



The HOPE Coalition

Humboldt Organized for Peace & the Environment

"Working in partnership toward the development of a diverse, just, & sustainable community."

Calendar of Happenings in Humboldt County Inside

Newsletter Editorial Page – June 26, 2007

Mental Health Services Act vs. Mental Health Core Services

Guest Editorial by Marianne Pennekamp – Member of Humboldt County Mental Health Board

Monday, June 25th, 2007, an open public input meeting took place (too late for *HOPE Newsletter* coverage) from 4:30 to 6 pm in the large Conference Room of the Professional Building. The Mental Health Services Act (Proposition 63) is designed to address mental illness within a recovery/wellness/discovery model of care. Each County has developed its own plan through community forums, specialty group recommendations, and committees focused on children and youth, transition age, adults, and senior adults. The outcome of all these recommendations was a nine part plan submitted to the State for approval, which was obtained. The June 25th meeting was an opportunity for the community to review how each of the nine parts of the plan is working its way toward implementation. Input into the plan has been extended for 30 days beyond the original date, to insure responses by all interested parties. Overall, the plan is future oriented—how to change the MH /AOD services delivery system up front as people are diagnosed with severe mental illness and/or co-occurring disorder. This is new funding, starting in 2005 - 2006.

The crisis of access to currently needed services, for patients who have chronic mental illness and are long term clients of the Mental Health Branch of the Department of Health and Human Services, documented by Henry Willey over the past few months, is a crisis of decreasing core funding in diagnostic, medication, hospitalization, follow-through, and after care services for patients in current crises or in danger of such crises. This is related to statewide cuts in funding from both the federal and state funding sources such as MediCal. It is also related to the chronic nationwide underfunding of mental health care, as well as to the difficulty in recruiting and retaining psychiatrists and other mental health staff, due, in part to a national shortage of such staff, and, in California specifically, to competition for such staff from the prison system. In many other counties, hospitalization of acutely mentally ill patients has been closed down for lack of funding. Humboldt County operates the only mental health hospital facility still open in northern California's smaller counties, and is struggling to avoid such severe cuts.

So here we are: the State gives with one hand (Proposition 63) and takes with the other hand—defunding core services—even though it is illegal to replace one funding source with another (supplanting).

For further information, call Henry Willey, of Clients Advocating Systems Transformation in Mental Health at 443-9659; and Jaclyn Culleton, MHSA Coordinator, MHB, HC HHSD 476-4087.

Coming Next Month:

The Homeless—Why don't they just go away?

PEACE NEWS

Saturday or Sunday, June 29 or 30: Peace Bus Departs; a bus and driver will depart from Arcata to join up with the Pastors For Peace annual caravan to Cuba. No special event is scheduled, but anyone who would like to contribute gas money or donations for the caravan may contact bus driver Woody at 822-4014.

Thursday, July 5: Dr. Will Tuttle on "Eating For Peace." Dr. Will Tuttle presents a free lecture on the main ideas in his new book, "The World Peace Diet: Eating For Spiritual Health And Social Harmony" (Lantern Books). A vegan (plant-based) potluck begins at 5:30, lecture at 7 pm in the Senior Dining Room at the Arcata Community Center. Info: Martha at 825-1198.

Friday, July 6: Same Event (as above), but in Garberville. 2 - 6 pm at the Garberville Community Garden on Sprowel Creek Road. Info: 986-9743.

ENTERTAINMENT, CELEBRATIONS, & CULTURE

Ongoing Through Saturday, July 21: Dell'Arte's Mad River Festival, beginning with performances of "Tartuffe" by the Dell'Arte Company. For a complete schedule of events or reservations: 668-5663 ext. 20, or www.dellarte.com.

Friday, June 29: "A Way With Words" with the Arcata Choral Artists. Text and song representing the emotions of the human spirit performed by 60 singers. 7:30 pm at the Center for the Performing Arts in Eureka. \$12. Info: 442-1956.

