



The HOPE Coalition

Humboldt Organized for Peace & the Environment

"Working in partnership toward the development of a diverse, just, & sustainable community."

Calendar of Happenings in Humboldt County Inside
Newsletter Editorial Page – January 12, 2010

Too Broke Not to Fix: California's Crisis & the Current Proposals for Reform

Most of the material in this editorial has been lifted from the Friends Committee on Legislation of California September & December Newsletters in an analysis by Jim Lindburg JimL@fcla.org. The FCL has been for 57 years one of the best non-partisan organizations in the state to have an impact on the laws and policies made in California. "The FCLCA, guided by Quaker values, advocates for state laws that are just, compassionate and respectful of the inherent worth of every person."
Mayer Segal

The Golden State has been plagued by a series of perpetual crises: the state's ongoing structural deficit and vanishing safety-net at a time of growing need for government services, 6.5 million California residents without health insurance, and overcrowded prisons operating at 200% capacity. Investment in public education is declining while the cost of attending public universities is rapidly increasing. One in five California children does not complete high school, an ominous sign for our state's future.

While much of the bad news can be attributed to the economic recession, these problems are ongoing and lead many observers to conclude that state government is unable to respond effectively to the challenges. 59% of registered voters disapprove of Governor Schwarzenegger's job performance, while 71% disapprove of the Legislature's (Public Policy Institute of California, September, 2009). But most state government observers conclude that the inability to solve problems stems from a broken system rather than the caliber of people elected to office. It bears repeating that our state's bond rating hovers just above junk bond status—even though California always pays back its creditors—because of state government's inability to respond effectively to changing economic conditions (see September *FCLCA newsletter*).

One reason that voters ratify ballot-box-budgeting initiatives (ballot propositions that mandate spending for a particular program, often without providing a funding stream) is because of the legislature's inability to address pressing problems. ...Many of these initiatives would merit support except that when the economy goes sour, there are no funds left for important safety-net programs. One of the sad ironies of modern California is that we are making deep cuts to the safety net when there is growing need for government services. This harms the most vulnerable Californians as political power follows the path of least resistance, and those unorganized interests lacking position in Sacramento bear the hardship disproportionately.

A prime example of ballot-box budgeting occurred during Governor Schwarzenegger's State of the State address before the Legislature on January 6, 2010, when he proposed a constitutional amendment guaranteeing higher education spending, further limiting the lawmakers control of spending. What was left unsaid at this time was the governor's priorities on what state services will be scaled back or eliminated to make up the budget deficit. Assembly Speaker Karen Bass' reaction, "We don't support the notion that we're going to have a firewall on education and eliminate everything else. What I'm concerned about is health and human services and the safety net, because safety-net programs are on life support as it is."

The governor's budget proposals were released two days later on January 8 confirming observers' worst fears that the proposals would not even begin to address the crises plaguing California. Many of the so-called revenue producing items are based on 1] retribution (further cutting or eliminating services to the elderly and the state's poorest residents, and a 15% pay cut to government employees), 2] privatizing our overcrowded prisons, and 3] unrealistic wishful thinking (blaming the feds for the state's budget woes by not giving California its fair share of tax dollars). Budget reform has as much chance of success this year as it did in 1999. However, without realistic changes to the California constitution bankruptcy may be near.

Two ambitious reform efforts are gaining interest and could find their way to the November 2010 ballot. One effort issues a call for a limited constitutional convention and the other entails several interlocking policy reforms by the non-partisan reform group California Forward.

Part of the reason for California state government's inability to solve problems stems from the California Constitution, the third largest in the world—19 times larger than the U.S. constitution. "It is full of restrictions and locked-in spending which protects particular interests, but makes it exceedingly difficult for the legislature to craft solutions to fiscal crises. Grassroots citizens' groups have faced huge hurdles ... when seeking to amend the Constitution. Well-financed, powerful interest groups, however, have found it relatively easy, though expensive, and the state constitution has been amended 512 times."

PEACE NEWS

Funds Available for Peace Projects: The Humboldt Branch of Women's International League for Peace and Freedom is seeking applications for the Edilith Eckart Memorial Peace Scholarship. Up to \$500 will be awarded to projects that promote peace, locally or globally. Mail information about your project to: Humboldt WILPF at PO Box 867, Arcata, CA 95518, by January 30. Info: WILPF@humboldt1.com

ENTERTAINMENT, CELEBRATIONS, & CULTURE

Friday, January 15: An Evening of Jazz with Rose Armin-Hoiland & Darius Brotman, a benefit for the New Orleans Youth Project. 7 pm at the Humboldt Unitarian Universalist Fellowship. Refreshments and beverages available. \$15. Info: 826-1738.

