The HOPE Coalition

Humboldt Organized for Peace & the Environment

"Working in partnership toward the development of a diverse, just, & sustainable community."

Calendar of Happenings in Humboldt County Inside Newsletter Editorial Page – April 13, 2010

PG&E Deceives Voters about Prop. 16 to Protect its Profits

by Bill McEwen / The Fresno Bee

The mail the other day brought the usual offers for debt relief and loan modifications, along with something new: a slick flier declaring that Proposition 16 would stick up for people sick of government debt.

I had a hard time deciding who peddled the biggest scam—the mortgage and credit card debt hustlers, or **Pacific Gas & Electric, which is spending \$35** million backing Proposition 16.

The utility monopoly is trying to rejigger the state constitution and protect its bottom line against start-up municipal power companies. And it's using a deceptive advertising campaign for a law that would require two-thirds voter approval before local governments go into the power business or existing PG&E competitors expand their territories.

PG&E says Proposition 16, which is on the June ballot, is about choice, voice and transparency. But the so-called **Taxpayers Right to Vote Act is more about limiting consumer choice, preserving monopolies and keeping utility rates high**.



No Rate Hikes No Monopoly No Prop 16

In the time since I last wrote about Proposition 16, opponents have been working to overcome PG&E's deep pockets and cut through the baloney served by company shills. For example, Roger Geesman, a renewable energy advocate and former member of the California Energy Commission, uncovered the truth behind PG&E's initiative by wading through the transcript of a company shareholders meeting.

Geesman blogged that PG&E chief executive officer Peter Darbee told shareholders that the goal was to defeat local power choice once and for all instead of having to continually fend off the specter of customer defection. Darbee also speculated that voters would be receptive to Proposition 16 because of anti-government anger.

Here's a sampling of what Darbee told shareholders: "And the idea was to diminish, you know, rather than year after year different communities coming in as this or that and putting this up for vote and us having to spend millions and millions of shareholder dollars to defend it repeatedly.

"The June time frame looked ideal and in the context of ... everything that is happening with government today—the dysfunctionality of it—we concluded that it was a very ideal time.

"The result is going to be there's going to be some flap. It will take place between now and June. And then the voters will have their ability to make their case one way or another. And then, presumably, you know, we'll mend any broken fences after that."

It appears that Darbee has been infected by political cynicism. It's certain that he likes his paycheck. The Wall Street Journal reported that Darbee made \$10.6 million last year—more even than the top gun at Goldman Sachs.

What galls me more is that PG&E ratepayers are funding the Proposition 16 campaign. The utility claims otherwise, saying that the \$35 million is from a reduction in shareholder dividends. But all dividends are straight out of ratepayer wallets.

Former Assembly Speaker and former San Francisco Mayor Willie Brown is backing Proposition 16. Don't be fooled. PG&E is a client of Brown's law firm.

On the other side, the Sierra Club and the California Farm Bureau oppose the proposition. You might call this marriage the most diverse political pairing since Mary Matalin and James Carville said, "I do."

PEACE NEWS

Friday, May 7: Veterans For Peace Chapter 56 presents their very first Peace Poetry Celebration! 7 pm at the Humboldt Unitarian Fellowship. More details next newsletter. Info: 269-0528.

