

The HOPE Coalition

Humboldt Organized for Peace & the Environment

"Working in partnership toward the development of a diverse, just, & sustainable community."

Calendar of Happenings in Humboldt County Inside

Newsletter Editorial Page – September 22, 2009

George W. Bush Chuckles To Self Upon Thinking About How He Was President Of The United States For Almost A Decade

While sitting alone on the porch of his home late Monday afternoon, George W. Bush, 63, chuckled upon suddenly remembering that he was once the president of the United States of America for nearly a decade.

"Huh," uttered the amused former world leader, reflecting upon how for eight years he controlled the executive branch of the most powerful nation on earth, executed its federal laws, and acted as commander in chief of its 1.4 million active-duty troops. "President."

"Man, oh, man," Bush added. "Ha!"

According to neighborhood sources, Bush then clapped his hands together lightly and shook his head in apparent disbelief.

Bush, who served as president of the United States from 2001 to 2009, had reportedly been on the verge of nodding off during Monday afternoon's porch-sitting, and appeared pleasantly taken aback by the unexpected remembrance of his years in the White House.

"I was president," murmured Bush, his mind returning again and again to the thought of "eight years" as he emitted a series of short, guttural laughs that reportedly grew in volume the longer he lingered on his time in office. "That was what I did for a living. Me. George W. Bush. For almost a decade."

"I did that," Bush added. "As my job."

Continued Bush, "I'll be damned if I wasn't the president of the United States of America."

Witnesses said the former president's chuckling grew even stronger as it dawned on him that, for eight straight years beginning in January 2001, he had the power to nominate executive and judicial officers to the federal government, as well as grant unlimited presidential pardons and reprieves if he so desired.

Bush was then reportedly further tickled by the thought that he once had the authority to issue a televised address to the entire nation on a whim, gain an audience with any foreign leader he pleased, and launch all of the country's 2,700 active nuclear warheads at once, as these are all privileges reserved for the president of the United States, which is what George W. Bush was for two consecutive four-year terms.

"Whew! That's a hell of a thing," said Bush, his eyes filling with deep reservoirs of tears as his chuckles turned to outright guffaws. "That is just...Wow."

As the sun began to set over his private residence in the Preston Hollow neighborhood of Dallas, Bush wiped the tears from his eyes and headed back inside for dinner.

"Hoo, boy," said the 43rd president of the United States of America, George W. Bush, who was elected to the office on two separate occasions and served in the White House for the 225th through 232nd years of this country's history. "I can't believe it."

Added Bush, "I just can't believe it."



[Thanks to www.theonion.com]

ENTERTAINMENT, CELEBRATIONS, & CULTURE

September: Local Food Month, a county-wide celebration of local food, local farmers, and local abundance, intended to raise awareness of agriculture and healthy food systems in Humboldt County. Visit CAFF's website for more info: www.caff.org/humboldt/.

Saturday, September 26: Deborah Clasquin Memorial Scholarship Benefit, featuring pianist Ryan MacEvoy-McCullough and many of Ms. Clasquin's colleagues. 8 pm in the Fulkerson Recital Hall, HSU. \$20, donations gladly accepted. Info: 826-3456.

Sunday, September 27: Gardeners "Farmers" Market. 11 am - 1 pm at the Manila Community Center. Gardeners barter surplus veggies with others and the general public (facilitated by Community Currency. Legal, homegrown items only, no processed or prepared food. Info: Dan Ihara dmi1@humboldt.edu or Peter Oakland poakland@gmail.com.

Sunday, September 27: Fall Farm Tour and Open House. Explore Redwood Roots Farm and learn about preparing the garden for winter. Guided walking tour at 1:30. Free. 1 - 3 pm at Redwood Roots Farm, Bayside. Info: 826-0211.

Thursday, October 1: Art:21 - Art in the 21st Century... Season 5, a contemporary art film screening and discussion series. Art professor Julie Alderson will discuss topics based upon the films and various themes of Compassion, Fantasy, Transformation and Systems. Free admission. 6 pm at the Morris Graves Museum, 636 F St., Eureka. Info: 442-0278 or www.humboldtarts.org.

