



The HOPE Coalition

Humboldt Organized for Peace & the Environment

"Working in partnership toward the development of a diverse, just, & sustainable community."

Calendar of Happenings in Humboldt County Inside

[Newsletter Editorial Page – Jan. 27, 2009](#)

Obama Has Opportunity to Reverse Mistake on Offshore Drilling — Mark Weisbrot

[Ed. Note: The politicians shaped this issue through lies and deceit. Now it is up to us to support an effort to get Obama to stand firm against offshore drilling for oil and gas.]

Campaigning in Florida last June as a presidential candidate, then-Senator Barack Obama blasted the proposal of his opponent, Senator John McCain, to open coastal areas of the United States to offshore drilling. Declaring that it "makes no sense at all," Obama correctly stated that such drilling would make very little difference in the price of gasoline, and supported a reduction of fossil fuel use through a stimulus program that would create "green jobs."

But as gasoline prices soared past \$4 a gallon and the Republicans campaigned on the issue of "drill here, drill now," the Democratic leadership softened its position. The end result was that a 27-year ban on drilling in coastal areas off the United States was allowed to expire.

President Obama now has an opportunity to reverse this mistake by re-instituting the prior protection of our coastal environment.

Offshore drilling has resulted in millions of gallons of oil spills and other forms of pollution. The expansion of offshore drilling is widely seen as a threat to the coastal environment, as well as tourism and fishing industries. It is also a misplaced priority, given the need for the development of renewable energy, increased energy efficiency, and other solutions that will slow the pace of global climate change.

The way in which the ban on offshore drilling was allowed to expire offers a remarkable case study in the techniques of modern political manipulation. Perhaps even more striking is the way in which the major media outlets enabled this mass deception to succeed, by shirking their fundamental responsibility to report the most relevant facts.

The McCain campaign took advantage of voters' anger over rising gasoline prices with attack ads directly blaming Obama. "Gas prices - \$4, \$5, no end in sight, because some in Washington are still saying no to drilling in America," blared one influential McCain TV ad.

McCain made offshore drilling a major issue in the campaign at the time. But there was no empirical basis for the idea that lifting the ban on offshore drilling would significantly affect gasoline prices. Projections from the U.S. Department of Energy's Energy Information Administration (EIA) found that such drilling would increase world production by about one-fifth of one percent—twenty years from now. The EIA concluded that this was too small to have any significant effect on oil prices.

But most Americans would never get this information. Of 267 major television programs that mentioned the proposed drilling between June 16 and August 9, 2008, only one cited the EIA finding.

As a result, the McCain effort succeeded in shaping public opinion. By the end of July, 69 percent of respondents favored such expanded drilling, and 51 percent said that they believed that "federal laws that prohibit increased drilling for oil offshore or in wilderness areas" were a "major cause of the recent increase in gasoline prices." The response of political candidates to the election-year pressure of misinformed public opinion then led to the change in policy.

But Barack Obama emerged as the winner, and he now has the bully pulpit as president and approval ratings over 80 percent. Gasoline prices are back down to \$2.07 a gallon. It shouldn't be too difficult for him, together with the Democratic Congressional leadership, to simply explain the truth of the matter and re-institute the ban on offshore drilling.

If President Obama is to deliver on his promise of change, he will have to correct a number of major mistakes that were based on the mass dissemination of lies—including most obviously the Iraq war. Restoring the protection of our coastal areas is an easy one. He should do it immediately.

*Mark Weisbrot is co-director of the Center for Economic and Policy Research, in Washington, D.C. He received his Ph.D. in economics from the University of Michigan. He is co-author, with Dean Baker, of *Social Security: The Phony Crisis* (University of Chicago Press, 2000), and has written numerous research papers on economic policy. He is also president of Just Foreign Policy.*

PEACE NEWS

Thursday, January 29: "Uranium Radiation Poisoning; Scourge of the Modern Battlefield," a free seminar presented by Veterans for Peace. 10 am - noon at the Labor Temple, 840 E St, Eureka.