Saturday, June 30: Sequoia Chamber Music Workshop Final Concert; free performance by talented young musicians and their teachers. 10:30 am at the Fulkerson Recital Hall, HSU. Info: 826-3563 or 839-4515.

Saturday, June 30: "America: From Freedom to Fascism," a documentary about what the creator, Aaron Russo, sees as the systematic erosion of civil liberties in the United States since 1913 when the Federal Reserve system was founded. Free. 6:30 pm at the Democratic Central Committee's headquarters, 129 Fifth St, Eureka. Info: Greg at 725-3400 or 733-5184.

Saturday, June 30: TriMusica Concert, featuring Ellen Weiss and Mark and Betty Creaghe in a benefit for the Trinidad Museum Building Fund. 7 pm at Trinidad Town Hall. \$12. Info: 677-3816.

Thursday, July 5: Dr. Will Tuttle on "Eating For Peace." see Peace News, above.

Thursday, July 5: First Thursday Film Series: "Alan Lomax: The Songhunter" by Rogier Kappers. Sensing that the world's indigenous music was being swept away by mass commercial culture, Alan set out after World War II to do draw the folk music map of the world. 7 pm at the Morris Graves Museum, 636 F St., Eureka. Info: 442-0278 or www.humboldtarts.org.

Thursday, July 5: Eureka Summer Concert Series. "Key Lime Pie," New Orleans Funk. Every Thursday a different group performs live, 6 - 8 pm on the Boardwalk, Old Town Eureka. Blankets & beach chairs encouraged. Info: 442-9054.

Thursday and Friday, July 5 and 6: GenNext On Stage, highlighting the work of local teens in "But We Digress" at the Carlo Theatre in Blue Lake. Info or reservations: 668-5663 ext. 20, or www.dellarte.com.

Thursday, July 12: Eureka Summer Concert Series. "Yo Daddy," rock. Every Thursday a different group performs live, 6 - 8 pm on the Boardwalk, Old Town Eureka. Blankets & beach chairs encouraged. Info: 442-9054.

Saturday and Sunday, July 14 and 15: Blues By the Bay, a spectacular line up of world premier blues musicians. Food and beverages (including local micro-brews) and art and craft vendors will be available. Gates open at 9:30 am. Info: 445-3378 or www.bluesbythebay.org.

Sunday, July 15: Quarterly Breakfast at the Bayside Grange; supports the repairs and improvements at Bayside's historic community center. Live music and a gourmet breakfast menu including meat and veggie options. 8 am - noon. Info: 822-9998.

Sunday, July 15: Sunday Afternoons at the Graves. This Sunday will feature Dave Wilson & Friend. All are welcome to bring their own instruments for participation. Vocalists are always welcome. 2 - 4:30 pm at the Morris Graves Museum, 636 F St., Eureka. Info: 442-0278.

CHILDREN & YOUTH

Saturday, July 14: Second Saturday Family Arts Day: Under the Sea. Activities for youth and families, including performances by the New World Ballet and Kidco, hands-on arts projects, & interactive storytellers. Put on by the Humboldt Arts Council at the Morris Graves Museum. 2 - 4 pm at 636 F St., Eureka. Info: 442-0278 or www.humboldtarts.org.

Wednesdays Through August: Summer Reading Club Crafts Program In Eureka. Crafts at 1:30 pm every Wednesday afternoon at the Humboldt County Library, 1313 3rd St., Eureka. Info: 269-1910, www.humlib.org.

Thursdays Through August: Summer Reading Club Crafts Program in Arcata Crafts at 2 pm every Thursday afternoon at the Arcata Branch Library, 500 7th St. Info: 822-5954 or www.humlib.org.

Volunteers Sought for Summer Science Programs. Ages 14 and up are invited to apply to be a Nature Adventures Program Assistant and spend a week this summer helping youngsters learn about science and nature. Classes run 2 - 4 hours a day for a full week. Get experience working with children and earn a positive reference upon successful completion. Choose a week beginning June 25 and ending August 24. Info: Info: Spring at the HSU Natural History Museum, 826-4479.