Friday, October 2: Moon Festival, an evening of storytelling, singing, poetry, and mooncakes in celebration of the Autumn Moon Festival! 4 - 6 pm at the Kate Buchanan Room, HSU. Free. Info: 822-3369.

Friday, October 2: A Taste for Kid's Sake: Regional Wine, Cheese & Chocolate Gala featuring delicious local flavors, music and a silent auction in support of Northcoast Big Brothers, Big Sisters and Community Alliance with Family Farmers. 5:30 - 8:30 pm at the Adorni Center. \$25. Info and tickets: 444-3255.

Saturday, October 3: Pastels on the Plaza. Local artists sponsored by local businesses create pastel works of art on the sidewalks of the Arcata Plaza. Info: Northcoast Children's Services 825-1302 or 825-1313 or www.ncsheadstart.org.

Saturday, October 3: 24th Annual Fortuna Apple Harvest Festival, annual town-wide festival with tastings, hayrides, music and more. All day. Info: 725-3959, 725-9261 or www.sunnyfortuna.com.

Saturday and Sunday, October 3 and 4: Redwood Coast Bellydance Festival featuring live dancing and drumming performances, workshops, kids' activities, shopping bazaar, and more. Noon - 8 pm Saturday, noon - 6 pm Sunday at the Arcata Community Center. \$5, kids under 12 free. Info: 616-6876 or www.redwoodcoastbellydance.com.

Sunday, October 4: 2009 Humboldt Solar Neighbors Tour; free tour of more than 6 solar-powered and energy-efficient homes in Arcata and Eureka. 11 am - 4 pm, with a reception following at the Redwood Coast Energy Authority, 517 5th Street, Eureka. Info and tour starting points: 269-1700 or www.redwoodenergy.org.

Sunday, October 4: Co-op "Eat Local" Celebration Potluck. Bring a dish to share made from local ingredients and compete in the Localvore Recipe Contest. Prizes will be given. 5 - 7 pm at the Bayside Grange. Free or \$5 without a potluck dish. Info: 826-8670, ext 132.

Thursday, October 8: Art:21 - Art in the 21st Century... Season 5, a contemporary art film screening and discussion series. Art professor Julie Alderson will discuss topics based upon the films and various themes of Compassion, Fantasy, Transformation and Systems. Free admission. 6 pm at the Morris Graves Museum, 636 F St., Eureka. Info: 442-0278 or www.humboldtarts.org.

Friday, October 9: Eureka Chamber Music Series: The Raphael Trio, regulars in the leading concert halls of the United States and abroad. 7:30 pm at the Cavalry Lutheran Church, 716 South Ave, Eureka. \$30. Info: 445-9650.

Saturday, October 10: Presentation: "Environmental Health: A New Civil Rights Movement," by Sandra Steingraber, renowned ecologist, author, cancer survivor and internationally recognized expert on the environmental links between cancer and human health. Reception at 6 pm, presentation at 7 pm. Kate Buchanan Room, HSU. \$20, students free (must reserve). Info: 442-2961.

CHILDREN, YOUTH & ALL AGES

Sunday, September 27: "Take a Child Outside Day," a free festival of fun and outdoor play for kids and their caregivers featuring nature-based activities, games and music. 10 am - 3 pm at Sequoia Park. Info: 445-4321, ext. 104.

Friday, October 2: Moon Festival, an evening of storytelling, singing, poetry, and mooncakes in celebration of the Autumn Moon Festival! 4 - 6 pm at the Kate Buchanan Room, HSU. Free. Info: 822-3369.

Saturday, October 3: KEET's Kids Club at the Morris Graves Museum of Art, featuring short stories and art activities geared to youth 2 - 8 years old. Every family takes home a free book. October's book is "The Wind Blew." Free. Noon to 2 pm. Info: 442-0278.