The Redwood Peace & Justice Center Board has closed the Center's doors. Info: staff@rpjc.net or www.rpjc.net.

ENTERTAINMENT, CELEBRATIONS, & CULTURE

Tuesday, January 27: Based on the Book Film Series: "Sullivan's Travels." A director of escapist films goes on the road as a hobo to learn about life, which gives him a rude awakening. Discussion hosted by Bob Doran. Free. 6:30 pm at the Humboldt County Library, 1313 3rd St., Eureka. Info: 269-1910, www.humlib.org.

Thursday, January 29: Lecture: "Relativity for Dummies" with Dr. Dave Kornreich of HSU's Physics Dept. Learn about the strange effects of the speed of light. 7 - 8:15 pm at the HSU Natural History Museum, 1315 G St, Arcata. \$2, \$4. Info: 826-4479.

Friday, January 30: Eureka Chamber Music Series: The San Francisco Opera Center Singers. 7:30 pm at the Cavalry Lutheran Church, 716 South Ave, Eureka. \$30. Info: 445-9650.

Saturday, January 31: OLLI Open House. The Osher Lifelong Learning Institute is hosting an Open House highlighting spring courses. 1 - 3 pm at the Humboldt Bay Aquatic Center. Free. Info: 826-3743.

Saturday, January 31: "Americans in Paris," a benefit to send Nancy Correll and Annete Gurnée Hall to a piano conference in France. The pair will perform their four-hand rendition of Gershwin's "An American in Paris." 40 singers will also sing songs about France. 2 pm and 7:30 pm at the Unitarian Fellowship in Bayside. Info: 822-3793.

Saturday, January 31: The Joe Craven Trio in a Benefit Concert for School Music Programs. The Trio will perform and Joe Craven will speak about the importance of music in the schools. 7 pm at the Eureka High Auditorium. Donations to the instrument drive may be dropped off at the concert. Info: 445-3378.

Saturday, February 7: Lunar New Year Celebration. Lion dancers, drumming, refreshments, art projects and more. 2 - 5 pm in the Kate Buchanan Room at HSU. Free. Info: 826-3664.

Saturday, February 7: Eureka Symphony: 2009 Youth Competition Winners. Teen musicians Jean Sack (piano), Rachael Fales (voice), and Signe Nicklas (piano) will perform and Donald Forrest will narrate "Gerald McBoing Boing." 8 pm at the Arkley Center. Info: 269-0731 or www.eurekasymphony.com.

Sunday, February 8: Eureka Symphony: 2009 Youth Competition Winners. Teen musicians Jean Sack (piano), Rachael Fales (voice), and Signe Nicklas (piano) will perform and Donald Forrest will narrate "Gerald McBoing Boing." 2 pm at the Arkley Center. Info: 269-0731 or www.eurekasymphony.com.

Monday, February 9: HSU Music Dept. Guest Artists: "Go Home", a Redwood Jazz Alliance Production. 8 pm in the Kate Buchanan Room at HSU. \$15, \$10. Info: 826-3456.

CHILDREN & YOUTH

Thursday, January 29: Puppet Show: "The Shoemaker's Helpers," with Sean Powers and Mark Dupree. A comic retelling of the old folktale. 6:30 pm at the Arcata Branch Library, 500 7th St. Info: 822-5954 or www.humlib.org.

Wednesday, February 4: Share A Story " My Many Colored Days," short video, stories, and crafts. A free book is available for each participating family. 6:30 pm at the Humboldt County Library, 1313 3rd St., Eureka. Info: 269-1910, www.humlib.org.

Saturday, February 7: Rock and Fossil Discovery Day. Assorted all-ages activities including identification of your own rocks and fossils. 11 am - 2 pm at the Natural History Museum, Arcata. Free with admission. Info: 826-4478.

Saturday, February 7: Lunar New Year Celebration. Lion dancers, drumming, refreshments, art projects and more. 2 - 5 pm in the Kate Buchanan Room at HSU. Free. Info: 826-3664.