PROTECT THE EARTH & ITS LIVING CREATURES

Wednesday, July 4: "What's In A Name? Words, Weeds, And Wildflowers." Enjoy the greenery and flowers at Arcata Marsh and learn the significance of terms like native, non-native, and invasive. 1 - 3 pm. Meet naturalist Jenny Hanson at the Marsh Interpretive Center on south G St. for a level, 1-mile walk. 444-2553.

Ongoing Through September: Lost Coast Hikes With Sanctuary Forest; educational hikes that highlight the magnificent diversity of plant and animal life in the Sanctuary Forest, Sinkyone Wilderness State Park, and the King Range National Conservation Area. Info, reservations and schedules: 877-986-HIKE or hike@sanctuaryforest.org.

Ongoing: New Group and Guide at Humboldt Bay National Wildlife Refuge. "Friends of HBNWR" has been formed and welcomes new members. A new guide to the refuge is also available now, for loan or purchase, at HBNWR. Info: 733-5406.

The Committee for Humboldt Green Genes (GMO-Free Humboldt campaign) is currently seeking a small group of dedicated activists to form a steering committee. Interested parties reply to GrnRev@yahoo.com.

Saturdays, Ongoing: Free Tours of the Arcata Marsh and Wildlife Sanctuary. Rain-or-shine, docent-led field trips. Meet with binoculars in the parking lot at the south end of I Street in Arcata at 8:30 am.

Saturdays, Ongoing: Free Tours of the Arcata Marsh. A 90-minute, docent-led walk focusing on different topics of the marsh birds, ecology, history, or wastewater treatment. 2 pm at the Interpretive Center on South G St. Info: 826-2359.

WORKSHOPS, CLASSES, MISCELLANY

Monday, July 9: Letter Writing; the Amnesty International letter-writing campaign meets the second Monday of every month at 7 pm. Info: Oona, 825-6620.

Saturday, July 21: 3rd Annual Democracy Unlimited Skill Share; free workshops on a wide variety of topics from cooking to energy conservation. The Skill Share brings people together to learn from one another and celebrate our wealth of local talent. 10 am - 6 pm at the Labor Temple in Eureka. To submit a workshop proposal, send an email to shannon@duhc.org. Info: 269-0984.

Fridays, Ongoing: CCAT Volunteer Days. Help CCAT put the finishing touches on their new facility. Helpers of all skills welcome. Tours at 1 pm. Info: 826-3551.

Health Insurance and Advocacy Program (HICAP) provides objective information, help, and advocacy for people relying on Medicare. Info and appointments: 444-3000.

Ongoing: Plant A Row For the Hungry, a national people-helping-people program. Plant an extra row in your garden and deliver the harvest to your local food bank. Info: Katie at 445-3166 or www.gwaa.org.

MEETINGS

Monday, July 9: Redwood Alliance Climate Action Project. Change of Meeting Schedule for June and July: We will not be meeting on the 4th Mondays of the month. The next meeting is July 9th. Info: 822-6171.

Monday, July 9: Women's International League for Peace and Freedom (WILPF). Change of date for this meeting only. 7 - 9 pm (6:30 - 7 social time) at the Bayview Courtyard, 550 Union St., Arcata. Info: Carol at 668-1901.

Tuesday, July 10: The Humboldt County Human Rights Commission will hold its monthly meeting at 6 pm in Conference Room A of the County Courthouse, 825 5th Street, Eureka. The public is invited to observe or to present issues of concern. There are vacancies on The Commission, and anyone interested in becoming a commissioner is especially urged to attend.

TALK SHOWS, COMMENTARY, & MEDIA SPECIALS

Regularly scheduled programs are now listed in the insert. Special programs or specific guests will be listed here.

Access Humboldt (Channels 10 & 12, public access TV, was ACAT, was APEG, was HCMC). For program schedule, submission policies and program request forms, go to www.accesshumboldt.net. Info: 476-1798.