Saturday, October 10: Second Saturday Family Arts Day: "Day of the Dead." Activities for youth and families, featuring folkloric dancing, bi-lingual story-telling and a Community Altar. 2 - 4 pm at the Morris Graves Museum at 636 F St., Eureka. Info: 442-0278.

Sunday, October 11: Second Sunday Afternoon Dance: Studio of Dance Arts. Free dance performances from local dance companies. 2 - 4 pm at the Morris Graves Museum, 636 F St., Eureka. Info: 442-0278.

PROTECT THE EARTH & ITS LIVING CREATURES

Saturday, September 26: "Spartina Shindig." Help remove invasive *Spartina densiflora* at the Humboldt Bay National Wildlife Refuge. Free BBQ lunch and T-shirts for volunteers. 9 am - 1 pm or 10 am - 2 pm. Sign up for a time slot or more info: 444-1307.

Ongoing Through September: Lost Coast Hikes With Sanctuary Forest; educational hikes that highlight the magnificent diversity of plant and animal life in the Sanctuary Forest, Sinkyone Wilderness State Park, and the King Range National Conservation Area. Info, reservations and schedules: 986-1087 ext. 5 or www.sanctuaryforest.org.

Saturdays, Ongoing: Free tours of the Arcata Marsh and Wildlife Sanctuary. Rain-or-shine, docent-led field trips. Meet with binoculars in the parking lot at the south end of I Street in Arcata at 8:30 am.

Saturdays, Ongoing: Friends of the Arcata Marsh Docent-Led Walks. A 90-minute, docent-led walk focusing on different topics of the marsh. 2 pm at the Interpretive Center on South G St. Info: 826-2359.

WORKSHOPS, CLASSES, MISCELLANY

Saturday, September 26: DUHC Free Workshop: "The Revolution Will Not Be Microwaved: Food and Democracy Workshop." Participants will address how corporations grew to dominate food and agriculture systems, and how people can cultivate local, healthy food in their own communities. Info: 269-0984 or e-mail info@DUHC.org

Sunday, September 27: Fall Farm Tour and Open House. Explore Redwood Roots Farm and learn about preparing the garden for winter. Guided walking tour at 1:30. Free. 1 - 3 pm at Redwood Roots Farm, Bayside. Info: 826-0211.

League of Women Voters Candidate Forums:

Wednesday, October 7: Harbor District, Divisions 3 and 4. 6:30 - 8:30 pm at Humboldt area Foundation, Indianola Cut-off.

Tuesday, October 13: Manila Community Services District. 7 - 9 pm at the Manila Community Center.

Tuesday, October 13: "Frank Language about Our Water," a community discussion about long term planning around water rights and rates, featuring an overview of the water district's history and current situation and discussion of impacts, community values and decision-making criteria. The goal of these meetings is to develop criteria, generate options, and evaluate those options to assist the HBMWD board in developing broadly accepted and understood recommendations for long-term planning. 6 - 8:30 pm at Azalea Hall in McKinleyville. Info: 839-8033.

Wednesday, October 13: "Frank Language about Our Water," 6 - 8:30 pm in the D Street Neighborhood Center in Arcata. See above. Info: 839-8033.

MEETINGS

Thursday, October 1: The Humboldt County Human Rights Commission meets at 5 pm in Conference Room A in the county courthouse in Eureka. Among items on the agenda will be discussion of the Law Enforcement Advisory Committee to be considered by The Board of Supervisors, the homeless community and issues of shelter and affordable housing. The public is encouraged to attend. Info: 668-4095.

TALK SHOWS, COMMENTARY, & MEDIA SPECIALS

Regularly scheduled programs are now listed in the insert. Special programs or specific guests will be listed here.

"Thursday Night Talk" hosted by David Cobb of Democracy Unlimited airs every Thursday 7:30 - 8:30 pm on KHSU FM 90.5. It is a live call-in show, so it's a great way to have your opinion heard by thousands of listeners. The studio line is 826-4805.

"Conversation with Paul Mann," a new public affairs program covering national and international issues with local guests and callers. Tuesday evenings from 7:30 - 8:30 on KHSU FM 90.5. Studio line: 826-4805.

