



The HOPE Coalition

Humboldt Organized for Peace & the Environment

"Working in partnership toward the development of a diverse, just, & sustainable community."

Calendar of Happenings in Humboldt County Inside

Newsletter Editorial Page – Feb. 12, 2008

Russia, China Propose New Treaty to Ban Arms in Space

[As the Bush administration continues pushing for spending our dwindling tax dollars on weapons systems that are both doomed to failure, and not needed in the first place, I thought this piece by Agence France Presse (www.afp.com) was interesting and noteworthy. – Michael]

GENEVA - Russia and China have proposed a new treaty to ban the use of weapons in space, Russian Foreign Minister Sergei Lavrov told a disarmament conference on Tuesday. [Feb. 12]

"Without preventing an arms race in space, international security will be wanting," Lavrov told the conference.

"The task of preventing an arms race in space is on the conference's agenda. It's time... to start serious practical work in this field," he said.

Concerns over a new arms race in space have been growing since China tested an anti-satellite missile last January, sparking a diplomatic outcry.

The United States also has its own anti-satellite programme ranging from laser cannon to satellite destroying missiles.

The Outer Space Treaty of 1967 bans the build up or stockage of military weapons — including nuclear arms or weapons of mass destruction — in orbit and their installation on the moon, but not the shooting down of satellites.

"Weapons deployment in space by one state will inevitably result in a chain reaction. And this, in turn, is fraught with a new spiral in the arms race both in space and on the earth," Lavrov said.

The Russian minister also reiterated his criticisms of the United States's plans for an anti-missile shield in Europe.

"We cannot but feel concerned over the situation where ... there are increasing efforts by the United States to deploy its global ABM (anti-ballistic missile) system," Lavrov said.

"The desire to acquire an anti-missile 'shield' while dismantling the 'sheath', where the nuclear 'sword' is kept is extremely dangerous," he added.

Washington is currently negotiating with Warsaw and Prague on the possible installation of 10 interceptor missile sites in Poland by 2012 and associated radar stations in the Czech Republic.

The US says the sites are needed as part of a gradually-developing shield to ward off potential attacks by what it calls "rogue states," notably Iran.

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[Without our venerable editorialist on duty (Mayer Segal) we will from time to time need to resort to previously published pieces. While we will try to keep them as interesting and relevant as possible, what we'd really like to have are fresh editorials by local writers on progressive issues, either local or national in scope. Local writing and angles help keep HOPE Coalition Newsletter editorials interesting and appreciated. Remember when writing, that an article should bring together the diverse individuals within our progressive community, not create further splits among us. If you are interested in writing for HOPE, please pop an email with your ideas to mwelch@redwoodalliance.org. Thanks in advance!]

PEACE NEWS

Saturday, March 15: National and Local Peace March, starting locally at 1 pm at the Muni Auditorium, 12th and F St. in Eureka. Local organizing for this event is going on now. Please call for dates and times of meetings and/or to find out how you can become involved. Info: 442-8733.

The Redwood Peace & Justice Center, 1040 H St., in Suite B (the back offices off the alley behind skateboard shop). Hours sporadic at present. The RPJC Board is creating a long-term plan and will be launching a fundraising campaign soon for a new, larger space that will better serve the community. Watch this newsletter for further updates. Info: 826-2511 or www.rpjc.net.

ENTERTAINMENT, CELEBRATIONS, & CULTURE

Saturday, February 16: Mardi Gras Carnival, blowout benefit for Circus Remedy. Drums, dancing, food and drink. 8 pm at the Arcata Playhouse, 1251 9th St. \$10. Info: 825-8063.

Saturday, February 16: Arcata Volunteer Fire Department's Valentine's Dance. 7 pm - 12 am at the Arcata Community Center. Music from "Magnolia," no-host bar, raffle and late night buffet. Dance lessons from 7 - 8 pm. \$10. Info: 825-2000.

Sunday, February 17: Lunar New Year Celebration with the Yau Kung Mon Lion Dancers and crafts, food, Asian Zodiac and astrology and more. 1 - 4 pm at the Kate Buchanan Room at HSU. Free. All ages. Info: 826-3364.