ENTERTAINMENT, CELEBRATIONS, & CULTURE

- Thursday Sunday, April 15 18: Motion Collage Dance Concert. Original works in modern, jazz and ballet styles plus traditional dances from the Yucatan by HSU students and faculty. 7:30 pm at the Van Duzer Theater at HSU. \$10, \$8. Info: 826-3928.
- Friday, April 16: Free Performance of Afro Cuban Folkloric Dance, Drums & Songs with master performer Reynaldo Gonsález. 7 pm in the HSU Native Forum Behavioral & Social Sciences Building Room 162, HSU. Info: 445-1377.
- Friday Sunday, April 16 18: 15th Annual Godwit Days Spring Migration Bird Festival. Free events at the Arcata Community Center include an opening reception and Friday night lecture, Bird Fair vendor booths, art show, live birds of prey on display, family nature activities.
- Friday and Saturday, April 16 and 17: Arcata Playhouse Family Fun Series: "Myth Understandings," a funny, physical and sideways look at well-known myths and fairy tales, and a peek at their variations and origins. 7 pm both nights and also 2 pm Saturday at the Arcata Playhouse, 1251 Ninth St. \$10, \$5. Info: 822-1575.
- Friday Sunday, April 16 18: 15th Annual Godwit Days Spring Migration Bird Festival. Free events at the Arcata Community Center include an opening reception and Friday night lecture, Bird Fair vendor booths, art show, live birds of prey on display, family nature activities.
- Saturday, April 17 (and ongoing Saturdays): Arcata Farmers Market is Open! Local fresh spring produce, veggie starts for the home gardener, herbs, plants, local grains, honey, a food court and live music! 9 am 2 pm. Info: 441-9999.
- Saturday, April 17: Funeral Consumers Alliance of Humboldt Annual Meeting, with keynote speaker Marylee Bytheriver of Hospice of Humboldt. 1 - 3:30 pm at the Unitarian Fellowship in Bayside. Open to the public. Refreshments provided. Free. Info: 822-8599.
- Saturday and Sunday, April 17 and 18: HSU Music Dept. Jazz Combos Weekend. Six HSU student combos over two nights play blues, funk and original jazz. 8 pm in the Fulkerson Recital Hall, HSU. \$7, \$3. Info: 826-3456.
- Sunday, April 18: Quarterly Breakfast at the Bayside Grange, celebrating Earth Day with the 3rd Annual Electric Vehicle Show. Live music with Redwing and a gourmet breakfast menu including: meat and vegie options. 8 am to noon. Info: 822-9998.
- Sunday, April 18: All Seasons Orchestra Spring Concert. Music by Holst, De Falla and Mozart. Justin Sousa, conductor. 7 pm at the D Street Community Center in Arcata. Free. Info: Ruth at 822-4462.
- Tuesday, April 20: "Based on the Book" Classic Film Series: "The Misfits." A disillusioned divorcee befriends a group of misfits. Starring Clark Gable, Marilyn Monroe, Montgomery Clift, Eli Wallach and Thelma Ritter. (1961). Hosted by Bob Doran. Free. 6:30 pm at the Humboldt County Library, 1313 3rd St., Eureka. Info: 269-1910, www.humlib.org.
- Friday, April 23: Evening of Talent. Eleven acts music, dance, juggling, and poetry compete to be named Humboldt's Most Talented. Audience votes will determine the winner. 8 pm at the Arkley Center. \$21. Benefits Soroptomists and CASA. Info: 442-1956.
- Friday and Saturday, April 23 and 24: HSU Music Dept. Opera Workshop Performances. 8 pm in the Fulkerson Recital Hall, HSU. \$7, \$3. Info: 826-3456.
- Sunday, April 25: Handmade and Vintage Market. Local crafts, vintage treasures, food vendors, live music and entertainment. 11 am 5 pm at the Bayside Grange. Free. Info: 845-1243.
- Sunday, April 25: "Our Big Fat Greek Gala" Spring ArMack Concert and Dinner. Greek cuisine and a performance by the award winning ArMack orchestras well as a silent auction of services and merchandise. \$30. Info: 822-5453.
- Tuesday, April 27: "Based on the Book" Classic Film Series: "The Man Who Would Be King." Starring Sean Connery, Michael Caine and Christopher Plummer. (1975. (1961). Hosted by Bob Doran. Free. 6:30 pm at the Humboldt County Library, 1313 3rd St., Eureka. Info: 269-1910, www.humlib.org.