Saturday, January 16: Martin Luther King Birthday Commemoration. Humboldt Communities for Justice and Peace invite all to a commemorative gathering at the Arcata Plaza at 1 pm. Info: 442-8733.

Saturday, January 16: Community Chamber Concert. 8 pm in the Fulkerson Recital Hall, HSU. \$8, \$3. Info: 826-3456.

Sunday, January 17: Quarterly Breakfast at the Bayside Grange; supports improvements at Bayside's historic community center. Live music and a gourmet breakfast menu including: meat and veggie options. 8 am to noon. \$8, \$5. Info: 822-9998.

Sunday, January 17: Humboldt Bay Maritime Museum's Crab and Oyster Feed Benefit. 3 - 7 pm at the Samoa Cookhouse. \$25, \$15 kids under 12. Info: 445-1910.

Monday, January 18: Martin Luther King Jr. Birthday Observance. Noon - 2 pm at the Adorni Center in Eureka. Music, speakers, and more. All ages. Free. Info: 443-1389.

Monday, January 18: Annual Bowl of Beans Benefit and Martin Luther King Jr. Celebration." 5 - 8 pm at the Arcata Community Center. Dinner of beans, cornbread, and salad. Performances by local youth. \$5. Proceeds go to the Arts in the Afternoon and Arcata Elementary School's Art program. Info: 822-7091.

Tuesday, January 19: "Based on the Book" Classic Comedy Film Series featuring "Arsenic and Old Lace" (1944). A newly-married young man discovers his elderly aunts have been poisoning lonely old bachelors as a "charitable service." Hosted by Phillip Wright. Free. 6:30 pm at the Humboldt County Library, 1313 3rd St., Eureka. Info: 269-1910, www.humlib.org.

Friday, January 22: 28th Annual Choices Breakfast, commemorating the 37th anniversary of Roe v. Wade. Guest speaker is author Carole Joffe, who will discuss "The Legacy of Dr. George Tiller." 7:45 - 9:30 am at the Ingomar Club. \$25 advance, \$30 at the door, students \$15. RSVP by January 18 to Six Rivers Planned Parenthood: 442-2961.

Friday, January 22: Winter Swing Fundraiser with music by Magnolia and a free class in Lindy hop. Benefits Northcoast Preparatory and Performing Arts Academy. Class starts at 7:30, dance at 8:30 at the Bayside Grange. \$10 or \$15/couple, students \$7. Info: 601-6803.

Sunday, January 24: The 13th Annual Eye Ball and Shantaram's Birthday Party! Dell Arte' performs the police log, auction by The Sisters of Perpetual Indulgence, Shantaram, and more. 6 - 9 pm at the Arcata Theater Lounge. \$10, \$8. Info: 826-7000.

Tuesday, January 26: "Based on the Book" Classic Comedy Film Series featuring "Kind Hearts and Coronets" (1949). A young man tries to kill off the eight relatives (all played by Alec Guinness) that stand in his way to a dukedom. Hosted by Bob Doran. Free. 6:30 pm at the Humboldt County Library, 1313 3rd St., Eureka. Info: 269-1910, www.humlib.org.

Friday, January 29: Eureka Chamber Music Series: The San Francisco Opera Center Singers. Enjoy SF Opera right here in Eureka. 7:30 pm at the Cavalry Lutheran Church, 716 South Ave, Eureka. \$30. Info: 445-9650.

Saturday, January 30: Sequoia Humane Society's "Humane Gourmet," a Mid-Winter Mediterranean feast featuring fine wines, gourmet vegetarian cuisine (vegan options), and live entertainment. 6 - 9:30 pm at the Eureka Women's Club. Info: 442-1782.

Sunday, January 31: Senior Sunday at the Morris Graves. Enjoy a Museum Tour with trained docents to learn about the Museum's history, permanent collection, and current exhibitions while sipping tea and meeting new friends! Free. 2 pm at the Morris Graves Museum, 636 F St., Eureka. Info: 442-0278.