Friday and Saturday, February 22 and 23: The Vagina Monologues at the Eureka Theater. Doors open at 6:30 pm, show starts at 7 pm. A silent auction of local artists' work will also take place. \$18, \$15. Proceeds benefit Humboldt Domestic Violence services, The Emma Center and the NorthCoast Rape Crisis Center. 612 E St. Info and tickets: www.vday2008.org.

Friday, Saturday and Sunday, February 22 - 24: Carpetbag Brigade Physical Theater's "You Don't Know Jack," an Akashic fairy tale shipwrecked between myth and reality. 8 pm at the Arcata Playhouse, 1251 9th St, Arcata. \$10. Info: 822-1575.

Saturday, February 23: 17th Annual Indian Island Candlelight Vigil held every February to remember those who lost their lives in the 1860 Massacre and help heal the community. Prayer, song, and poetry. 6 to 8 pm at the west end of Woodley Island in Eureka. The community is welcome. Rain or shine. Please bring a candle. Info: 733-5055.

Saturday, February 23: International Cultural Festival 2008; featuring the Somei Yoshiho Taiko Ensemble as well as music, dance and food. 1 m in the Kate Buchanan Room at HSU. Free. Info: 826-3731.

Saturday, February 23: HSU Music Dept. Symphonic Band/Jazz Orchestra; 8 pm in the Fulkerson Recital Hall, HSU. \$7, \$3. Info: 826-3456.

Sunday, February 24: February Reggae Fest; featuring music, arts and crafts and Jamaican food all day at the Arcata Community Center. Doors open at 2 pm, music 2:30 - 10 pm. All ages. \$65. Info: 923-4599 or www.peopleproductions.net.

Sunday, February 24: Annual Soul Food Dinner sponsored by the HSU Multicultural Center. 6 - 9 pm at the Kate Buchanan Room at HSU. Info: 826-3364.

CHILDREN & YOUTH

Tuesdays: Tuesday Tales, a new series of after-school story times for school aged children, focused on tales of young adventurers who use their heads and hearts to win their way to triumph. Call for dates. 3 pm at the Humboldt County Library, 1313 3rd St., Eureka. Info: 269-1910, www.humlib.org.

Wednesday, February 20: Family Literacy Night presents a special musical evening with Cedarhill. A free book will be available for each family. 6:30 pm at the Humboldt County Library, 1313 3rd St., Eureka. Info: 269-1910, www.humlib.org.

Thursday, February 21: Share A Story "A is for Apple," short video, stories, and crafts. A free book is available for each participating family. 6:30 pm at the Arcata Branch Library, 500 7th St. Info: 822-5954 or www.humlib.org.

Saturday, February 23: Live Raptor and Bat Presentation Humboldt Wildlife Care Center volunteers bring their newest teaching animals to the Museum for a visit. See a peregrine falcon and a big brown bat and learn about their lives. 1 - 2 pm. Four 15-minute programs will be presented. Pick up tickets on the day of the event at the front desk. Seating is limited. Free with museum admission. All ages. 1315 G St, Arcata. Info: 826-4479.

Student Bird Art Contest, sponsored by Redwood Region Audubon Society and Friends of the Arcata Marsh. \$500 in prizes will be awarded to students K - 12 who submit a drawing of one of 40 selected bird species. Artwork may be in color or black and white. Any media may be used (e.g., crayons, pastels, paint, pencil, collage). One entry per person. Info at the Arcata Marsh Interpretive Center and Strictly for the Birds in Old Town Eureka, or by sending a self-addressed stamped envelope to Sue Leskiw, 5440 Cummings Road, Eureka 95503. Deadline: March 31.

Audubon Writing Contest. Redwood Region Audubon Society's student writing contest deadline for receipt is March 21. Theme: "What Nature Means to Me." Info: tomlleskiw@suddenlink.net.

Our House Temporary Youth Shelter, a project of RCAA's Youth Services Bureau. A safe place for youth 12 - 17 providing temporary shelter, counseling and crisis management. Info: 444- CARE (2273).

PROTECT THE EARTH & ITS LIVING CREATURES

Sunday, February 24: "Botanizing the Hammond Trail," A Hammond Trail Hike. Review coastal and riparian trees and shrubs, including those stabilizing the old Mad River banks, see how the Widow White Creek restoration is handling winter rains, and map invasive plants along the trail. 9 am - noonish. Info: Carol Ralph 822- 2015.