CHILDREN, YOUTH & ALL AGES

- Saturday, April 17: Local Author Visit: Phillip Burgess. Burgess will be reading from his first children's book, "The Yeahbuts." 1:30 pm at the Humboldt County Library, 1313 3rd St., Eureka. Free. Info: 269-1910. www.humlib.org.
- Saturday, April 17: Godwit Days Free Family Nature Craft Activities. Fish prints, key chains, water cycle bracelets, bird feeders, and 3-D bird mobiles.12:30 - 3:30 pm in the Arts & Crafts Room of the Arcata community Center. Free. All children must be accompanied by a responsible adult. Info:
- **Tuesday, April 20: Share A Story " The Surprise Garden,"** short video, stories, and crafts about gardening. A free book is available for each participating family. 6:30 pm at the Trinidad Branch Library. Info: 677-0227 or www.humlib.org.
- Wednesday, April 21: Stories, Songs, and Washboard Belly-laughs with Storyteller Angela Lloyd. Lloyd will perform traditional folktales, classic children's literature and original tales on autoharp, tenor guitar, spoon and bell. Free. 6:30 pm at the Humboldt County Library, 1313 3rd St., Eureka. Info: 269-1910, www.humlib.org.
- Saturday, April 24: Dia de los Ninos, Dia de los Libros with Storyteller Olga Loya, featuring free books in Spanish, crafts, refreshments and lots of wonderful stories in English and Spanish. 2 pm at the Humboldt County Library, 1313 3rd St., Eureka. Free. Info: 269-1910. www.humlib.org.
- Local Sierra Club Group Offering Camp Scholarships. Four "Camperships" are available for children in grades 4th through 8th to attend Wolf Creek Education Center in Orick, Redwood National & State Parks in July or August. The camps will feature hiking, science classes, and evenings around the campfire. The deadline for receipt of applications is Monday, May 17. For more information or to obtain an application form, call 442-5444 or e-mail sueleskiw@suddenlink.net.

PROTECT THE EARTH & ITS LIVING CREATURES

- Saturday, April 17: Save Richardson Grove Coalition's Earth Day Event. Activities include a Park clean-up, a potluck luncheon, music and guest speakers. 10 am 5 pm at Richardson Grove. The event is free and the public is encouraged to attend. Info: 923-2825.
- Saturday, April 17: "Ivy bash at Patrick's Point State Park" In honor of Earth Day, CNPS is supporting State Parks in tackling the invasive English ivy on Ceremonial Rock. Bring gloves if you have them. Lunch provided. Free park admission for volunteers. 677-3109, 443-204-2411, or 822-2015.
- Saturday, April 17: Manila Dunes Guided Walk: "Spring Fling" Join Friends of the Dunes for a look at spring unfurling in the coastal dunes. Bring water and be prepared for walking up and down in sand. Meet at the Manila Community Center, 1611 Peninsula Drive, Manila. Info: 444-1397 or visit www.friendsofthedunes.org.
- Saturday, April 24: Free Public Sierra Club Hike. 9-mile, medium-difficulty hike to Table Bluff/Mouth of Eel River. Follow beach southerly 4.5 miles between ocean and sloughs, estuaries and marshlands. View abundant flora, occasional birds and wildlife in this varied coastal environment. Carpools meet at Herrick Park-and-Ride lot at 9 am or at beach below Table Bluff at 9:30 am. Rain or tsunami warning cancels. Info: Xandra at 441-0702.
- Friends Of The Dunes Announces The Release Of The 2010 Humboldt Bay Beaches, Dunes And Wetlands Map And Guide. Free guides are available at area visitor locations or on-line at: www.friendsofthedunes.org.The public may also request a free guide by sending a self-addressed, #10 envelope with 61¢ postage to: Friends of the Dunes, P.O. Box 186, Arcata, CA 95518. Info: 444-1397.
- Saturdays, Ongoing: Free tours of the Arcata Marsh and Wildlife Sanctuary. Rain-or-shine, docent-led field trips. Meet with binoculars in the parking lot at the south end of I Street in Arcata at 8:30 am.
- Saturdays, Ongoing: Friends of the Arcata Marsh Docent-Led Walks. A 90-minute, docent-led walk focusing on different topics of the marsh. 2 pm at the Interpretive Center on South G St. Info: 826-2359.