Saturday, February 14: Second Saturday Family Arts Day: Black History Month. Activities for youth and families, including West African drumming, arts projects, & African tales from the Chamber Readers. Put on by the Humboldt Arts Council at the Morris Graves Museum. 2 - 4 pm at 636 F St., Eureka. Info: 442-0278.

SINGING VALENTINE FUNDRAISERS

Arcata-McKinleyville High's Valentines available 2/12, 2/13, and 2/14 from Trinidad to Humboldt Hill. The ArMack Orchestra and the Arcata Madrigal Singers deliver a card and romantic tune for \$15. Flowers, chocolates and extra songs available. Proceeds benefit student travel to music festivals. Info: 825-9514.

Humboldt Light Opera Company Trios available all day 2/13 and 2/14 from Fortuna to Trinidad. Options include flowers and candy. Six songs to choose from. \$15 - 25. Info: 668-4299 or www.hloc.org.

Humboldt Harmonaires Barbershop Chorus. Four-part barbershop harmony. Valengram comes with card and rose. \$25 - 40. Info: 442-1549 or info@humboldtharmonaires.com.

Eureka High School's Vocal Jazz Ensemble. Complete details not available at press time. Info: 441-2508

PROTECT THE EARTH & ITS LIVING CREATURES

Sunday, February 1: Raptor Survey Participants Sought. Record data for the Audubon Society over a 30-mile route through the Loleta and Ferndale Bottoms. 8 am - 2 pm. Info: project coordinator Ken Burton at 825-1124.

Saturdays, Ongoing: Free tours of the Arcata Marsh and Wildlife Sanctuary. Rain-or-shine, docent-led field trips. Meet with binoculars in the parking lot at the south end of I Street in Arcata at 8:30 am.

Saturdays, Ongoing: Friends of the Arcata Marsh Docent-Led Walks. A 90-minute, docent-led walk focusing on different topics of the marsh. 2 pm at the Interpretive Center on South G St. Info: 826-2359.

WORKSHOPS, CLASSES, MISCELLANY

Wednesday, February 4: Medicare/Medi-Cal Workshop. Introduction to Medicare, Medicare Advantage, Medicare Part D and Medi-Cal benefits for seniors, adults with disabilities and family caregivers. 11 am - noon at Champion Advocates, 559 G St, Suite 115 in Eureka. Info: 442-5300 or www.championadvocates.com.

Through February 13: Instrument Drive. Local residents are asked to donate any musical instruments that they may have that are not being used. Instruments will be repaired if needed and donated to local schools for students who cannot afford to purchase an instrument. Drop-offs can be made at either Co-op or any Umpqua Bank branch. Info: 445-3378.

Every Tuesday, 3:30 to 7:30 pm: Tax Help! Free tax assistance from the VITA volunteers is available at the library every Tuesday. For low to moderate income people filing basic tax forms. Call 269-2016 ahead of time for an appointment, or email riches@rcaa.org. They will tell you what to bring to your appointment.

Ongoing: Drop-in Grief Support Groups. Hospice offers free, drop-in grief support groups in Arcata, Eureka, Fortuna and McKinleyville. These groups are open to anyone in the community experiencing grief and loss of a loved one. Info and schedules: 445-8443.

Ongoing: Volunteer Center of the Redwoods (VCOR): The Drop of a Hat Brigade connects volunteers of all ages with one time and short-term events. RSVP provides benefits such as limited mileage reimbursement for volunteers ages 55 and older. DOORS lends support to volunteers with disabilities. Info on these and other volunteer opportunities: 442-3711 or www.a1aa.org/VCOR/.

Fridays, Ongoing: Depression and Bipolar Support Alliance: Arcata Support Groups; free, voluntary, and open peer-support groups for those experiencing depression (seasonal, situational, or chronic) and/or mood swings. Open to the public. Family and friends are also welcome. 6 pm at the Arcata Library Conference Room. Info: 443-9659 or dbsahumb@sbcglobal.net.