Saturdays, Ongoing: free tours of the Arcata Marsh and Wildlife Sanctuary. Rain-or-shine, docent-led field trips. Meet with binoculars in the parking lot at the south end of I Street in Arcata at 8:30 am.

Saturdays, Ongoing: free tours of the Arcata Marsh. A 90-minute, docent-led walk focusing on different topics of the marsh birds, ecology, history, or wastewater treatment. 2 pm at the Interpretive Center on South G St. Info: 826-2359.

WORKSHOPS, CLASSES, MISCELLANY

Saturday and Sunday, April 5 and 6: Permaculture: Designing for Self-Reliance Workshop. Topics will include: techniques for holistic design, design for disaster preparedness, patterning in design, indigenous land stewardship practices, building healthy soil, managing on-site water, plant propagation, agroforestry, and mushrooms. The course will culminate with participants collaborating on a mini design project. The workshop will take place at CCAT. Info: Jeffrey Adams 774-392-4347 or jma50@humboldt.edu.

Thursdays, Ongoing: Depression and Bipolar Support Alliance: Arcata Support Groups; free, voluntary and open peer-support groups for those experiencing depression (seasonal, situational or chronic) and/or mood swings. Open to the public. Family and friends are also welcome. Info: 443-9659 or dbsahumb@sbcglobal.net.

MEETINGS

Saturday, February 16: Humboldt Green Party General Assembly. Meet with Green candidates for Arcata City Council and US House Of Representatives. 10 am - 1:30 pm, Siemens Hall, Room 115, HSU. Business meeting is at 10:00. Conversation with the candidates begins at 11:00, and potluck lunch at noon. Info: Dana Silvernale at 267-5342 or www.humboldtgreens.org.

Green Wheels has formed an off-campus branch that meets weekly on Mondays at 6:30 pm at the Northcoast Environmental Center, Arcata. All are welcome to attend. Info: 826-9175 or www.green-wheels.org.

Redwood Alliance Climate Action Project. Meetings second and fourth Mondays at 5:30 pm at the Arcata Public Library Conference Room. Info: 822-6171, climatechange@redwoodalliance.org; www.redwoodalliance.org.

TALK SHOWS, COMMENTARY, & MEDIA SPECIALS

Regularly scheduled programs are now listed in the insert. Special programs or specific guests will be listed here.

Bill Moyers Journal Interviews and news analysis on a wide range of issues. PBS, KEET TV Channel 13 on Fridays at 9 pm and Wednesdays at 11:30 am, or on the Internet at www.pbs.org/moyers/journal.

Access Humboldt (Channels 10 & 12, public access TV, was ACAT, was APEG, was HCMC). For program schedule, submission policies and program request forms, go to www.accesshumboldt.net. Info: 476-1798.

Thursdays at 1:30 pm: Econews Report is back on the air with hosts Greg King and Erica Terence; on KHSU, 90.5 FM. Info: 822-6918 or www.yournec.org.



HOPE Coalition Newsletter & Calendar, Feb. 12, 2008 **Page 4**
PO Box 385 Arcata, CA 95518 **RETURN SERVICE REQUESTED**
 Printed on recycled paper with voluntary labor.

Editorial: Page 1, **Calendar:** Pages 2 - 3, **Food Safety Action** this page.

Newsletter, **Feb. 12, '08**. Vol. 14, Number 3. Published semi-monthly on 2nd & 4th Tuesdays; **next Feb. 26, '08**. For calendar items PO Box 385, Arcata 95518 or e-mail to hopecoalition@igc.org. **Next deadline. Feb. 23, '08**. Write or e-mail for sample newsletter. Newsletter staff: Mayer Segal, Michael Welch, Dave Keniston, Fhyre Phoenix, Mara Segal, Paloma Orinoco. Web site: www.hopecoalition.org.

“Chaotic Action is Preferable to Orderly Inaction” Will Rogers

Potluck/Letter Writing Monthly: First Friday, next Mar. 7, 6 pm at 2322 Golf Course Rd., Bayside. Bring change for postage and optionally info on issues. For more info: call Wendy at 822-9377. For monthly reminders: mobilmed@igc.org.

Last Chance to Improve Federal Food & Farm Bill!