Bill Moyers Journal Interviews and news analysis on a wide range of issues. PBS, KEET TV Channel 13 on Fridays at 9 pm and Wednesdays at 11:30 am, or on the Internet at www.pbs.org/moyers/journal. Info: 445-0813 or www.keet.org.



HOPE Coalition Newsletter & Calendar, Sept. 22, 2009
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Save paper & \$\$\$. Let us know if you would rather receive this by email.

Editorial: Page 1, **Calendar:** Pages 2 - 3, **Action Item:** this page.

Newsletter, **September 22, '09**. Vol. 15, Number 18. Published semi-monthly on 2nd & 4th Tuesdays; **next Oct. 13, '09**. For calendar items PO Box 873, Arcata 95518 or e-mail to hopecoalition@igc.org. **Next deadline. Oct. 8, '09**. Write or e-mail for sample newsletter. Newsletter volunteers: Dave Keniston, Mara Segal, Mayer Segal, Michael Welch, Paloma Orinoco. Web site: www.hopecoalition.org.

“Chaotic Action is Preferable to Orderly Inaction”—Will Rogers

Health Care NOT Warfare Revisited

Last week we used a quote purportedly from Mike Thompson but provided by someone who attended a town hall meeting where Mike was in attendance. I got a call from one of his staffers, denying that Mike made that statement. I not going to get in the middle of an argument over who was right and who was wrong about what was said, but here is what Mike and his staff suggested be put in this week’s newsletter, and **with no wording changed from their original emailed suggestion:**

In our last issue, the quote from Congressman Mike Thompson regarding a single-payer health plan was not accurate. He read our newsletter and asked that a clarification be issued. Here is the Congressman’s statement:

“There is widespread agreement that something must be done to give the tens of millions of Americans who are uninsured or underinsured access to quality, affordable health care. Many ideas on how to reform our system have been suggested, but the reality is, we need to find a solution that the majority of Americans support. I am a strong supporter of the public option, and will continue to work to pass the strongest reform bill possible.”

During that phone call, the staffer also made another point: “Single payer is not going to happen,” and the best we can get is going to be what is called the public option. But it is the Senate and not the House that will likely stand in the way of the public option. Mike’s staffer suggested that calls to Senators were more important than to Representatives, and I agree. So, please continue contacting Senators, including the CA ones:

Sen. Barbara Boxer
 112 Hart Senate Office Building
 Washington, D.C. 20510
 Phone: (202) 224-3553
 Fax: (202) 224-0454

Sen. Diane Feinstein
 331 Hart Senate Office Building
 Washington, D.C. 20510
 Phone: (202) 224-3841
 Fax: (202) 228-3954

--- HOPE Coalition Needs Your Support ---

The Objective of the HOPE Coalition:

To synthesize & promote the individual visions of the organizations that make up Humboldt’s environmentally & socially just community. These include, but are not limited to, the following organizations: Environmental, Social Justice, Peace, Labor, & Human Service.

Yes, I would like to help support the HOPE Coalition’s newsletter and other efforts:

- \$25 \$50 \$100
 \$500 \$15 \$_____ other

Name _____

Address _____

Make checks to payable to: HOPE Coalition.

Email _____

I wish to receive newsletter by

- US mail Email Both

Phone _____

The HOPE Coalition - PO Box 873 Arcata, CA 95518 - hopecoalition@igc.org - www.hopecoalition.org

The HOPE Coalition Newsletter is available in Arcata at: the Co-op, & the Northcoast Environmental Center; at the main Humboldt, Arcata, McKinleyville, and Trinidad libraries; and at the Senior Center in Eureka.

HOPE Coalition Newsletter Insert—this insert contains regularly scheduled events. For special happenings and one-time events, see the regular calendar that follows the page one editorial.