Thursdays at 1:30 pm: **Econews Report** is back on the air with hosts Greg King and Erica Terence; on KHSU, 90.5 FM. Info: 822-6918 or www.yournec.org.



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 PO Box 385 Arcata, CA 95518 **RETURN SERVICE REQUESTED**
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Editorial: Page 1, **Calendar:** Pages 2 - 3, **Take Action** this page.

Newsletter, **June 26, '07**. Vol. 13 Number 12 Published semi-monthly on 2nd & 4th Tuesdays; **next July 10, '07**. For calendar items Box 385, Arcata 95518 or e-mail to hopecoalition@igc.org. **Next deadline. July 7, '07**. Write or e-mail for sample newsletter. Newsletter staff: Mayer Segal - editorialist (responsible for all editorials unless stated otherwise), Michael Welch, Dave Keniston, Mara Segal, Paloma Orinoco. Web site: www.hopecoalition.org.

"Chaotic Action is Preferable to Orderly Inaction" Will Rogers

Potluck/Letter Writing Monthly: First Friday, next 8/3/07, 6 pm at 2322 Golf Course Rd., Bayside. Bring change for postage and optionally info on issues. For more info: call Wendy at 822-9377. For monthly reminders: mobilmed@igc.org.

Hal Carlstadt's death on June 12 after a 5-month illness came as a real shocker to me. I thought he was invincible, and I never expected to outlive him. For many years Hal was my neighbor in Kensington [a Berkeley suburb]. He kept rebuilding his home to meet the best environmental standards. His life was dedicated to making this world a more peaceful, humane place for **all** its habitants. Methodical and low-key, Hal was the consummate activist for all progressive causes, including anti-death penalty, anti-war, and saving the forests. His willingness to put his body and mind on the line in non-violent protests resulted in being arrested over 200 times. His support for the tree-sitters often brought him to Humboldt County, where his daughter Amy lives.

A celebration of his life will be held July 15 at 2:30 at St. Joseph the Worker Church; program to be followed by a reception at 4:30 at the Fellowship of Unitarian Universalists at 1924 Cedar, at Bonita in Berkeley.

----- **HOPE Coalition Membership Application** -----

The Objective of the HOPE Coalition:

To synthesize and promote the individual visions of the organizations that make up Humboldt's environmentally and socially just community. These include, but are not limited to, the following types of organizations: Environmental, Social Justice, Peace, Labor, and Human Service.

Membership: Renewal []
 Individual memberships: \$13 - \$25 per year.
 Organizational memberships: \$25 - \$100 per year.

Make checks to HOPE Coalition. Amount: \$ _____
 Scholarships are available

I can volunteer some time []
 Receive newsletter: By US mail []; By email []; Both []

Name _____

Address _____

Email _____

Phone _____

The HOPE Coalition - PO Box 385 Arcata, CA 95518 - hopecoalition@igc.org - www.hopecoalition.org
 The HOPE Coalition Newsletter is now available in Arcata at: the Co-op, & the Northcoast Environmental Center; at the main Humboldt, Arcata, McKinleyville, and Trinidad libraries; and at the Senior Center in Eureka.

PEACE NEWS

Vets for Peace, Humboldt Bay Chapter 56 meets 1st Thursdays at 7 pm: at the Arcata Marsh Commons. Info: 826-2992.
Peace Vigils Fridays 5 - 6 pm on the Arcata Plaza. Mondays at 4 pm at the Courthouse in Eureka, 445-5100 ext. 215, ask for Jack.
Women in Black stand in silent vigil every **Friday 5 - 6 pm** at the **Arcata Plaza**, 8th & G, at the **Humboldt County Courthouse** (also Saturdays at noon), the **McKinleyville Shopping Center** on the grassy area between Luzmilla's and Blockbuster, and **Fridays 4 - 5 pm in Trinidad** at the intersection of Scenic Dr. and Main St.
Vets for Peace Silent Vigil; Fridays, 5 - 6 pm: SW corner Arcata Plaza.
The Redwood Peace & Justice Center at 1040 H St., Arcata, offers office space, message services, & meeting space to participating members. Open Monday - Saturday from 1 - 5 pm. Info: 826-2511 or www.rpjc.net.
Activities at the RPJC Center:
1st Wednesday at 6 pm **Bar None!**, a prison support/activism group. 443-8805.
Tuesdays at 6 pm **The Educators Working Group** meets. Info: Jerome 442-7573.
Northern CA Coalition for Women Prisoners. Call for meeting dates. Info: 442-3895 or 825-7460, nccwp@earthlink.net.
Free fax to members of Congress on Fridays.