Every five years Congress makes decisions about how our food will be produced when they vote on the Food and Farm Bill. We all want healthful, tasty food, but the Food and Farm Bill should also support modern farming practices that protect the foundations of our food supply, like healthy soil and fresh water. Government policy should address the effects that some farm practices have on our health, such as antibiotic resistance caused by adding these important drugs to the feed of animals that are not sick. Right now, members of the House and Senate are working to resolve differences between the two versions of this bill they passed last year. This is your chance to demand federal agricultural programs that are better for you and our planet. Please write to your legislators today!

For a sample letter you can sign, go to the Union of Concerned Scientists web site

- www.ucsusa.org

Click on the Food & Farm Bill Take Action Link.

For more info on healthy food, food safety, and safe / sustainable farming, visit the following web sites:

- | | |
|--|--|
| • www.caff.org | • www.foodsecurity.org |
| • www.calfoodandfarming.org | • www.frac.org |
| • www.foodandsociety.org | • www.thefoodproject.org |

- - - HOPE Coalition Membership Application - - -

The Objective of the HOPE Coalition:

To synthesize and promote the individual visions of the organizations that make up Humboldt's environmentally and socially just community. These include, but are not limited to, the following types of organizations: Environmental, Social Justice, Peace, Labor, and Human Service.

Membership: Renewal []
 Individual memberships: \$13 - \$25 per year.
 Organizational memberships: \$25 - \$100 per year.

Make checks to HOPE Coalition. Amount: \$ _____
 Scholarships are available

I can volunteer some time []
 Receive newsletter: By US mail []; By email []; Both []

Name _____

Address _____

Email _____

Phone _____

The HOPE Coalition - PO Box 385 Arcata, CA 95518 - hopecoalition@igc.org - www.hopecoalition.org
 The HOPE Coalition Newsletter is now available in Arcata at: the Co-op, & the Northcoast Environmental Center; at the main Humboldt, Arcata, McKinleyville, and Trinidad libraries; and at the Senior Center in Eureka.

PEACE NEWS

Peace Vigils Fridays 5 - 6 pm on the Arcata Plaza. Mondays at 4 pm at the Courthouse in Eureka, 445-5100 ext. 215, ask for Jack.

Vets for Peace Silent Vigil; Fridays, 5 - 6 pm: SW corner Arcata Plaza.

Vets for Peace, Humboldt Bay Chapter 56 meets 1st Thurs. at 7 pm: at the Arcata Marsh Commons. Info: 826-7124.

Women in Black stand in silent vigil every **Friday 5 - 6 pm** at the **Arcata Plaza**, 8th & G, at the **Humboldt County Courthouse** (also Saturdays at noon), the **McKinleyville Shopping Center** on the grassy area out front, and **Fridays 4 - 5 pm** in **Trinidad** at the intersection of Scenic Dr. and Main St.

TALK SHOWS, WORKSHOPS & COMMENTARY

Access Humboldt (Channels 10 & 12, public access TV). For program schedule, submission policies, and program request forms: www.accesshumboldt.net. Channel 12 schedule posted weekly in the Arcata Eye. Info: 476-1798.

COMMENTARY on KEET TV Channel 13 445-8013: **Wide Angle** Tues. at 9 pm

NOW with David Brancaccio. Fri. at 8:30 pm:

COMMENTARY on KGOE 1480 am, 442-2000: **Thom Hartmann**, weekdays 9 am - noon.

Peter B. Collins, weekdays 3 - 6 pm. Progressive talk show from San Francisco.

COMMENTARY on KHSU, 90.5 fm, 826-6089. **Democracy Now!** with Amy Goodman: weekdays 9 - 10 am.

The EcoNews Report with Greg King. 1:30 pm Thursdays.

A World of Possibilities locally produced syndicated public affairs program. 1:30 pm Wednesdays. Info: 826-9111 ext. 18.

COMMENTARY on KMUD, 88.3 fm, 923-2513. **Counterspin**, Sunday 1 - 1:30 pm.

Alternative Radio, Mondays 9 am. Boulder-based award-winning weekly series with David Barsamian.

Animal Advocate, 2nd Thursday, 7 - 8 pm. Animal welfare issues. Info: Barbara Shultz at 986-7835, animaladvocate4@yahoo.com.

A World of Possibilities locally produced syndicated public affairs program. 9 am Tuesdays. Info: 826-9111 ext. 18.