JUNE 8 ELECTION - CANDIDATE FORUMS

- Thursday, April 15: Humboldt County District Attorney Candidates' Debate on Civil Liberties presented by Redwood ACLU. 6 8 pm in the Senior Room of the Arcata Community Center. It will also be broadcast on Public Access Channel 12. Members of the press or public with questions may contact the Redwood ACLU at (707) 442-4419 or redwoodaclu@hotmail.com.
- Thursday, April 22: League of Women Voters Community Forums: County Offices. 5:30 10 pm at Trinity Valley Elementary School in Willow Creek. For a breakdown of specific offices, or more info: 444-9252 or www.lwvhc.org.
- Tuesday, April 27: League of Women Voters Community Forums: District Attorney. 7 8:30 pm at Veterans Memorial Hall in Garberville. Info: 444-9252 or www.lwvhc.org.
- Wednesday, April 28: League of Women Voters KEET TV Forums: Sheriff. 7 8 pm on Channel 13. Info: 444-9252 or www.lwvhc.org.
- Monday, May 3: League of Women Voters KEET TV Forums: District Attorney. 7 8 pm on Channel 13. Info: 444-9252 or www.lwvhc.org.
- Thursday, May 6: League of Women Voters Community Forums: Sheriff. 7 8:30 pm at the Mad River Grange in Blue Lake. Info: 444-9252 or www.lwvhc.org.

TALK SHOWS, COMMENTARY, & MEDIA SPECIALS

- "Thursday Night Talk" hosted by David Cobb of Democracy Unlimited airs every Thursday 7:30 8:30 pm on KHSU FM 90.5. It is a live call- in show, so it's a great way to have your opinion heard by thousands of listeners. The studio line is 826-4805.
- "Conversation with Paul Mann," a new public affairs program covering national and international issues with local guests and callers. Tuesday evenings from 7:30 - 8:30 on KHSU FM 90.5. Studio line: 826-4805.
- Bill Moyers Journal Interviews and news analysis on a wide range of issues. PBS, KEET TV Channel 13 on Fridays at 9 pm and Wednesdays at 11:30 am, or on the Internet at www.pbs.org/moyers/journal. Info: 445-0813 or www.keet.org.



HOPE Coalition Newsletter & Calendar, April 13, 2010 Page 4 PO Box 873 Arcata, CA 95518 RETURN SERVICE REQUESTED Printed on recycled paper with voluntary labor.

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Editorial: Page 1, Calendar: Pages 2 - 3, Action Item: this page.

Newsletter, **April 13, '10**. Vol. 16, Number 6. Published semi-monthly on 2nd & 4th Tuesdays; **next Apr. 27, '10**. For calendar items PO Box 385, Arcata 95518 or e-mail to hopecoalition@igc.org. **Next deadline. Apr. 22, '10**. Write or e-mail for sample newsletter. Newsletter volunteers: Dave Keniston, Mara Segal, Mayer Segal, Michael Welch, Paloma Orinoco. Web site: www.hopecoalition.org.

Citizens' Principles for a Clean Energy Economy

To pass the principles on to your Senator, go to www.tinyurl.com/EnergyPrinciple - From Public Citizen

As a constituent and concerned citizen I call on the Senate to stand up to special interest and support meaningful climate legislation that:

- Sets an economy-wide cap on greenhouse emissions that is consistent with the best available science;
- Eliminates polluter giveaways, including massive subsidies to coal, oil and nuclear, in favor of financing the renewable energy revolution, allowing families to lead America's transition to sustainability through incentives for rooftop solar and energy efficiency.
- Mandates strong efficiency standards for buildings, appliances and transportation and establishes incentives to promote renewable energy deployment;
- Preserves the authority of the Clean Air Act and rejects language intended to weaken the Environmental Protection Agency's ability to reduce greenhouse pollutants;
- Limits the use of offsets so our policies promote real-not theoretical-emissions reductions;
- Ensures the mechanism used to cap emissions and set carbon prices is transparent, stable, and predictable, while prohibiting Wall Street carbon price manipulation;
- Allows individual states to implement policies with stronger emissions reduction targets and efficiency standards than those mandated by federal policy.

--- HOPE Coalition Needs Your Support ---

The Objective of the HOPE Coalition:

To synthesize & promote the individual visions of the organizations that make up Humboldt's environmentally & socially just community. These include, but are not limited to, the following organizations: Environmental, Social Justice, Peace, Labor, & Human Service.

Yes, I would like to help support the HOPE Coalition's newsletter and			
other efforts:			Name
□ \$25 □	\$50 🛛 \$100		
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The HOPE Coalition - PO Box 385 Arcata, CA 95518 - hopecoalition@igc.org - www.hopecoalition.org

The HOPE Coalition Newsletter is available in Arcata at: the Co-op, & the Northcoast Environmental Center; at the main Humboldt, Arcata, McKinleyville, and Trinidad libraries; and at the Senior Center in Eureka.