MEETINGS

Sunday, February 1: Humboldt Electric Vehicle Association Monthly Meeting. Find information on EVs (Electric Vehicles) through articles and discussions with members and leaders in the field. Learn about buying, converting, driving and maintaining EV's. 6 - 9 pm at the Arcata Library. Info: Susan at 822-6972 or www.heva.org.

Thursday, February 5: The Humboldt County Human Rights Commission meets at 5 pm in Conference Room A in the county courthouse in Eureka. Issues regarding code enforcement and homelessness in the county will be considered. The public is encouraged to attend. Info: 668-4095.

Arcata's Nuclear Weapons Free Zone and Peace Commission. On indefinite hiatus due to lack of a quorum. Applications available at www.cityofarcata.org or at city hall. Info: 822-5951.

TALK SHOWS, COMMENTARY, & MEDIA SPECIALS

Regularly scheduled programs are now listed in the insert. Special programs or specific guests will be listed here.

Bill Moyers Journal Interviews and news analysis on a wide range of issues. PBS, KEET TV Channel 13 on Fridays at 9 pm and Wednesdays at 11:30 am, or on the Internet at www.pbs.org/moyers/journal.

Access Humboldt (Channels 10 & 12, public access TV, was ACAT, was APEG, was HCMC). For program schedule, submission policies and program request forms, go to www.accesshumboldt.net. Info: 476-1798.

Thursdays at 1:30 pm: Econews Report on KHSU, 90.5 FM. Info: 822-6918 or www.yournec.org.



HOPE Coalition Newsletter & Calendar, Jan. 27, 2009 Page 4
 PO Box 385 Arcata, CA 95518 **RETURN SERVICE REQUESTED**
 Printed on recycled paper with voluntary labor.

Editorial: Page 1, **Calendar:** Pages 2 - 3, **Action Item:** this page.

Newsletter, **Jan. 27, '09.** Vol. 15, Number 2. Published semi-monthly on 2nd & 4th Tuesdays; **next Feb. 10, '09.** For calendar items PO Box 385, Arcata 95518 or e-mail to hopecoalition@igc.org. **Next deadline. Feb. 5, '09.** Write or e-mail for sample newsletter. Newsletter staff: Dave Keniston, Mara Segal, Mayer Segal, Michael Welch, Paloma Orinoco. Web site: www.hopecoalition.org.

“Chaotic Action is Preferable to Orderly Inaction”—Will Rogers

Save the California Conservation Corps

Governor Schwarzenegger proposes to eliminate the CCC—the world's oldest and largest youth environmental corps program. The CCC employs at-risk youth for ecological restoration and emergency response. A final decision to defund the CCC could be made as early as next week. With it, the vital AmeriCorps program called the Watershed Stewards may also be eliminated. Everyone who supports these two vital programs needs to **act right now.**



Sign the Petition: www.thepetitionsite.com/65/help-save-the-CCC
 More Info: www.save-the-ccc.org

Letters to the governor (sent this week) work the best. If you don't have time to write one, use the one below and mail it to him ASAP. Please distribute soon and widely. Green jobs for youth and endangered habitats depend on your prompt action.

Governor Arnold Schwarzenegger
 State Capitol Building
 Sacramento, CA 95814

Attention, Governor Schwarzenegger,

Please do not let the California Conservation Corps be cut from the budget. The CCC is the world's oldest and largest youth conservation program. We need the CCC to continue doing its emergency response and environmental restoration work. We need the CCC to continue giving youth a place to live, job skills, education, and scholarships for college. We need the CCC to continue to provide financial stimulus for rural communities. We need the CCC to provide green jobs for urban and rural youth. We vote according to our beliefs. We vote for green jobs, youth programs, and more efficient emergency services. We will have the CCC in mind when we vote again. Please make the tough decisions. Decide to save the California Conservation Corps.

Signed,
 [Your name and address]

- - - HOPE Coalition Needs Your Support - - -

The Objective of the HOPE Coalition:

To synthesize & promote the individual visions of the organizations that make up Humboldt's environmentally & socially just community. These include, but are not limited to, the following organizations: Environmental, Social Justice, Peace, Labor, & Human Service.