CHILDREN, YOUTH & ALL AGES

Saturday, January 16: Sing in the New Year! A free workshop with Lisa Monet. Parents and children are invited to celebrate the connection between music and literacy with fun music making activities. Every family takes home a free book. Noon to 2 pm at the Humboldt County Library, 1313 3rd St., Eureka. Info: 269-1910, www.humlib.org.

Wednesday, January 20: Family Literacy Night presents a special musical evening with Ross Mackinney, juggler and storyteller. 6:30 pm at the Humboldt County Library, 1313 3rd St., Eureka. Info: 269-1910, www.humlib.org.

Thursday, January 21: Share A Story " A Snowflake Surprise," short video, stories, and crafts. A free book is available for each participating family. 6:30 pm at the Arcata Branch Library, 500 7th St. Info: 822-5954 or www.humlib.org.

Saturday, January 23: Read With a Furry Friend. Kids have fun and build confidence as they read to a Reading Education Assistance Dog. Please sign up ahead of time to reserve a space. 1:30 pm at the Humboldt County Library, 1313 3rd St., Eureka. Info: 269-1910, www.humlib.org.

Student Bird Art Contest, sponsored by Redwood Region Audubon Society and Friends of the Arcata Marsh. \$500 in prizes will be awarded to students K - 12 who submit a drawing of one of 40 selected bird species. Artwork may be in color or black and white. Any media may be used (e.g., crayons, pastels, paint, pencil, collage). One entry per person. Info at the Arcata Marsh Interpretive Center and Strictly for the Birds in Old Town Eureka, www.arcatamarshfriends.org (click on Education link, then Student Bird Art Contest) or by sending a self-addressed stamped envelope to Louise Bacon-Ogden, 2337 B Street, Eureka 95501. Artwork must be received by Friday, March 26.

PROTECT THE EARTH & ITS LIVING CREATURES

Saturday, January 16: Manila Dunes Restoration. Join the Dune Ecosystem Restoration Team for a morning of invasive plant removal. Tools, gloves and cookies provided; bring water and wear comfortable work clothes. 9:30 am - 12:30 pm. Meet at the Humboldt Coastal Nature Center, 220 Stamps Lane in Manila. Info: 444-1397 or visit www.friendsofthedunes.org.

Saturday, January 16: Manila Dunes Guided Walk: "Refresh & Renew in the Dunes" Join naturalist Claire Perricelli and shake out the winter doldrums on a brisk walk exploring coastal dune habitats. Bring water and be prepared to walk in sand. Meet at 10 am at the Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Info: 444-1397.

Sunday, January 17: Free Public Field Trip to the Eureka (aka PALCO) Marsh. Join the Redwood Region Audubon Society for great birding in downtown Eureka. 1 - 2 hours on a flat loop through a variety of habitats, from bay and mudflat to riparian and marshland. Meet in parking lot at foot of West Del Norte Street at 8:30 am. Info: Kerry Ross, 839-4365.

Sunday, January 17: Humboldt Coastal Nature Center Trail Keepers Training. Volunteer Trail Keepers are needed to walk the Wildberries Nature Trail at the Friends of the Dunes Humboldt Coastal Nature Center. While enjoying a walk, Trail Keepers record interesting plant and animal sightings, note maintenance issues, pick-up trash and mostly have fun. 2 - 4 pm at the Humboldt Coastal Nature Center, 220 Stamps Lane in Manila. Info and sign-up: 444-1397.

Saturday, January 23: Free Public Hike to Headwaters Forest Reserve with the North Group Sierra Club. This 11-mile, medium-difficulty hike begins at the trailhead at the end of Elk River Road. The hike is level for the first 3 miles, passing through a scenic second-growth redwood forest along the river then the next 2 miles is a steep climb through a beautiful old-growth section. Carpools meet 9 am at Herrick Park and Ride lot or trailhead at 9:30 a.m. No dogs allowed. Info: Xandra at 441-0702.

Saturdays, Ongoing: Free tours of the Arcata Marsh and Wildlife Sanctuary. Rain-or-shine, docent-led field trips. Meet with binoculars in the parking lot at the south end of I Street in Arcata at 8:30 am.

Saturdays, Ongoing: Friends of the Arcata Marsh Docent-Led Walks. A 90-minute, docent-led walk focusing on different topics of the marsh. 2 pm at the Interpretive Center on South G St. Info: 826-2359.