Democracy Now! with Amy Goodman; noon, Mon. - Fri. Also 4 pm Access Humboldt Channel 12. Also 11 am on KIDE 91.3 fm. Also on Free Speech TV (FSTV) Mon. - Fri. midnight, 8 am, noon, or 7 pm.

Civil Liberties Monitoring Project Report; 1st Wednesday, 7 - 8 pm. 923-4646.

Politically Correct Week in Review, call-in radio show, 2nd, 4th, & 5th Mondays at 7 pm 923-3911.

All Things Reconsidered with Eric Kirk. 3rd Thursday at 7 pm.

Global Stuff call-in talk show with Jimmy Durchslag, last Friday, 7 - 8 pm.

PROTECT THE EARTH & ITS LIVING CREATURES

Adopt-the-Bay. Participate in a number of tasks aimed at maintaining a healthy Humboldt Bay. All welcome. Info: 443-0801.

Audubon Society Field Trips; Free field trips through the Arcata Marsh and Wildlife Sanctuary every Saturday at 8:30 am at the Kloop Lake parking lot (foot of I St. in Arcata). Bring your binoculars. Rain or shine. Info: 268-8052 or 822-3613.

Campus Center for Appropriate Technology; info: 826-3551.

Friends of the Dunes; Restoration workdays the first 3 Saturdays every month, 9 am - 1 pm. Info: 444-1397 or info@friendsofthedunes.org. Complete calendar: www.friendsofthedunes.org.

Friends of the Marsh guided interpretive walks every Saturday 2 pm at the Interpretive Center on South G St., Arcata. Info: 826-2359.

Redwood Alliance Climate Action Project. Join others to promote the solutions to global warming. 2nd & 4th Mondays at 5:30 pm at the Arcata Public Library Conference Room. Info: 822-6171, climatechange@redwoodalliance.org; www.redwoodalliance.org.

Wild Urban Gardeners! Meets Wednesdays at 7 pm, 1552 Spear Ave. in Arcata. Promoting food & native plant species, information about compost, greenhouses, seed banks, and community gardens. Info: 822-5861.

ARTS

Arts Alive! Eureka; first Saturday of the month at venues around town. Art, music, dance, refreshments. Info: 442-9054.

Arts! Arcata; second Friday of the month at venues around town and at HSU. Art, music, dance, refreshments. Info: 822-4500.

The Ink People; 411 12th St, Eureka. Hours: Tuesday - Saturday, 11 am - 4 pm. Info: 442-8413 www.inkpeople.org.

Arcata Artisans Cooperative Gallery; H St. on the Plaza. Mon. - Sat. 10 - 6, Sun. 12 - 5. Info: 825-9133, www.arcataartisans.com.

Westhaven Center for the Arts; 501 S. Westhaven Dr. Info: 677-0860, www.westhavenarts.org.

First Street Gallery; 422 First Street, Eureka. Tuesday - Sunday from noon - 5 pm. Info: 443-6363 or www.humboldt.edu/~first.

Clarke Historical Museum; 240 E St., Eureka. Info: 443-1947 or www.clarkemuseum.org.

Morris Graves Museum; 636 F St., Eureka. Wed. - Sun. 12 - 5 pm. www.humboldtarts.org