HOPE Coalition Newsletter Insert—this insert contains regularly scheduled events. For special happenings and one-time events, see the regular calendar that follows the page one editorial.

PEACE NEWS

Peace Vigils Fridays 5 - 6 pm on the Arcata Plaza. Mondays at 4 pm at the Courthouse in Eureka, 445-5100 ext. 215, ask for Jack. **Vets for Peace Silent Vigil;** Fridays, 5 - 6 pm: SW corner Arcata Plaza.

Vets for Peace, Humboldt Bay Chapter 56 meets 1st Thurs. at 7 pm: at the Arcata Marsh Commons. Info: 826-7124.

Women in Black stand in silent vigil every Friday 5 - 6 pm at the Arcata Plaza, 8th & G, at the Humboldt County Courthouse (also Saturdays at noon), the McKinleyville Shopping Center on the grassy area out front, and Fridays 4 - 5 pm in Trinidad at the intersection of Scenic Dr. and Main St.

TALK SHOWS, WORKSHOPS & COMMENTARY

Access Humboldt: Public, education & government media access. Cable channels 8, 10, 11 & 12. For program schedule, submission policies, and program request forms go to www.accesshumboldt.net. Call or email for further info. 476-1798 or info@accesshumboldt.net.

COMMENTARY on KEET TV Channel 13 445-8013: Wide Angle Tues. at 9 pm

NOW with David Brancaccio. Fri. at 8:30 pm:

COMMENTARY on KGOE 1480 am, 442-2000: Thom Hartmann, weekdays 9 am - noon.

Peter B. Collins, weekdays 3 - 6 pm. Progressive talk show from San Francisco. COMMENTARY on KHSU, 90.5 fm, 826-6089. Democracy Now! with Amy Goodman: weekdays 9 - 10 am.

The Econews Report with Greg King. 1:30 pm Thursdays.

A World of Possibilities locally produced syndicated public affairs program. 1:30 pm Wednesdays. Info: 826-9111 ext. 18. COMMENTARY on KMUD, 88.3 fm, 923-2513. Counterspin, Sunday 1 - 1:30 pm.

Alternative Radio, Mondays 9 am. Boulder-based award-winning weekly series with David Barsamian. Animal Advocate, 2nd Thursday, 7 - 8 pm. Animal welfare issues. Info: Barbara Shultz at 986-7835,

animaladvocate4@yahoo.com.

A World of Possibilities locally produced syndicated public affairs program. 9 am Tuesdays. Info: 826-9111 ext. 18.

Democracy Now! with Amy Goodman; noon, Mon. - Fri. Also 4 pm Access Humboldt Channel 12. Also 11 am on KIDE 91.3 fm. Also on Free Speech TV (FSTV) Mon. - Fri. midnight, 8 am, noon, or 7 pm.

Civil Liberties Monitoring Project Report; 1st Wednesday, 7 - 8 pm. 923-4646.

Politically Correct Week in Review, call-in radio show, 2nd, 4th, & 5th Mondays at 7 pm 923-3911.

All Things Reconsidered with Eric Kirk. 3rd Thursday at 7 pm.

Global Stuff call-in talk show with Jimmy Durchslag, last Friday, 7 - 8 pm.

PROTECT THE EARTH & ITS LIVING CREATURES

Adopt-the-Bay. Participate in a number of tasks aimed at maintaining a healthy Humboldt Bay. All welcome. Info: 443-0801. Audubon Society Field Trips; Free field trips through the Arcata Marsh and Wildlife Sanctuary every Saturday at 8:30 am at the Klopp

Lake parking lot (foot of I St. in Arcata). Bring your binoculars. Rain or shine. Info: 268-8052 or 822-3613. Campus Center for Appropriate Technology; info: 826-3551.

Friends of the Dunes; Restoration workdays the first 3 Saturdays every month, 9 am - 1 pm. Info: 444-1397 or

info@friendsofthedunes.org. Complete calendar: www.friendsofthedunes.org.