WORKSHOPS, CLASSES, MISCELLANY

Sunday, January 17: "Homeopathic Approach to Flu, Colds and Fevers." Find out how to manage symptoms of viral illnesses and how to create a Home First Aid Kit. Presented by Kate McCaffrey. 1 - 3 pm at the Humboldt Area Foundation. Info: 633-6146.

Saturday, January 23: New Group Forming: Community Created Humboldt. CCH is an ongoing series of gatherings providing a forum for the diverse people of Humboldt County to discuss how together we can create a healthy, prosperous and thriving future. CCH is an open coalition of community members, businesses, non-profits and other organizations who believe that Humboldt County is capable of providing a better future for us, our kids and our grandkids. The first meeting will be held at 1385 8th St, Arcata (corner of 8th and N). Please register for the event at <http://humboldt.eventbrite.com/>. Info: 822-0597.

MEETINGS

TALK SHOWS, COMMENTARY, & MEDIA SPECIALS

"Thursday Night Talk" hosted by David Cobb of Democracy Unlimited airs every Thursday 7:30 - 8:30 pm on KHSU FM 90.5. It is a live call-in show, so it's a great way to have your opinion heard by thousands of listeners. The studio line is 826-4805.

"Conversation with Paul Mann," a new public affairs program covering national and international issues with local guests and callers. Tuesday evenings from 7:30 - 8:30 on KHSU FM 90.5. Studio line: 826-4805.

Bill Moyers Journal Interviews and news analysis on a wide range of issues. PBS, KEET TV Channel 13 on Fridays at 9 pm and Wednesdays at 11:30 am, or on the Internet at www.pbs.org/moyers/journal. Info: 445-0813 or www.keet.org.



HOPE Coalition Newsletter & Calendar, Jan. 12, 2010 Page 4
 PO Box 873 Arcata, CA 95518 RETURN SERVICE REQUESTED
 Printed on recycled paper with voluntary labor.

Save paper & \$\$\$. Let us know if you would rather receive this by email.

Editorial: Page 1, Calendar: Pages 2 - 3, Action Item: this page.

Newsletter, Jan. 12, '10. Vol. 16, Number 1. Published semi-monthly on 2nd & 4th Tuesdays; next Jan. 26, '10. For calendar items PO Box 873, Arcata 95518 or e-mail to hopecoalition@igc.org. Next deadline. Jan. 21, '09. Write or e-mail for sample newsletter. Newsletter volunteers: Dave Keniston, Mara Segal, Mayer Segal, Michael Welch, Paloma Orinoco. Web site: www.hopecoalition.org.

State Crisis!
(continued from first page)

For the past year, there has been an informal collaboration of people and groups called "Repair California." After consultation with legal experts and historians and holding a series of town hall meetings across the state, it has submitted two ballot proposals to the Attorney General's office that are awaiting title and summary: one **amending the state constitution to allow the voters to call a convention and another calling for a limited convention.**

Another group, California Forward, founded at the request of several large philanthropic organizations, has submitted two ballot proposals to the Attorney General's office. "The first proposal, the "Best Practices Budget Accountability Act' would require the governor and legislators to consider a two-year spending plan and a five-year fiscal forecast before approving the annual budget.

California Forward's second proposal is the "Community Funding Protection and Accountability Act," which would **prevent the Legislature from borrowing, transferring, or otherwise appropriating funds from local government and redevelopment agencies** in order to help balance the state's budget.

Both Repair California (www.repaircalifornia.org) and California Forward (www.cafoward.org) will engage in extensive outreach and education campaigns [in 2010] ... Whether or not one or both of these proposals is the best path for California, what is clear is that the crisis we face offers us an unparalleled opportunity. A crisis is a terrible opportunity to waste, and proceeding down the same path is not a viable option. The proposed reforms are far-reaching and we urge all California residents, ... to begin deliberating them now.

This writer apologizes for having to leave out, for space reasons, much background info which Jim Lindburg (JimL@fclca.org) has supplied in the original article. If anybody has any doubt of the urgency of the crisis all Californians face, you should read the new budget proposal made by the governor on January 8 and the Legislators' reaction to them. *Mayer*

- - - -

- - - HOPE Coalition Needs Your Support - - -

The Objective of the HOPE Coalition:

To synthesize & promote the individual visions of the organizations that make up Humboldt's environmentally & socially just community. These include, but are not limited to, the following organizations: Environmental, Social Justice, Peace, Labor, & Human Service.