TALK SHOWS, WORKSHOPS & COMMENTARY

COMMENTARY on KMUD, 88.3 fm, 923-2513. **Counterspin**, Sunday 1 - 1:30 pm.
Alternative Radio, Mondays 9 am. Boulder-based award-winning weekly series with David Barsamian.
Animal Advocate, 2nd Thursday, 7 - 8 pm. Current animal welfare issues. Info: Barbara Shultz at 986-7835, animaladvocate4@yahoo.com.
A World of Possibilities locally produced syndicated public affairs program. 9 am Tuesdays. Info: 826-9111 ext. 18.
Democracy Now! with Amy Goodman; 12 - 1 pm, Mon. - Fri. See also APEG Cox, Channel 12. Also www.democracynow.com. Also on KIDE 91.3 fm, 1 - 2 pm, Mon. - Fri. Also on Dishnet, Channel 9415 FSTV Mon. - Fri. 9-10 pm.
Civil Liberties Monitoring Project Report; 1st Wednesday, 7 - 8 pm. 923-4646.
Politically Correct Week in Review, call-in radio show, 2nd, 4th, & 5th Mondays at 7 pm 923-3911.
All Things Reconsidered with Eric Kirk. 3rd Thursday at 7 pm.
Global Stuff with Jimmy Durchslag, last Friday, 7 - 8 pm.
COMMENTARY on KHSU, 90.5 fm, 826-6089. **Democracy Now!** with Amy Goodman: weekdays 9 - 10 am.
The EcoNews Report with Greg King. 1:30 pm Thursdays.
A World of Possibilities locally produced syndicated public affairs program. 1:30 pm Wednesdays. Info: 826-9111 ext. 18.
COMMENTARY on KGOE 1480 am, 442-2000: **Thom Hartmann**, weekdays 9 am - noon.
Peter B. Collins, weekdays 3 - 6 pm. Progressive talk show from San Francisco.
COMMENTARY on KEET TV Channel 13 445-8013: **Wide Angle** Tues. at 9 pm
NOW with David Brancaccio. Fri. at 8:30 pm:
Access Humboldt (Channels 10 & 12, public access TV, was ACAT, was APEG, was HCMC). For program schedule, submission policies and program request forms, go to www.accesshumboldt.net. Info: 476-1798.

PROTECT THE EARTH & ITS LIVING CREATURES

Redwood Alliance Climate Action Project. Join others to promote the solutions to global warming. 2nd and 4th Mondays of the month at 5:30 pm. 1175 G St. upstairs. Info: 822-6171, climatechange@redwoodalliance.org or www.redwoodalliance.org.
Forest Defenders Hotline and info: 825-6598.
Wild Urban Gardeners! Meets Wednesdays at 7 pm, 1552 Spear Ave. in Arcata. Promoting food & native plant species, information about compost, greenhouses, seed banks, and community gardens. Info: 822-5861.
Adopt-the-Bay. Participate in a number of tasks aimed at maintaining a healthy Humboldt Bay. All welcome. Info: 443-0801.
Friends of the Marsh guided interpretive walks every Saturday 2 pm at the Interpretive Center on South G St., Arcata. Info: 826-2359.
Audubon Society Field Trips; Free public field trips through the Arcata Marsh and Wildlife Sanctuary every Saturday at 8:30 am at the Klopp Lake parking lot (foot of I Street in Arcata). Bring your binoculars. Rain or shine. Info: 268-8052 or 822-3613.
Friends of the Dunes; Restoration workdays the first 3 Saturdays every month, 9 am - 1 pm. Info: 444-1397 or info@friendsofthedunes.org. Check web site for complete calendar: www.friendsofthedunes.org.
Campus Center for Appropriate Technology; info: 826-3551.