Friends of the Marsh guided interpretive walks every Saturday 2 pm at the Interpretive Center on South G St., Arcata. Info: 826-2359. Redwood Alliance Climate Action Project. (Public meetings temporarily suspended until after the election.) Info: 822-6171, climatechange@redwoodalliance.org; www.redwoodalliance.org.

Wild Urban Gardeners! Meets Wednesdays at 7 pm, 1552 Spear Ave. in Arcata. Promoting food & native plant species, information about compost, greenhouses, seed banks, and community gardens. Info: 822-5861.

ARTS

Arcata Artisans Cooperative Gallery; H St. on the Plaza. Mon. - Sat. 10 - 6, Sun. 12 - 5. Info: 825-9133, www.arcataartisans.com. **Arts Alive! Eureka;** first Saturday of the month at venues around town. Art, music, dance, refreshments. Info: 442-9054. **Arts! Arcata;** second Friday of the month at venues around town and at HSU. Art, music, dance, refreshments. Info: 822-4500.

Clarke Historical Museum; 240 E St., Eureka. Info: 443-1947 or www.clarkemuseum.org.

First Street Gallery; 422 First Street, Eureka. Tuesday - Sunday from noon - 5 pm. Info: 443-6363 or www.humboldt.edu/~first. Morris Graves Museum; 636 F St., Eureka. Wed. - Sun. 12 - 5 pm. www.humboldtarts.org

The Ink People; 411 12th St, Eureka. Hours: Tuesday - Saturday, 11 am - 4 pm. Info: 442-8413 www.inkpeople.org.

Westhaven Center for the Arts; 501 S. Westhaven Dr. Info: 677-0860, www.westhavenarts.org.

MEETINGS

Arcata's Committee on Democracy & Corporations meets the third Tuesday of each month and was established in response to Arcata's Measure F. Info: 822-5951 or www.cityofarcata.org.

Arcata's Nuclear Weapons Free Zone and Peace Commission. On indefinite hiatus due to lack of a quorum. Applications available at www.cityofarcata.org or at city hall. Info: 822-5951.

Commission on Status of Women meets 3d Tuesday at 6 pm. Call for place: 822-2502 or www.co.humboldt.ca.us/commissions/csw/. **Eureka Greens** meet 3rd Saturday of every month. 3:30-5pm. 321 Coffee (321Third St. in Old Town). Info:: www.EurekaGreens.com. **Green Wheels**; Mondays 6:30 pm at the Northcoast Environmental Center. Info: mail@green-wheels.org or www.green-wheels.org. **Humboldt County Human Rights Commission** meets 2nd Tues. City Courthouse, Rm. B, Eureka, 6 pm. Info: 268-2548. **Humboldt Democratic Central Committee**; 2nd Wednesday at 7 pm. 129 Fifth St. Info: 445-3366 or www.humboldtdemocrats.org. Humboldt Exchange Community Currency Project. Call for meetings: 269-0984.

Humboldt Watershed Council at NEC, 2nd and 4th Wednesdays, 7 - 9 pm. Info: sheds@humboldt1.com.

Mother Jones Club & Humboldt Communist Alliance. Call for meeting times: ncalview@igc.org or 839-3824.

NAACP; Regular 3rd Sunday at 3:30 pm, PAC at 2:30 pm, Cooper Gulch Ctr., 8th & Myrtle, Eureka. Info: 268-8287 or 442-2638.

North Coast IWW, the Wobblies meets every 3rd Wed. 6:30 - 8 pm at the Labor Temple, 840 E St., Eureka. Info: 725-8090.

Northern Humboldt Greens meet 2nd Tuesday of the month, 7 - 8 pm. Info: Shaye, 237-2790 or email arcata@greens.org.

Redwood Chapter ACLU meets 3rd Thursday at noon at 917 Third St. in Eureka. Blog at redwoodaclu.blogspot.com. Info: 215-5385. **Sequoia Greens** of southern Humboldt. Call for meetings: 923-4488 or encimer@hotmail.com.

Veterans for Peace (SoHum Chapter); 1st Tuesday of Each Month at 7pm at Haynes Vets Hall, Garberville.

Vets for Peace (Humboldt Chapter 56); 1st Thursday at 7 pm in Arcata. Info: 826-7124.