Yes, I would like to help support the HOPE Coalition's newsletter and other efforts:

- \$25 \$50 \$100
- \$500 \$15 \$_____ other

Make checks to payable to: HOPE Coalition.

Name _____

Address _____

Email _____

Phone _____

The HOPE Coalition - PO Box 873 Arcata, CA 95518 - hopecoalition@igc.org - www.hopecoalition.org

The HOPE Coalition Newsletter is available in Arcata at: the Co-op, & the Northcoast Environmental Center; at the main Humboldt, Arcata, McKinleyville, and Trinidad libraries; and at the Senior Center in Eureka.

HOPE Coalition Newsletter Insert—this insert contains regularly scheduled events. For special happenings and one-time events, see the regular calendar that follows the page one editorial.

PEACE NEWS

Peace Vigils Fridays 5 - 6 pm on the Arcata Plaza. Mondays at 4 pm at the Courthouse in Eureka, 445-5100 ext. 215, ask for Jack.
Vets for Peace Silent Vigil; Fridays, 5 - 6 pm: SW corner Arcata Plaza.
Vets for Peace, Humboldt Bay Chapter 56 meets 1st Thurs. at 7 pm: at the Arcata Marsh Commons. Info: 826-7124.
Women in Black stand in silent vigil every **Friday 5 - 6 pm** at the **Arcata Plaza**, 8th & G, at the **Humboldt County Courthouse** (also Saturdays at noon), the **McKinleyville Shopping Center** on the grassy area out front, and **Fridays 4 - 5 pm** in **Trinidad** at the intersection of Scenic Dr. and Main St.

TALK SHOWS, WORKSHOPS & COMMENTARY

Access Humboldt: Public, education & government media access. Cable channels 8, 10, 11 & 12. For program schedule, submission policies, and program request forms go to www.accesshumboldt.net. Call or email for further info. 476-1798 or info@accesshumboldt.net.

COMMENTARY on KEET TV Channel 13 445-8013: **Wide Angle** Tues. at 9 pm

NOW with David Brancaccio. Fri. at 8:30 pm:

COMMENTARY on KGOE 1480 am, 442-2000: **Thom Hartmann**, weekdays 9 am - noon.

Peter B. Collins, weekdays 3 - 6 pm. Progressive talk show from San Francisco.

COMMENTARY on KHSU, 90.5 fm, 826-6089. **Democracy Now!** with Amy Goodman: weekdays 9 - 10 am.

The Econews Report with Greg King. 1:30 pm Thursdays.

A World of Possibilities locally produced syndicated public affairs program. 1:30 pm Wednesdays. Info: 826-9111 ext. 18.

COMMENTARY on KMUD, 88.3 fm, 923-2513. **Counterspin**, Sunday 1 - 1:30 pm.

Alternative Radio, Mondays 9 am. Boulder-based award-winning weekly series with David Barsamian.

Animal Advocate, 2nd Thursday, 7 - 8 pm. Animal welfare issues. Info: Barbara Shultz at 986-7835, animaladvocate4@yahoo.com.

A World of Possibilities locally produced syndicated public affairs program. 9 am Tuesdays. Info: 826-9111 ext. 18.

Democracy Now! with Amy Goodman; noon, Mon. - Fri. Also 4 pm Access Humboldt Channel 12. Also 11 am on KIDE 91.3 fm. Also on Free Speech TV (FSTV) Mon. - Fri. midnight, 8 am, noon, or 7 pm.

Civil Liberties Monitoring Project Report; 1st Wednesday, 7 - 8 pm. 923-4646.

Politically Correct Week in Review, call-in radio show, 2nd, 4th, & 5th Mondays at 7 pm 923-3911.

All Things Reconsidered with Eric Kirk. 3rd Thursday at 7 pm.

Global Stuff call-in talk show with Jimmy Durchschlag, last Friday, 7 - 8 pm.

PROTECT THE EARTH & ITS LIVING CREATURES

Adopt-the-Bay. Participate in a number of tasks aimed at maintaining a healthy Humboldt Bay. All welcome. Info: 443-0801.

Audubon Society Field Trips; Free field trips through the Arcata Marsh and Wildlife Sanctuary every Saturday at 8:30 am at the Kloop Lake parking lot (foot of I St. in Arcata). Bring your binoculars. Rain or shine. Info: 268-8052 or 822-3613.