Yes, I would like to help support the HOPE Coalition's newsletter and other efforts:

- \$25 \$50 \$100
 \$500 \$15 \$_____ other

Name _____

Address _____

Make checks to payable to: HOPE Coalition.

Email _____

I wish to receive newsletter by

- US mail Email Both

Phone _____

The HOPE Coalition - PO Box 385 Arcata, CA 95518 - hopecoalition@igc.org - www.hopecoalition.org

The HOPE Coalition Newsletter is available in Arcata at: the Co-op, & the Northcoast Environmental Center; at the main Humboldt, Arcata, McKinleyville, and Trinidad libraries; and at the Senior Center in Eureka.

HOPE Coalition Newsletter Insert—this insert contains regularly scheduled events. For special happenings and one-time events, see the regular calendar that follows the page one editorial.

PEACE NEWS

Peace Vigils Fridays 5 - 6 pm on the Arcata Plaza. Mondays at 4 pm at the Courthouse in Eureka, 445-5100 ext. 215, ask for Jack.
Vets for Peace Silent Vigil; Fridays, 5 - 6 pm: SW corner Arcata Plaza.
Vets for Peace, Humboldt Bay Chapter 56 meets 1st Thurs. at 7 pm: at the Arcata Marsh Commons. Info: 826-7124.
Women in Black stand in silent vigil every **Friday 5 - 6 pm** at the **Arcata Plaza**, 8th & G, at the **Humboldt County Courthouse** (also Saturdays at noon), the **McKinleyville Shopping Center** on the grassy area out front, and **Fridays 4 - 5 pm** in **Trinidad** at the intersection of Scenic Dr. and Main St.

TALK SHOWS, WORKSHOPS & COMMENTARY

Access Humboldt (Channels 10 & 12, public access TV). For program schedule, submission policies, and program request forms: www.accesshumboldt.net. Channel 12 schedule posted weekly in the Arcata Eye. Info: 476-1798.

COMMENTARY on KEET TV Channel 13 445-8013: **Wide Angle** Tues. at 9 pm

NOW with David Brancaccio. Fri. at 8:30 pm:

COMMENTARY on KGOE 1480 am, 442-2000: **Thom Hartmann**, weekdays 9 am - noon.

Peter B. Collins, weekdays 3 - 6 pm. Progressive talk show from San Francisco.

COMMENTARY on KHSU, 90.5 fm, 826-6089. **Democracy Now!** with Amy Goodman: weekdays 9 - 10 am.

The Econews Report with Greg King. 1:30 pm Thursdays.

A World of Possibilities locally produced syndicated public affairs program. 1:30 pm Wednesdays. Info: 826-9111 ext. 18.

COMMENTARY on KMUD, 88.3 fm, 923-2513. **Counterspin**, Sunday 1 - 1:30 pm.

Alternative Radio, Mondays 9 am. Boulder-based award-winning weekly series with David Barsamian.

Animal Advocate, 2nd Thursday, 7 - 8 pm. Animal welfare issues. Info: Barbara Shultz at 986-7835, animaladvocate4@yahoo.com.

A World of Possibilities locally produced syndicated public affairs program. 9 am Tuesdays. Info: 826-9111 ext. 18.

Democracy Now! with Amy Goodman; noon, Mon. - Fri. Also 4 pm Access Humboldt Channel 12. Also 11 am on KIDE 91.3 fm. Also on Free Speech TV (FSTV) Mon. - Fri. midnight, 8 am, noon, or 7 pm.

Civil Liberties Monitoring Project Report; 1st Wednesday, 7 - 8 pm. 923-4646.

Politically Correct Week in Review, call-in radio show, 2nd, 4th, & 5th Mondays at 7 pm 923-3911.

All Things Reconsidered with Eric Kirk. 3rd Thursday at 7 pm.