ARTS

Arts Alive! Eureka First Saturday of the month at venues around town. Art, music, dance, refreshments. Info: 442-9054.
Arts! Arcata; Second Friday of the month at venues around town and at HSU. Art, music, dance, refreshments. Info: 822-4500.
The Ink People; 411 12th St, Eureka. Hours: Tuesday - Saturday, 11 am - 4 pm. Info: 442-8413.
Arcata Artisans Co-operative Gallery; H St. side of the Plaza. Hours: Tuesday - Saturday 10 - 6, Sunday 12 - 5. Info: 825-9133.
Westhaven Center for the Arts; 501 S. Westhaven Dr. Info: 677-0860.
First Street Gallery; 422 First Street, Eureka. Tuesday - Sunday from noon - 5 pm. Info: 443-6363 or www.humboldt.edu/~first.
Clarke Historical Museum; 240 E St., Eureka. Info: 443-1947.

MEETINGS

NAACP; Regular 3rd Sunday at 3:30 pm, **PAC** at 2:30 pm, Cooper Gulch Ctr., 8th & Myrtle, Eureka. Info: 268-8287 or 442-2638.
Redwood Chapter ACLU, 3rd Tuesday at 6 pm, call for meeting places. Info: 476-1263 or www.acluredwood.org.
Vets for Peace (Humboldt Chapter 56); 1st Thursday at 7 pm in Arcata. Info: 826-7124.
Veterans for Peace (SoHum Chapter); 1st Tuesday of Each Month at 7pm at Haynes Vets Hall, Garberville. 943-1874.
Women's International League for Peace and Freedom (WILPF); meets the last Monday, 7 - 9 pm (6:30 - 7 social time) at the Bayview Courtyard, 550 Union St., Arcata. Info: Carol at 668-1901.
North Coast IWW, the Wobblies meets every 3rd Wed. 6:30 - 8 pm at the Labor Temple, 840 E St., Eureka. Info: 725-8090.
Humboldt Democratic Central Committee; 2nd Wednesday at 7 pm. 129 Fifth St. Info: 445-3366 or www.humboltdemocrats.org.
Eureka Greens meet 3rd Saturday of every month. 3:30-5pm. 321 Coffee (321Third St in Old Town). Info: www.EurekaGreens.com.
Sequoia Greens of southern Humboldt meet the 2nd Friday of the month at 3 pm at the Southern Humboldt Action Center, Redwood Dr., Redway. Info: 923-4488 or encimer@hotmail.com.
Northern Humboldt Greens meet 2nd Tuesday of the month, 7-8pm. Info: Shaye, 237-2790 or email arcata@greens.org.
Mother Jones Club & Humboldt Communist Alliance meet 2nd and 4th Saturdays at 3 pm at the Peace and Justice Center in Arcata. Call to confirm meeting times. Info: humboldtcommunistalliance@hotmail.com or 839-3824.
Humboldt Exchange Community Currency Project meets last Monday of the month. 7 pm 1402 M St, Eureka. Info: 269-0984.
Arcata's Nuclear Weapons Free Zone and Peace Commission; 1st Tues. 6:30 pm at Arcata City Hall, 736 F St. Info: 822-5951.
Green Wheels; Thursdays at 5 pm at HSU by Center Activities. Info: wheels@humboldt.edu or www.humboldt.edu/~wheels.
Redwood Alliance Climate Action Project, Join others to promote the solutions to global warming. Meet 2nd & 4th Mondays (summer schedule, 2nd Monday only), 5:30 pm 1175 G St. Arcata, N. of Wells Fargo, upstairs. Info: 822-6171, climatechange@redwoodalliance.org; www.redwoodalliance.org
Humboldt Watershed Council at NEC, 2nd and 4th Wednesdays, 7 - 9 pm. Info: sheds@humboldt1.com.
McKinleyville Skate Park; 2nd Wednesday, 6:45 - 8 pm, 1540 Harper Ave. Info: Pat: 839-8241, www.mckskatepark.com.
The Tenants Union for renters' rights meets every other Thurs., at 321 Coffee Shop, 321 3rd St. Eureka, 4:30 - 6 pm. Info: 476-1919.
Humboldt County Human Rights Commission meets 2nd Tues. City Courthouse, Rm. B, Eureka, 6 pm. Info: 268-2548.
Commission on Status of Women meets 2nd Thursday at 6 pm, conference room A of the Humboldt County Courthouse, 825 Fifth St., Eureka. The public is welcome. Info: Julie 822-2502 or www.co.humboldt.ca.us/commissions/csw/.