Campus Center for Appropriate Technology; info: 826-3551.

Friends of the Dunes; Restoration workdays the first 3 Saturdays every month, 9 am - 1 pm. Info: 444-1397 or info@friendsofthedunes.org. Complete calendar: www.friendsofthedunes.org.

Friends of the Marsh guided interpretive walks every Saturday 2 pm at the Interpretive Center on South G St., Arcata. Info: 826-2359.

Redwood Alliance Climate Action Project. (Public meetings temporarily suspended until after the election.) Info: 822-6171, climatechange@redwoodalliance.org; www.redwoodalliance.org.

Wild Urban Gardeners! Meets Wednesdays at 7 pm, 1552 Spear Ave. in Arcata. Promoting food & native plant species, information about compost, greenhouses, seed banks, and community gardens. Info: 822-5861.

ARTS

Arts Alive! Eureka; first Saturday of the month at venues around town. Art, music, dance, refreshments. Info: 442-9054.

Arts! Arcata; second Friday of the month at venues around town and at HSU. Art, music, dance, refreshments. Info: 822-4500.

The Ink People; 411 12th St, Eureka. Hours: Tuesday - Saturday, 11 am - 4 pm. Info: 442-8413 www.inkpeople.org.

Arcata Artisans Cooperative Gallery; H St. on the Plaza. Mon. - Sat. 10 - 6, Sun. 12 - 5. Info: 825-9133, www.arcataartisans.com.

Westhaven Center for the Arts; 501 S. Westhaven Dr. Info: 677-0860, www.westhavenarts.org.

First Street Gallery; 422 First Street, Eureka. Tuesday - Sunday from noon - 5 pm. Info: 443-6363 or www.humboldt.edu/~first.

Clarke Historical Museum; 240 E St., Eureka. Info: 443-1947 or www.clarkemuseum.org.

Morris Graves Museum; 636 F St., Eureka. Wed. - Sun. 12 - 5 pm. www.humboldtarts.org

MEETINGS

Arcata's Nuclear Weapons Free Zone and Peace Commission. On indefinite hiatus due to lack of a quorum. Applications available at www.cityofarcata.org or at city hall. Info: 822-5951.

Commission on Status of Women meets 3d Tuesday at 6 pm. Call for place: 822-2502 or www.co.humboldt.ca.us/commissions/csw/.

Eureka Greens meet 3rd Saturday of every month. 3:30-5pm. 321 Coffee (321 Third St. in Old Town). Info: www.EurekaGreens.com.

Green Wheels; Mondays 6:30 pm at the Northcoast Environmental Center. Info: mail@green-wheels.org or www.green-wheels.org.

Humboldt County Human Rights Commission meets 2nd Tues. City Courthouse, Rm. B, Eureka, 6 pm. Info: 268-2548.

Humboldt Democratic Central Committee; 2nd Wednesday at 7 pm. 129 Fifth St. Info: 445-3366 or www.humboltdemocrats.org.

Humboldt Exchange Community Currency Project. Call for meetings: 269-0984.

Humboldt Watershed Council at NEC, 2nd and 4th Wednesdays, 7 - 9 pm. Info: sheds@humboldt1.com.

Mother Jones Club & Humboldt Communist Alliance. Call for meeting times: ncalview@igc.org or 839-3824.

NAACP; Regular 3rd Sunday at 3:30 pm, **PAC** at 2:30 pm, Cooper Gulch Ctr., 8th & Myrtle, Eureka. Info: 268-8287 or 442-2638.

North Coast IWW, the Wobblies meets every 3rd Wed. 6:30 - 8 pm at the Labor Temple, 840 E St., Eureka. Info: 725-8090.

Northern Humboldt Greens meet 2nd Tuesday of the month, 7 - 8 pm. Info: Shaye, 237-2790 or email arcata@greens.org.

Redwood Chapter ACLU meets 3rd Thursday at noon at 917 Third St. in Eureka. Blog at redwoodaclu.blogspot.com. Info: 215-5385.

Sequoia Greens of southern Humboldt. Call for meetings: 923-4488 or encimer@hotmail.com.

Veterans for Peace (SoHum Chapter); 1st Tuesday of Each Month at 7pm at Haynes Vets Hall, Garberville.