Global Stuff call-in talk show with Jimmy Durchslag, last Friday, 7 - 8 pm.

PROTECT THE EARTH & ITS LIVING CREATURES

Adopt-the-Bay. Participate in a number of tasks aimed at maintaining a healthy Humboldt Bay. All welcome. Info: 443-0801.

Audubon Society Field Trips; Free field trips through the Arcata Marsh and Wildlife Sanctuary every Saturday at 8:30 am at the Kloop Lake parking lot (foot of I St. in Arcata). Bring your binoculars. Rain or shine. Info: 268-8052 or 822-3613.

Campus Center for Appropriate Technology; info: 826-3551.

Friends of the Dunes; Restoration workdays the first 3 Saturdays every month, 9 am - 1 pm. Info: 444-1397 or info@friendsofthedunes.org. Complete calendar: www.friendsofthedunes.org.

Friends of the Marsh guided interpretive walks every Saturday 2 pm at the Interpretive Center on South G St., Arcata. Info: 826-2359.

Redwood Alliance Climate Action Project. (Public meetings temporarily suspended until after the election.) Info: 822-6171, climatechange@redwoodalliance.org; www.redwoodalliance.org.

Wild Urban Gardeners! Meets Wednesdays at 7 pm, 1552 Spear Ave. in Arcata. Promoting food & native plant species, information about compost, greenhouses, seed banks, and community gardens. Info: 822-5861.

ARTS

Arts Alive! Eureka; first Saturday of the month at venues around town. Art, music, dance, refreshments. Info: 442-9054.

Arts! Arcata; second Friday of the month at venues around town and at HSU. Art, music, dance, refreshments. Info: 822-4500.

The Ink People; 411 12th St, Eureka. Hours: Tuesday - Saturday, 11 am - 4 pm. Info: 442-8413 www.inkpeople.org.

Arcata Artisans Cooperative Gallery; H St. on the Plaza. Mon. - Sat. 10 - 6, Sun. 12 - 5. Info: 825-9133, www.arcataartisans.com.

Westhaven Center for the Arts; 501 S. Westhaven Dr. Info: 677-0860, www.westhavenarts.org.

First Street Gallery; 422 First Street, Eureka. Tuesday - Sunday from noon - 5 pm. Info: 443-6363 or www.humboldt.edu/~first.

Clarke Historical Museum; 240 E St., Eureka. Info: 443-1947 or www.clarkemuseum.org.

Morris Graves Museum; 636 F St., Eureka. Wed. - Sun. 12 - 5 pm. www.humboldtarts.org

MEETINGS

Arcata's Nuclear Weapons Free Zone and Peace Commission. On indefinite hiatus due to lack of a quorum. Applications available at www.cityofarcata.org or at city hall. Info: 822-5951.

Commission on Status of Women meets 3d Tuesday at 6 pm. Call for place: 822-2502 or www.co.humboldt.ca.us/commissions/csw/.

Eureka Greens meet 3rd Saturday of every month. 3:30-5pm. 321 Coffee (321 Third St. in Old Town). Info: www.EurekaGreens.com.

Green Wheels; Mondays 6:30 pm at the Northcoast Environmental Center. Info: mail@green-wheels.org or www.green-wheels.org.

Humboldt County Human Rights Commission meets 2nd Tues. City Courthouse, Rm. B, Eureka, 6 pm. Info: 268-2548.

Humboldt Democratic Central Committee; 2nd Wednesday at 7 pm. 129 Fifth St. Info: 445-3366 or www.humboltdemocrats.org.

Humboldt Exchange Community Currency Project. Call for meetings: 269-0984.

Humboldt Watershed Council at NEC, 2nd and 4th Wednesdays, 7 - 9 pm. Info: sheds@humboldt1.com.

Mother Jones Club & Humboldt Communist Alliance. Call for meeting times: ncalview@igc.org or 839-3824.

NAACP; Regular 3rd Sunday at 3:30 pm, **PAC** at 2:30 pm, Cooper Gulch Ctr., 8th & Myrtle, Eureka. Info: 268-8287 or 442-2638.