Women's International League for Peace and Freedom (WILPF); meets the last Monday, 7 - 9 pm at the Arcata Public Library, 500 7th St., Arcata. Info: Carol at 668-1901.

CHILDREN & YOUTH

Arts in the Afternoon; a free art studio for teens (6th - 12th grade). Open week days during the school year, 3 - 6 pm at Arcata Community Center. Sponsored by City of Arcata's Recreation Division. Info: 825-2028.

HSU's Natural History Museum, 1315 G St. Arcata. Closed to public, available for classroom visits. Info: 826-4478.

Humboldt County Library in Eureka Story Hour: 10 am Fridays & other programs. Info: Jo Ann Bauer, 269-1900.

Humboldt County Teen Court is looking for teen volunteers. Info: 444-0153.

Mondays, Fridays, & Saturdays: PULSE, new Teen Recreation Center; regular programming from 6 - 9 pm at the John Ryan Youth Center, 1653 J St, Eureka. Info: 268-1858.

Raven Project Queer Coffee House for Youth; Tuesday, 6:30 - 9 pm. Also, girls & women 10 - 24 years meet Wednesdays from 6:30 - 8:30 pm, 523 T St., Eureka, 443-7099.

COMMUNITY & WELL-BEING SERVICES

Buddhist Queers (lesbian, gay, bi, transsexual) Vipassana, Zen, etc. Beginners welcome. phone 269-7044.

- **Eureka Mindfulness Buddhist Meditation & Discussion.** 2nd and 4th Wednesdays of each month. 7:15 pm First Christian Church 730 K St. Wheelchair accessible, fragrance free, beginners welcome. Info:269-7044.
- Fridays, Ongoing: Depression and Bipolar Support Alliance: Arcata Support Groups; free, voluntary, and open peer-support groups for those experiencing depression (seasonal, situational, or chronic) and/or mood swings. Open to the public. Family and

friends are also welcome. 6 pm at the Arcata Library Conference Room. Info: 443-9659 or dbsahumb@sbcglobal.net. **Health Insurance and Advocacy Program (HICAP)** provides objective information, help, and advocacy for people relying on Medicare. Info and appointments: 444-3000.

Healthy Kids Humboldt Enrollment Headquarters offers health care insurance by assisting with Medi-Cal, Healthy Families, and Cal Kids applications for children. 517 3rd Street, Eureka. 442.6066.

Humboldt Community Switchboard can direct anyone to services in Humboldt County. Info: 441-1001 or www.theswitchboard.org.

Humboldt Domestic Violence Services Support Groups; all services are free. Info & child care: 444-9255. 24-Hour Crisis Line: 443-6042 or toll free 866-668-6543.

Humboldt Literacy Project, to improve adult reading skills necessary to function on the job, in the family, & in the community. Free & confidential. Info: 445-3655 or www.humlit.org.

Nature-Based Spiritual Queers (GLBT) pagan, Native American traditions, etc. Newcomers welcome. phone 269-7044.

North Coast Rape Crisis Team; 24 hour crisis line: 445-2881. Business phone: 443-2737.

Ongoing: Drop-in Grief Support Groups. Hospice offers free, drop-in grief support groups in Arcata, Eureka, Fortuna and McKinleyville. These groups are open to anyone in the community experiencing grief and loss of a loved one. Info and schedules: 445-8443.

Ongoing: Volunteer Center of the Redwoods (VCOR): The Drop of a Hat Brigade connects volunteers of all ages with one time and short-term events. RSVP provides benefits such as limited mileage reimbursement for volunteers ages 55 and older. Info on these and other volunteer opportunities: 442-3711 or www.a1aa.org/VCOR/.

The Area 1 Agency on Aging sponsors many senior programs. Info: 442-9591 or www.a1aa.org.

The Emma Center Advocacy, support, referral services, library, and classes for trauma and abuse survivors. 920 Samoa Blvd. Suite 207, Arcata. Info: 825-6680 or info@emmacenter.org or www.emmacenter.org.

Vision Loss Services; Lighthouse of the North Coast, solutions for living with vision loss. Info: 268-5646 or www.lighthouse-sf.org.