issues. Info: Barbara Shultz at 986-7835, animaladvocate4@yahoo.com.

A World of Possibilities locally produced syndicated public affairs program. 9 am Tuesdays. Info: 826-9111 ext. 18.

Democracy Now! with Amy Goodman; noon, Mon. - Fri. Also 4 pm Access Humboldt Channel 12. Also 11 am on KIDE 91.3 fm. Also on Free Speech TV (FSTV) Mon. - Fri. midnight, 8 am, noon, or 7 pm.

Civil Liberties Monitoring Project Report; 1st Wednesday, 7 - 8 pm. 923-4646.

Politically Correct Week in Review, call-in radio show, 2nd, 4th, & 5th Mondays at 7 pm 923-3911.

All Things Reconsidered with Eric Kirk. 3rd Thursday at 7 pm.

Global Stuff call-in talk show with Jimmy Durchslag, last Friday, 7 - 8 pm.

PROTECT THE EARTH & ITS LIVING CREATURES

Adopt-the-Bay. Participate in a number of tasks aimed at maintaining a healthy Humboldt Bay. All welcome. Info: 443-0801.

Audubon Society Field Trips; Free field trips through the Arcata Marsh and Wildlife Sanctuary every Saturday at 8:30 am at the Kloop

Lake parking lot (foot of I St. in Arcata). Bring your binoculars. Rain or shine. Info: 268-8052 or 822-3613.

Campus Center for Appropriate Technology; info: 826-3551.

Friends of the Dunes; Restoration workdays the first 3 Saturdays every month, 9 am - 1 pm. Info: 444-1397 or

info@friendsofthedunes.org. Complete calendar: www.friendsofthedunes.org.

Friends of the Marsh guided interpretive walks every Saturday 2 pm at the Interpretive Center on South G St., Arcata. Info: 826-2359.

Redwood Alliance Climate Action Project. (Public meetings temporarily suspended until after the election.) Info: 822-6171,

climatechange@redwoodalliance.org; www.redwoodalliance.org.

Wild Urban Gardeners! Meets Wednesdays at 7 pm, 1552 Spear Ave. in Arcata. Promoting food & native plant species, information about compost, greenhouses, seed banks, and community gardens. Info: 822-5861.

ARTS

Arts Alive! Eureka; first Saturday of the month at venues around town. Art, music, dance, refreshments. Info: 442-9054.

Arts! Arcata; second Friday of the month at venues around town and at HSU. Art, music, dance, refreshments. Info: 822-4500.

The Ink People; 411 12th St, Eureka. Hours: Tuesday - Saturday, 11 am - 4 pm. Info: 442-8413 www.inkpeople.org.

Arcata Artisans Cooperative Gallery; H St. on the Plaza. Mon. - Sat. 10 - 6, Sun. 12 - 5. Info: 825-9133, www.arcataartisans.com.

Westhaven Center for the Arts; 501 S. Westhaven Dr. Info: 677-0860, www.westhavenarts.org.

First Street Gallery; 422 First Street, Eureka. Tuesday - Sunday from noon - 5 pm. Info: 443-6363 or www.humboldt.edu/~first.

Clarke Historical Museum; 240 E St., Eureka. Info: 443-1947 or www.clarkemuseum.org.

Morris Graves Museum; 636 F St., Eureka. Wed. - Sun. 12 - 5 pm. www.humboldtarts.org