PEACE NEWS

Peace Vigils Fridays 5 - 6 pm on the Arcata Plaza. Mondays at 4 pm at the Courthouse in Eureka, 445-5100 ext. 215, ask for Jack.
Vets for Peace Silent Vigil; Fridays, 5 - 6 pm: SW corner Arcata Plaza.
Vets for Peace, Humboldt Bay Chapter 56 meets 1st Thurs. at 7 pm: at the Arcata Marsh Commons. Info: 826-7124.
Women in Black stand in silent vigil every **Friday 5 - 6 pm** at the **Arcata Plaza**, 8th & G, at the **Humboldt County Courthouse** (also Saturdays at noon), the **McKinleyville Shopping Center** on the grassy area out front, and **Fridays 4 - 5 pm** in **Trinidad** at the intersection of Scenic Dr. and Main St.

TALK SHOWS, WORKSHOPS & COMMENTARY

Access Humboldt: Public, education & government media access. Cable channels 8, 10, 11 & 12. For program schedule, submission policies, and program request forms go to www.accesshumboldt.net. Call or email for further info. 476-1798 or info@accesshumboldt.net.

COMMENTARY on KEET TV Channel 13 445-8013: **Wide Angle** Tues. at 9 pm
NOW with David Brancaccio. Fri. at 8:30 pm:

COMMENTARY on KGOE 1480 am, 442-2000: **Thom Hartmann**, weekdays 9 am - noon.

Peter B. Collins, weekdays 3 - 6 pm. Progressive talk show from San Francisco.

COMMENTARY on KHSU, 90.5 fm, 826-6089. **Democracy Now!** with Amy Goodman: weekdays 9 - 10 am.
The Econews Report with Greg King. 1:30 pm Thursdays.

A World of Possibilities locally produced syndicated public affairs program. 1:30 pm Wednesdays. Info: 826-9111 ext. 18.

COMMENTARY on KMUD, 88.3 fm, 923-2513. **Counterspin**, Sunday 1 - 1:30 pm.

Alternative Radio, Mondays 9 am. Boulder-based award-winning weekly series with David Barsamian.

Animal Advocate, 2nd Thursday, 7 - 8 pm. Animal welfare issues. Info: Barbara Shultz at 986-7835, animaladvocate4@yahoo.com.

A World of Possibilities locally produced syndicated public affairs program. 9 am Tuesdays. Info: 826-9111 ext. 18.

Democracy Now! with Amy Goodman; noon, Mon. - Fri. Also 4 pm Access Humboldt Channel 12. Also 11 am on KIDE 91.3 fm. Also on Free Speech TV (FSTV) Mon. - Fri. midnight, 8 am, noon, or 7 pm.

Civil Liberties Monitoring Project Report; 1st Wednesday, 7 - 8 pm. 923-4646.

Politically Correct Week in Review, call-in radio show, 2nd, 4th, & 5th Mondays at 7 pm 923-3911.

All Things Reconsidered with Eric Kirk. 3rd Thursday at 7 pm.

Global Stuff call-in talk show with Jimmy Durchslag, last Friday, 7 - 8 pm.

PROTECT THE EARTH & ITS LIVING CREATURES

Adopt-the-Bay. Participate in a number of tasks aimed at maintaining a healthy Humboldt Bay. All welcome. Info: 443-0801.

Audubon Society Field Trips; Free field trips through the Arcata Marsh and Wildlife Sanctuary every Saturday at 8:30 am at the Klopp Lake parking lot (foot of I St. in Arcata). Bring your binoculars. Rain or shine. Info: 268-8052 or 822-3613.

Campus Center for Appropriate Technology; info: 826-3551.

Friends of the Dunes; Restoration workdays the first 3 Saturdays every month, 9 am - 1 pm. Info: 444-1397 or info@friendsofthedunes.org. Complete calendar: www.friendsofthedunes.org.

Friends of the Marsh guided interpretive walks every Saturday 2 pm at the Interpretive Center on South G St., Arcata. Info: 826-2359.

Redwood Alliance Climate Action Project. (Public meetings temporarily suspended until after the election.) Info: 822-6171, climatechange@redwoodalliance.org; www.redwoodalliance.org.