CHILDREN & YOUTH

HSU's Natural History Museum, 1315 G St. Arcata. Free drop-in programs on Saturdays at 1 pm. Program info: 826-4479.
Humboldt County Library in Eureka Story Hour: 10 am Fridays & other programs. Info: Jo Ann Bauer, 269-1900.
Arts in the Afternoon; a free art studio for teens (6th - 12th grade). Open week days during the school year, 3 - 6 pm at Arcata Community Center. Sponsored by City of Arcata's Recreation Division. Info: 825-2028.
Raven Project Queer Coffee House for Youth; Tuesday, 6:30 - 9 pm. Also, girls & women 10 - 24 years meet Wednesdays from 6:30 - 8:30 pm, 523 T St., Eureka, 443-7099.
Fridays: Human Rights Education for Kids Project; 3:30 pm, RPJ&C, 1040 H St, Arcata. Info: 826-2511.
Mondays, Fridays, & Saturdays: PULSE, new Teen Recreation Center; regular programming from 6 - 9 pm at the John Ryan Youth Center, 1653 J St, Eureka. Info: 268-1858.
Cyber Tribe; a local non-profit business where youth can use and gain knowledge in computers. Open to age 12 - 19. Info: 826-1160.
Humboldt County Main Library Humboldt County Teen Law Clinic provides legal information & resources to area teens & their parents. The clinic is located in Rm. 1 of the Marshall Bldg. on the Humboldt Bay/Eureka H.S. campus. The office is open 8 - 9 am & 3 - 5 pm every Tues. & Thurs. Info: Kyle or Lynn at 444-0153, or Georgeanne at 441-2549.

COMMUNITY & WELL-BEING SERVICES

Humboldt Community Switchboard can direct anyone to services in Humboldt County. Call 441-1001 or 1-887-460-8000.
Humboldt Literacy Project, adults over 16 meet weekly at the Humboldt main library, Eureka with family literacy tutors to improve their reading skills necessary to function on the job, in the family, & in the community. Free & confidential. Info: 445-3655.
Humboldt Domestic Violence Services Support Groups; all services are free. Info & child care: 444-9255. 24-Hour Crisis Line: toll free 866-668-6543.
North Coast Rape Crisis Team; 24 hour Crisis Line: 445-2881. Business phone: 443-2737.
The Emma Center Advocacy, support, referral services, library, and classes for trauma and abuse survivors. 920 Samoa Blvd. Suite 207, Arcata. Info: 825-6680 or info@emmacenter.org or www.emmacenter.org/emma.
LesBohemian Coffee House; an all women's space. Meets 2nd Saturday 7 pm, 1901 Calif. St., Eureka. 444-1061.
Vision Loss Services; Lighthouse of the North Coast will orient people to local, state, and national services on the last Tuesday of every month. 2127 Harrison Ave. #3. Reservations preferred. Info: 268-5646.
The Area 1 Agency on Aging sponsors many senior programs. Info: 442-9591 or www.a1aa.org.
Health Insurance and Advocacy Program (HICAP) provides objective information, help, and advocacy for people relying on Medicare. Info and appointments: 444-3000