MEETINGS

Arcata's Nuclear Weapons Free Zone and Peace Commission; 1st Tues. 6:30 pm at Arcata City Hall, 736 F St. Info: 822-5951.
Commission on Status of Women meets 3d Tuesday at 6 pm. Call for place: 822-2502 or www.co.humboldt.ca.us/commissions/csw/.
Eureka Greens meet 3rd Saturday of every month. 3:30-5pm. 321 Coffee (321 Third St. in Old Town). Info: www.EurekaGreens.com.
Green Wheels; Mondays 6:30 pm at the Northcoast Environmental Center. Info: mail@green-wheels.org or www.green-wheels.org.
Humboldt County Human Rights Commission meets 2nd Tues. City Courthouse, Rm. B, Eureka, 6 pm. Info: 268-2548.
Humboldt Democratic Central Committee; 2nd Wednesday at 7 pm. 129 Fifth St. Info: 445-3366 or www.humboltdemocrats.org.
Humboldt Exchange Community Currency Project. Call for meetings: 269-0984.
Humboldt Watershed Council at NEC, 2nd and 4th Wednesdays, 7 - 9 pm. Info: sheds@humboldt1.com.
Mother Jones Club & Humboldt Communist Alliance. Call for meeting times: ncalview@igc.org or 839-3824.
NAACP; Regular 3rd Sunday at 3:30 pm, **PAC** at 2:30 pm, Cooper Gulch Ctr., 8th & Myrtle, Eureka. Info: 268-8287 or 442-2638.
North Coast IWW, the Wobblies meets every 3rd Wed. 6:30 - 8 pm at the Labor Temple, 840 E St., Eureka. Info: 725-8090.
Northern Humboldt Greens meet 2nd Tuesday of the month, 7 - 8 pm. Info: Shaye, 237-2790 or email arcata@greens.org.
Redwood Chapter ACLU meets 3rd Thursday at noon at 917 Third St. in Eureka. Blog at redwoodaclu.blogspot.com. Info: 215-5385.
Sequoia Greens of southern Humboldt. Call for meetings: 923-4488 or encimer@hotmail.com.
Veterans for Peace (SoHum Chapter); 1st Tuesday of Each Month at 7pm at Haynes Vets Hall, Garberville.
Vets for Peace (Humboldt Chapter 56); 1st Thursday at 7 pm in Arcata. Info: 826-7124.
Women's International League for Peace and Freedom (WILPF); meets the last Monday, 7 - 9 pm at the Arcata Public Library, 500 7th St., Arcata. Info: Carol at 668-1901.

CHILDREN & YOUTH

Arts in the Afternoon; a free art studio for teens (6th - 12th grade). Open week days during the school year, 3 - 6 pm at Arcata Community Center. Sponsored by City of Arcata's Recreation Division. Info: 825-2028.
Cyber Tribe; a local non-profit business where youth can use and gain knowledge in computers. Open to age 12 - 19. Info: 826-1160.
HSU's Natural History Museum, 1315 G St. Arcata. Free drop-in programs on Saturdays at 1 pm. Program info: 826-4479.
Humboldt County Library in Eureka Story Hour: 10 am Fridays & other programs. Info: Jo Ann Bauer, 269-1900.
Humboldt County Teen Court is looking for teen volunteers. Info: 444-0153.
Mondays, Fridays, & Saturdays: PULSE, new Teen Recreation Center; regular programming from 6 - 9 pm at the John Ryan Youth Center, 1653 J St, Eureka. Info: 268-1858.
Raven Project Queer Coffee House for Youth; Tuesday, 6:30 - 9 pm. Also, girls & women 10 - 24 years meet Wednesdays from 6:30 - 8:30 pm, 523 T St., Eureka, 443-7099.

COMMUNITY & WELL-BEING SERVICES

Buddhist Queers (lesbian, gay, bi, transsexual) Vipassana, Zen, etc. Beginners welcome. phone 269-7044.
Health Insurance and Advocacy Program (HICAP) provides objective information, help, and advocacy for people relying on Medicare. Info and appointments: 444-3000.
Humboldt Community Switchboard can direct anyone to services in Humboldt County. Info: 441-1001 or www.theswitchboard.org.
Humboldt Domestic Violence Services Support Groups; all services are free. Info & child care: 444-9255. 24-Hour Crisis Line: 443-6042 or toll free 866-668-6543.
Humboldt Literacy Project, to improve adult reading skills necessary to function on the job, in the family, & in the community. Free & confidential. Info: 445-3655 or www.humlit.org.
Nature-Based Spiritual Queers (GLBT) pagan, Native American traditions, etc. Newcomers welcome. phone 269-7044.
North Coast Rape Crisis Team; 24 hour crisis line: 445-2881. Business phone: 443-2737.
The Area 1 Agency on Aging sponsors many senior programs. Info: 442-9591 or www.a1aa.org.
The Emma Center Advocacy, support, referral services, library, and classes for trauma and abuse survivors. 920 Samoa Blvd. Suite 207, Arcata. Info: 825-6680 or info@emmacenter.org or www.emmacenter.org.
Vision Loss Services; Lighthouse of the North Coast, solutions for living with vision loss. Info: 268-5646 or www.lighthouse-sf.org.