Wild Urban Gardeners! Meets Wednesdays at 7 pm, 1552 Spear Ave. in Arcata. Promoting food & native plant species, information about compost, greenhouses, seed banks, and community gardens. Info: 822-5861.

ARTS

Arts Alive! Eureka; first Saturday of the month at venues around town. Art, music, dance, refreshments. Info: 442-9054.

Arts! Arcata; second Friday of the month at venues around town and at HSU. Art, music, dance, refreshments. Info: 822-4500.

The Ink People; 411 12th St, Eureka. Hours: Tuesday - Saturday, 11 am - 4 pm. Info: 442-8413 www.inkpeople.org.

Arcata Artisans Cooperative Gallery; H St. on the Plaza. Mon. - Sat. 10 - 6, Sun. 12 - 5. Info: 825-9133, www.arcataartisans.com.

Westhaven Center for the Arts; 501 S. Westhaven Dr. Info: 677-0860, www.westhavenarts.org.

First Street Gallery; 422 First Street, Eureka. Tuesday - Sunday from noon - 5 pm. Info: 443-6363 or www.humboldt.edu/~first.

Clarke Historical Museum; 240 E St., Eureka. Info: 443-1947 or www.clarkemuseum.org.

Morris Graves Museum; 636 F St., Eureka. Wed. - Sun. 12 - 5 pm. www.humboldtarts.org

MEETINGS

Arcata's Nuclear Weapons Free Zone and Peace Commission. On indefinite hiatus due to lack of a quorum. Applications available at www.cityofarcata.org or at city hall. Info: 822-5951.

Commission on Status of Women meets 3d Tuesday at 6 pm. Call for place: 822-2502 or www.co.humboldt.ca.us/commissions/csw/.

Eureka Greens meet 3rd Saturday of every month. 3:30-5pm. 321 Coffee (321 Third St. in Old Town). Info: www.EurekaGreens.com.

Green Wheels; Mondays 6:30 pm at the Northcoast Environmental Center. Info: mail@green-wheels.org or www.green-wheels.org.

Humboldt County Human Rights Commission meets 2nd Tues. City Courthouse, Rm. B, Eureka, 6 pm. Info: 268-2548.

Humboldt Democratic Central Committee; 2nd Wednesday at 7 pm. 129 Fifth St. Info: 445-3366 or www.humboltdemocrats.org.

Humboldt Exchange Community Currency Project. Call for meetings: 269-0984.

Humboldt Watershed Council at NEC, 2nd and 4th Wednesdays, 7 - 9 pm. Info: sheds@humboldt1.com.

Mother Jones Club & Humboldt Communist Alliance. Call for meeting times: ncalview@igc.org or 839-3824.

NAACP; Regular 3rd Sunday at 3:30 pm, **PAC** at 2:30 pm, Cooper Gulch Ctr., 8th & Myrtle, Eureka. Info: 268-8287 or 442-2638.

North Coast IWW, the Wobblies meets every 3rd Wed. 6:30 - 8 pm at the Labor Temple, 840 E St., Eureka. Info: 725-8090.

Northern Humboldt Greens meet 2nd Tuesday of the month, 7 - 8 pm. Info: Shaye, 237-2790 or email arcata@greens.org.

Redwood Chapter ACLU meets 3rd Thursday at noon at 917 Third St. in Eureka. Blog at redwoodaclu.blogspot.com. Info: 215-5385.

Sequoia Greens of southern Humboldt. Call for meetings: 923-4488 or encimer@hotmail.com.

Veterans for Peace (SoHum Chapter); 1st Tuesday of Each Month at 7pm at Haynes Vets Hall, Garberville.

Vets for Peace (Humboldt Chapter 56); 1st Thursday at 7 pm in Arcata. Info: 826-7124.

Women's International League for Peace and Freedom (WILPF); meets the last Monday, 7 - 9 pm at the Arcata Public Library, 500 7th St., Arcata. Info: Carol at 668-1901.