Vets for Peace (Humboldt Chapter 56); 1st Thursday at 7 pm in Arcata. Info: 826-7124.

Women's International League for Peace and Freedom (WILPF); meets the last Monday, 7 - 9 pm at the Arcata Public Library, 500 7th St., Arcata. Info: Carol at 668-1901.

CHILDREN & YOUTH

Arts in the Afternoon; a free art studio for teens (6th - 12th grade). Open week days during the school year, 3 - 6 pm at Arcata Community Center. Sponsored by City of Arcata's Recreation Division. Info: 825-2028.

Cyber Tribe; a local non-profit business where youth can use and gain knowledge in computers. Open to age 12 - 19. Info: 826-1160.

HSU's Natural History Museum, 1315 G St. Arcata. Free drop-in programs on Saturdays at 1 pm. Program info: 826-4479.

Humboldt County Library in Eureka Story Hour: 10 am Fridays & other programs. Info: Jo Ann Bauer, 269-1900.

Humboldt County Teen Court is looking for teen volunteers. Info: 444-0153.

Mondays, Fridays, & Saturdays: PULSE, new Teen Recreation Center; regular programming from 6 - 9 pm at the John Ryan Youth Center, 1653 J St, Eureka. Info: 268-1858.

Raven Project Queer Coffee House for Youth; Tuesday, 6:30 - 9 pm. Also, girls & women 10 - 24 years meet Wednesdays from 6:30 - 8:30 pm, 523 T St., Eureka, 443-7099.

COMMUNITY & WELL-BEING SERVICES

Buddhist Queers (lesbian, gay, bi, transsexual) Vipassana, Zen, etc. Beginners welcome. phone 269-7044.

Eureka Mindfulness Buddhist Meditation & Discussion. 2nd and 4th Wednesdays of each month. 7:15 pm First Christian Church 730 K St. Wheelchair accessible, fragrance free, beginners welcome. Info: 269-7044.

Health Insurance and Advocacy Program (HICAP) provides objective information, help, and advocacy for people relying on Medicare. Info and appointments: 444-3000.

Healthy Kids Humboldt Enrollment Headquarters offers health care insurance by assisting with Medi-Cal, Healthy Families, and Cal Kids applications for children. 517 3rd Street, Eureka. 442.6066.

Humboldt Community Switchboard can direct anyone to services in Humboldt County. Info: 441-1001 or www.theswitchboard.org.

Humboldt Domestic Violence Services Support Groups; all services are free. Info & child care: 444-9255. 24-Hour Crisis Line: 443-6042 or toll free 866-668-6543.

Humboldt Literacy Project, to improve adult reading skills necessary to function on the job, in the family, & in the community. Free & confidential. Info: 445-3655 or www.humlit.org.

Nature-Based Spiritual Queers (GLBT) pagan, Native American traditions, etc. Newcomers welcome. phone 269-7044.

North Coast Rape Crisis Team; 24 hour crisis line: 445-2881. Business phone: 443-2737.

The Area 1 Agency on Aging sponsors many senior programs. Info: 442-9591 or www.a1aa.org.

The Emma Center Advocacy, support, referral services, library, and classes for trauma and abuse survivors. 920 Samoa Blvd. Suite 207, Arcata. Info: 825-6680 or info@emmacenter.org or www.emmacenter.org.

Vision Loss Services; Lighthouse of the North Coast, solutions for living with vision loss. Info: 268-5646 or www.lighthouse-sf.org.

Ongoing: Drop-in Grief Support Groups. Hospice offers free, drop-in grief support groups in Arcata, Eureka, Fortuna and McKinleyville. These groups are open to anyone in the community experiencing grief and loss of a loved one. Info and schedules: 445-8443.

Ongoing: Volunteer Center of the Redwoods (VCOR): The Drop of a Hat Brigade connects volunteers of all ages with one time and short-term events. RSVP provides benefits such as limited mileage reimbursement for volunteers ages 55 and older. Info on these and other volunteer opportunities: 442-3711 or www.a1aa.org/VCOR/.

Fridays, Ongoing: Depression and Bipolar Support Alliance: Arcata Support Groups; free, voluntary, and open peer-support groups for those experiencing depression (seasonal, situational, or chronic) and/or mood swings. Open to the public. Family and friends are also welcome. 6 pm at the Arcata Library Conference Room. Info: 443-9659 or dbsahumb@sbcglobal.net.