North Coast IWW, the Wobblies meets every 3rd Wed. 6:30 - 8 pm at the Labor Temple, 840 E St., Eureka. Info: 725-8090.

Northern Humboldt Greens meet 2nd Tuesday of the month, 7 - 8 pm. Info: Shaye, 237-2790 or email arcata@greens.org.

Redwood Chapter ACLU meets 3rd Thursday at noon at 917 Third St. in Eureka. Blog at redwoodaclu.blogspot.com. Info: 215-5385.

Sequoia Greens of southern Humboldt. Call for meetings: 923-4488 or encimer@hotmail.com.

Veterans for Peace (SoHum Chapter); 1st Tuesday of Each Month at 7pm at Haynes Vets Hall, Garberville.

Vets for Peace (Humboldt Chapter 56); 1st Thursday at 7 pm in Arcata. Info: 826-7124.

Women's International League for Peace and Freedom (WILPF); meets the last Monday, 7 - 9 pm at the Arcata Public Library, 500 7th St., Arcata. Info: Carol at 668-1901.

CHILDREN & YOUTH

Arts in the Afternoon; a free art studio for teens (6th - 12th grade). Open week days during the school year, 3 - 6 pm at Arcata Community Center. Sponsored by City of Arcata's Recreation Division. Info: 825-2028.

Cyber Tribe; a local non-profit business where youth can use and gain knowledge in computers. Open to age 12 - 19. Info: 826-1160.

HSU's Natural History Museum, 1315 G St. Arcata. Free drop-in programs on Saturdays at 1 pm. Program info: 826-4479.

Humboldt County Library in Eureka Story Hour: 10 am Fridays & other programs. Info: Jo Ann Bauer, 269-1900.

Humboldt County Teen Court is looking for teen volunteers. Info: 444-0153.

Mondays, Fridays, & Saturdays: PULSE, new Teen Recreation Center; regular programming from 6 - 9 pm at the John Ryan Youth Center, 1653 J St, Eureka. Info: 268-1858.

Raven Project Queer Coffee House for Youth; Tuesday, 6:30 - 9 pm. Also, girls & women 10 - 24 years meet Wednesdays from 6:30 - 8:30 pm, 523 T St., Eureka, 443-7099.

COMMUNITY & WELL-BEING SERVICES

Buddhist Queers (lesbian, gay, bi, transsexual) Vipassana, Zen, etc. Beginners welcome. phone 269-7044.

Health Insurance and Advocacy Program (HICAP) provides objective information, help, and advocacy for people relying on Medicare. Info and appointments: 444-3000.

Healthy Kids Humboldt Enrollment Headquarters offers health care insurance by assisting with Medi-Cal, Healthy Families, and Cal Kids applications for children. 517 3rd Street, Eureka. 442.6066.

Humboldt Community Switchboard can direct anyone to services in Humboldt County. Info: 441-1001 or www.theswitchboard.org.

Humboldt Domestic Violence Services Support Groups; all services are free. Info & child care: 444-9255. 24-Hour Crisis Line: 443-6042 or toll free 866-668-6543.

Humboldt Literacy Project, to improve adult reading skills necessary to function on the job, in the family, & in the community. Free & confidential. Info: 445-3655 or www.humlit.org.

Nature-Based Spiritual Queers (GLBT) pagan, Native American traditions, etc. Newcomers welcome. phone 269-7044.

North Coast Rape Crisis Team; 24 hour crisis line: 445-2881. Business phone: 443-2737.

The Area 1 Agency on Aging sponsors many senior programs. Info: 442-9591 or www.a1aa.org.

The Emma Center Advocacy, support, referral services, library, and classes for trauma and abuse survivors. 920 Samoa Blvd. Suite 207, Arcata. Info: 825-6680 or info@emmacenter.org or www.emmacenter.org.

Vision Loss Services; Lighthouse of the North Coast, solutions for living with vision loss. Info: 268-5646 or www.lighthouse-sf.org.