CHILDREN & YOUTH

Arts in the Afternoon; a free art studio for teens (6th - 12th grade). Open week days during the school year, 3 - 6 pm at Arcata Community Center. Sponsored by City of Arcata's Recreation Division. Info: 825-2028.

Cyber Tribe; a local non-profit business where youth can use and gain knowledge in computers. Open to age 12 - 19. Info: 826-1160.

HSU's Natural History Museum, 1315 G St. Arcata. Free drop-in programs on Saturdays at 1 pm. Program info: 826-4479.

Humboldt County Library in Eureka Story Hour: 10 am Fridays & other programs. Info: Jo Ann Bauer, 269-1900.

Humboldt County Teen Court is looking for teen volunteers. Info: 444-0153.

Mondays, Fridays, & Saturdays: PULSE, new Teen Recreation Center; regular programming from 6 - 9 pm at the John Ryan Youth Center, 1653 J St, Eureka. Info: 268-1858.

Raven Project Queer Coffee House for Youth; Tuesday, 6:30 - 9 pm. Also, girls & women 10 - 24 years meet Wednesdays from 6:30 - 8:30 pm, 523 T St., Eureka, 443-7099.

COMMUNITY & WELL-BEING SERVICES

Buddhist Queers (lesbian, gay, bi, transsexual) Vipassana, Zen, etc. Beginners welcome. phone 269-7044.

Eureka Mindfulness Buddhist Meditation & Discussion. 2nd and 4th Wednesdays of each month. 7:15 pm First Christian Church 730 K St. Wheelchair accessible, fragrance free, beginners welcome. Info: 269-7044.

Health Insurance and Advocacy Program (HICAP) provides objective information, help, and advocacy for people relying on Medicare. Info and appointments: 444-3000.

Healthy Kids Humboldt Enrollment Headquarters offers health care insurance by assisting with Medi-Cal, Healthy Families, and Cal Kids applications for children. 517 3rd Street, Eureka. 442.6066.

Humboldt Community Switchboard can direct anyone to services in Humboldt County. Info: 441-1001 or www.theswitchboard.org.

Humboldt Domestic Violence Services Support Groups; all services are free. Info & child care: 444-9255. 24-Hour Crisis Line: 443-6042 or toll free 866-668-6543.

Humboldt Literacy Project, to improve adult reading skills necessary to function on the job, in the family, & in the community. Free & confidential. Info: 445-3655 or www.humlit.org.

Nature-Based Spiritual Queers (GLBT) pagan, Native American traditions, etc. Newcomers welcome. phone 269-7044.

North Coast Rape Crisis Team; 24 hour crisis line: 445-2881. Business phone: 443-2737.

The Area 1 Agency on Aging sponsors many senior programs. Info: 442-9591 or www.a1aa.org.

The Emma Center Advocacy, support, referral services, library, and classes for trauma and abuse survivors. 920 Samoa Blvd. Suite 207, Arcata. Info: 825-6680 or info@emmacenter.org or www.emmacenter.org.

Vision Loss Services; Lighthouse of the North Coast, solutions for living with vision loss. Info: 268-5646 or www.lighthouse-sf.org.

Ongoing: Drop-in Grief Support Groups. Hospice offers free, drop-in grief support groups in Arcata, Eureka, Fortuna and McKinleyville. These groups are open to anyone in the community experiencing grief and loss of a loved one. Info and schedules: 445-8443.

Ongoing: Volunteer Center of the Redwoods (VCOR): The Drop of a Hat Brigade connects volunteers of all ages with one time and short-term events. RSVP provides benefits such as limited mileage reimbursement for volunteers ages 55 and older. DOORS lends support to volunteers with disabilities. Info on these and other volunteer opportunities: 442-3711 or www.a1aa.org/VCOR/.

Fridays, Ongoing: Depression and Bipolar Support Alliance: Arcata Support Groups; free, voluntary, and open peer-support groups for those experiencing depression (seasonal, situational, or chronic) and/or mood swings. Open to the public. Family and friends are also welcome. 6 pm at the Arcata Library Conference Room. Info: 443-9659 or dbsahumb@sbcglobal.net.