MEETINGS

Arcata's Nuclear Weapons Free Zone and Peace Commission; 1st Tues. 6:30 pm at Arcata City Hall, 736 F St. Info: 822-5951.
Commission on Status of Women meets 3d Tuesday at 6 pm. Call for place: 822-2502 or www.co.humboldt.ca.us/commissions/csw/.
Eureka Greens meet 3rd Saturday of every month. 3:30-5pm. 321 Coffee (321 Third St. in Old Town). Info: www.EurekaGreens.com.
Green Wheels; Mondays 6:30 pm at the Northcoast Environmental Center. Info: mail@green-wheels.org or www.green-wheels.org.
Humboldt County Human Rights Commission meets 2nd Tues. City Courthouse, Rm. B, Eureka, 6 pm. Info: 268-2548.
Humboldt Democratic Central Committee; 2nd Wednesday at 7 pm. 129 Fifth St. Info: 445-3366 or www.humboltdemocrats.org.
Humboldt Exchange Community Currency Project. Call for meetings: 269-0984.
Humboldt Watershed Council at NEC, 2nd and 4th Wednesdays, 7 - 9 pm. Info: sheds@humboldt1.com.
Mother Jones Club & Humboldt Communist Alliance. Call for meeting times: ncalview@igc.org or 839-3824.
NAACP; Regular 3rd Sunday at 3:30 pm, **PAC** at 2:30 pm, Cooper Gulch Ctr., 8th & Myrtle, Eureka. Info: 268-8287 or 442-2638.
North Coast IWW, the Wobblies meets every 3rd Wed. 6:30 - 8 pm at the Labor Temple, 840 E St., Eureka. Info: 725-8090.
Northern Humboldt Greens meet 2nd Tuesday of the month, 7 - 8 pm. Info: Shaye, 237-2790 or email arcata@greens.org.
Redwood Alliance Climate Action Project, promoting solutions to human-caused climate change. Meet 2nd & 4th Mondays, 5:30 pm
1175 G St. Arcata, upstairs. Info: 822-6171, climatechange@redwoodalliance.org or www.redwoodalliance.org.
Redwood Chapter ACLU meets 3rd Thursday at noon at 917 Third St. in Eureka. Blog at redwoodaclu.blogspot.com. Info: 215-5385.
Sequoia Greens of southern Humboldt. Call for meetings: 923-4488 or encimer@hotmail.com.
Veterans for Peace (SoHum Chapter); 1st Tuesday of Each Month at 7pm at Haynes Vets Hall, Garberville.
Vets for Peace (Humboldt Chapter 56); 1st Thursday at 7 pm in Arcata. Info: 826-7124.
Women's International League for Peace and Freedom (WILPF); meets the last Monday, 7 - 9 pm at the Arcata Public Library, 500
7th St., Arcata. Info: Carol at 668-1901.

CHILDREN & YOUTH

Arts in the Afternoon; a free art studio for teens (6th - 12th grade). Open week days during the school year, 3 - 6 pm at Arcata
Community Center. Sponsored by City of Arcata's Recreation Division. Info: 825-2028.
Cyber Tribe; a local non-profit business where youth can use and gain knowledge in computers. Open to age 12 - 19. Info: 826-1160.
HSU's Natural History Museum, 1315 G St. Arcata. Free drop-in programs on Saturdays at 1 pm. Program info: 826-4479.
Humboldt County Library in Eureka Story Hour: 10 am Fridays & other programs. Info: Jo Ann Bauer, 269-1900.
Humboldt County Teen Court is looking for teen volunteers. Info: 444-0153.
Mondays, Fridays, & Saturdays: PULSE, new Teen Recreation Center; regular programming from 6 - 9 pm at the John Ryan Youth
Center, 1653 J St, Eureka. Info: 268-1858.
Raven Project Queer Coffee House for Youth; Tuesday, 6:30 - 9 pm. Also, girls & women 10 - 24 years meet Wednesdays from 6:30
- 8:30 pm, 523 T St., Eureka, 443-7099.

COMMUNITY & WELL-BEING SERVICES

Buddhist Queers (lesbian, gay, bi, transsexual) Vipassana, Zen, etc. Beginners welcome. phone 269-7044.
Health Insurance and Advocacy Program (HICAP) provides objective information, help, and advocacy for people relying on
Medicare. Info and appointments: 444-3000.
Humboldt Community Switchboard can direct anyone to services in Humboldt County. Info: 441-1001 or www.theswitchboard.org.
Humboldt Domestic Violence Services Support Groups; all services are free. Info & child care: 444-9255. 24-Hour Crisis Line: 443-
6042 or toll free 866-668-6543.
Humboldt Literacy Project, to improve adult reading skills necessary to function on the job, in the family, & in the community. Free &
confidential. Info: 445-3655 or www.humlit.org.
Nature-Based Spiritual Queers (GLBT) pagan, Native American traditions, etc. Newcomers welcome. phone 269-7044.
North Coast Rape Crisis Team; 24 hour crisis line: 445-2881. Business phone: 443-2737.
The Area 1 Agency on Aging sponsors many senior programs. Info: 442-9591 or www.a1aa.org.
The Emma Center Advocacy, support, referral services, library, and classes for trauma and abuse survivors. 920 Samoa Blvd. Suite
207, Arcata. Info: 825-6680 or info@emmacenter.org or www.emmacenter.org.
Vision Loss Services; Lighthouse of the North Coast, solutions for living with vision loss. Info: 268-5646 or www.lighthouse-sf.org.